



TOP REASONS TO CHOOSE LAS VEGAS FOR WELLNESS TRAVEL

LAS
Vegas

- 1 A Wellness Marketplace**

Las Vegas boasts more than 50 of the finest resort spas and thousands of wellness treatments. It's one of the finest collections of spas, treatments, salons and renowned stylists. Highlights include ultra-luxurious treatment rooms; private spa suite packages; individual, couple and group experiences; adventure and ecotourism-spa combos; fine dining; and spa pairings.
- 2 Leading Global Spa Trends**

Las Vegas spas lead the top global spa trends as defined by the acclaimed Spafinder.com. Among the leading trends are: culturally diverse treatments and services (Japanese stone beds, Turkish hammams, Shio salt rooms and Ayurvedic treatments, acupuncture and Moroccan rhassoul); healthy foot treatments and gait analysis; ice and cold therapies (arctic ice room, cedar wood saunas, laconium rooms, tea rooms); massage and reflexology (pre- and postnatal massage); wellness and beauty coaching; aquatic therapy, including Aquastretch™; organic skin and cellulite treatments; microdermabrasion and age-defying treatments; vibration, sound, music, light and color experiences; chakra balancing and dream interpretation; craniosacral therapy; beauty and grooming by world-class stylists; fitness and personal training services; diet, nutrition and healthy eating counseling; and hypnosis for wellness.
- 3 Preventative Medical & Wellness Services for Executives**

Las Vegas' medical community offers a variety of wellness services designed for the executive business traveler as well as their guests. These services include comprehensive diagnostic executive physicals, age management services, dental treatments and cosmetic dentistry services. Some of these services are offered in a private spa-like medical environment with catered meals and in-room business services, in addition to one-on-one time with a personal physician.
- 4 Expertise**

Southern Nevada is home to a diverse community of dedicated therapists, stylists, fitness trainers and other wellness professionals who combine exceptional training with one-of-a-kind environments to create world-class, quality wellness experiences for guests.
- 5 Accommodations**

With more than 150,000 rooms, Las Vegas offers the best value proposition in the world. The average nightly room rate is \$107. The city also boasts unique accommodations such as the MGM Grand's "Stay Well" Suites for wellness-minded travelers and extended stay suites for relaxation as well as recovery and recuperation. Many hotel rooms and suites are eco-friendly and considered "green" environments, which may benefit the health-minded traveler as well as the recuperating patient.

6 Dining
There are few other cities in the world that are able to boast about the wide array of dining options available. Many of the great chefs have set up shop in Las Vegas restaurants, where patrons are consistently rewarded with great food. Las Vegas has options for every culinary taste, including vegan, superfood and farm-to-table choices.

7 Eco-Friendly Shopping
From designer splurges to bargain deals, Las Vegas has become a one-stop shopping mecca. Many of the newest shopping experiences feature stores with 100 percent vegan products, including personal care items. There are also stores offering eco-friendly products such as bamboo alternative clothing, towels and linens as well as items made from recycled materials. Whether your preference is to splurge or indulge in eco-friendly shopping experiences, Las Vegas has something to offer everyone.

8 Golf
With more than 55 golf courses in the area, Las Vegas is host to some of the finest golf courses in the country, including Bali Hai, Royal Links, TPC Las Vegas and Bear's Best. Duffers and experienced golfers alike will enjoy a little cardio exercise while walking the wide variety of challenging and breathtaking Las Vegas golf courses.

9 Pools
Visitors often choose to vacation in Las Vegas because of its fabulous year-round sunshine. Swimming in the many pools found in Las Vegas is a great way to enjoy a healthy activity and beat the heat.

10 Visitors with Disabilities
Las Vegas has more accessible guest rooms than any other city in the country. Hotels offer rooms with roll-in showers, transfer showers, and tubs with built-in or portable seats. For swimming pools, many Las Vegas hotels have lifts to assist you getting in and out. You may also find a beach entrance.

If you are certified to ride paratransit, bring your certification and you will be allowed to ride for up to 21 days without a Nevada certification. Call 702-228-4800 one to three days in advance to schedule rides.

Take time to talk to the reservation operator about your specific requirements, or if you need additional details, ask for the hotel's ADA coordinator.

11 Air Service
With more than 900 flights per day and nonstop services from 120+ U.S. cities, Las Vegas is easy on your time and budget. Additionally, international flights arrive daily from nearly every part of the world. McCarran International Airport is conveniently located just one mile from Las Vegas Boulevard. Most hotels are within a 15-minute drive from the airport.

12 Weather
Las Vegas averages 320 days of sunshine per year and averages less than five inches of precipitation annually. This warm, dry climate is attractive for leisure and medical travelers throughout the year and allows visitors to engage in outdoor wellness activities such as hiking, walking, running/jogging and horseback riding, which may be seasonally prohibitive in other destinations. The dry climate is also beneficial for medical travelers who benefit from warmer temperatures.

13 Transportation
The close proximity of Las Vegas hotels, in many cases, eliminates the need for transportation as visitors can walk to many destinations. When transportation is required, however, Las Vegas offers myriad of options, including car rentals, buses, taxis, shuttles and the country's first automated monorail.

