



## Explore the beautiful Dovrefjell mountains and the vibrant city Trondheim

Famtrip 24-28.08.2023

Welcome to the Trøndelag region, also known as Central Norway. We would like to invite you to an adventurous journey through two exciting destinations, Trondheim and Oppdal. Here you will experience culture, beautiful nature, local food and exciting history.

### **Thursday 24.08.23**

- Arrival at **Trondheim Airport Værnes**
- Check in at [Scandic Nidelven](#). The hotel is located in the centre of Trondheim, right next to the beautiful river Nidelven.

**18.30** Guided tour and dinner at [Britannia Hotel](#) a five-star hotel, established in 1870 located in the heart of Trondheim. Britannia Hotel offers six exciting food and beverage concepts: from exciting, informal restaurants and bars to the highest level of cuisine.

### **Friday 25.08.23**

Breakfast at the hotel. Scandic Nidelven has won the prize for having “The best hotel breakfast in Norway” for the 14<sup>th</sup> time in 2022.

**09.30** Meet in the lobby and go for a guided walking tour through [Trondheim](#). This tour will reveal historic sites and some of the most beautiful spots in town.

**11.00** Guided tour of the stunning [Nidaros Cathedral](#). The Cathedral is Norway’s national sanctuary and was built over the burial place of St. Olav, the Viking King who Christianized Norway. Nidaros Cathedral is the goal for many pilgrims coming from all over the world.

**12.00** Lunch at [Pilgrimsgården](#)/Streif Café. This café is referred to as Trondheim's little secret by the river Nidelven.

**13.15** Visit [Sverresborg](#) Folk Museum. This is an open-air museum in picturesque surroundings around the ruins of King Sverre's Castle, Norway's oldest medieval castle.

**15.00** Visit [Stiftsgården](#), the official Royal Residence in Trondheim, where the Royal Family lives if they are visiting the city or the region of Trøndelag. Stiftsgården is one of the largest wooden buildings in Scandinavia

**19.00** Dinner at [Troll Restaurant](#). The restaurant offers its guests traditional dining experiences that amaze.

### ***Saturday 26.08.23***

Breakfast at the hotel

**07.45** Departure from Trondheim by bus to [Oppdal](#) (2 hr drive)

**09.45** Arrival at [Skifer Hotel](#), a charming hotel in the heart of Oppdal.

**10.00** Departure to the burial site at Vang, Norway's largest burial ground from the Viking Age. Here you will join a guided tour with the Viking "Frøydis den Snakkesalige" (Frøydis the Talkative) This is a [cultural experience](#) where humour and personification are used to convey the story and bring life to some of the 900 graves at the burial site.

**11.15** Departure to Gjevillvasdalen for coffee and waffles at [Gjevillvasshytta](#). Last year this cabin was named "The cabin of the year" by the Norwegian Trekking Association (DNT) This is also the starting point for several trips in the beautiful Trollheimen.

**12.30** Departure from Gjevillvasshytta

**13.15** Take the gondola from Hovden up to the restaurant «[The Hill](#)» 1125 meters above sea level . Here you will be served the best pizza in Oppdal , baked in a wood-fired pizza oven. The restaurant focuses on serving local ingredients from Oppdal and central Norway.

**14.15** Return from The Hill and departure to Opplev Oppdal

**15.00** Meet [Experience Oppdal](#). For 30 years Opplev Oppdal (Experience Oppdal) had provided activities such as rafting, canyoning, zipline park and team building in the Wilderness camp. You will visit the company in their activity park.

**16.00** Return to Skifer Hotel

Time on your own

**19.00** Dinner in Restaurant "Perrongen" at Oppdal Turisthotell. The restaurant is in the same building as Oppdal Turisthotell. Since 1924 guests have enjoyed great meals in this restaurant which is conveniently located right by the train station.

## ***Sunday 27.08.23***

**09.00** Join a [Musk Ox Safari](#) through the beautiful landscape in Dovrefjell National Park. With experienced guides, you have a 99% chance to see the magnificent Musk ox. The hike is moderate, and the duration depends on where the animals are. Our enthusiastic guides will give you insight into the area's flora and fauna.

Remember to bring enough clothes, good shoes and a packed lunch from the hotel.  
Pick up at Skifer Hotel

When we are down from the mountain you will get a tour of [Kongsvoll Fjeldstue](#) This is a historic hotel with its own railway station. Kongsvold lies next to Dovrefjell National Park at 900 m. at the top of Drivdalen. The old shuttle station consist of over 20 well -maintaned buildings. And the interiors contain many antiques from several hundred years of mountain lodge operation.

**19.00** Dinner at Skifer Hotel

## ***Monday 28.08.23***

**10.00** Departure by bus to Trondheim and Værnes. Individual departures

## **Contact information – Tour leaders**

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