

23U. VisitOsloregion 25. – 29. September

LOCAL FLAVORS, ART- AND CULTURE EXPERIENCES

Welcome to the capital region, where you can explore all the good things Norway has to offer. Urban life and rural charm, cutting-edge art and architecture, Viking landmarks, world-class dining and local markets. All this together with cultural happenings and pristine nature – all close by.

Join us on this magical famtrip to get a small taste of what your guests can experience when visiting the capital region.

Welcome, we look forward to seeing you!



Monday 25th of September

Individual arrivals at Oslo Airport, at the latest 13:30.

- 15:00 Meet & greet at Oslo airport by VisitOSLOregions representative, Heidi Gran
- We will visit Anora Gjelleråsen, the home of iconic aquavits for a guided tour at the distillery.
- Taste of Oslo; an easy food tour-hike in the city center of Oslo.
- Overnight at Thon Hotel Slottsparken in the city center of Oslo



Tuesday 26th of September

- Visit the National Museum in Oslo, Norway's largest collections of art, architecture and design.
- Opera house in Oslo, located right at the harbor, with an angled, white exterior that appears to rise from the water.
- Visit Ramme, a cultural destination which is a place for recreation and inspiration, in rural and historic surroundings.
- Dinner and overnight in Fredrikstad, Northern Europe's best-preserved fortified town



Wednesday 27th of September

- Guided tour in the old town of Fredrikstad
- Visit- and eat a delicious lunch at Refsnes Gods, 250 years of hospitality and consideration
- We will take the ferry across the Oslo fjord to Vestfold
- We will visit Haugard Art Museum, a contemporary art museum with an art collection and special exhibitions focusing on Norwegian and international art
- we will visit Munch's house in the idyllic small town Åsgårdstrand where Edvard Munch painted many of his masterpieces
- Dinner and overnight at Grand Hotel Åsgårdstrand



Thursday 28th of September

- We will visit Henie Onstad Art Center, a leading arena for national and international art with more than 8000 works.
- Explore Kistefos, which offers world-class architecture, an Industrial Museum, two art galleries, and an impressive sculpture park with 51 sculptures in scenic surroundings.
- Visit the small town of Gjøvik where the Norwegian aquavit festival is arranged. We will attend a delicious dinner including aquavit tasting and storytelling about aquavit.
- Overnight at Clarion Collection Hotel Grand, in the city center of Gjøvik.



Friday 29th of September

- You will have some freetime in the city center of Gjøvik to enjoy the food marked, one of many experiences during the aquavit festival
- 12:00 Departure from Gjøvik
- 13:30 Arrival Oslo Airport
- **From 15:30 Individual flights to home destinations.**



Practical information

Contact:

Heidi Gran, VisitOSLORegion.

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Tour leader:

Heidi Gran, Visit East Norway/VisitOSLOregion

Clothing requirements

Autumn in Norway can be both cold and wet.

Make sure to bring a warm comfortable clothes, raincoat, good shoes for walking and smart casual clothes for dinner.



Web pages

- **Anora Gjelleråsen**

<https://www.visitnorway.com/listings/see-how-aquavavit-is-produced!/10433/?lang=uk>

- **National Museum in Oslo**

<https://www.nasjonal museet.no/en>

- **The Norwegian Opera & ballet**

<https://operaen.no/en/>

- **Ramme**

<https://ramme.no/en/>

- **Refsnes Gods**

<https://refsnesgods.no/en/>

- **Haugard Art Museum**

<https://vestfoldmuseene.no/haugar-kunstmuseum/en>

- **Munchs house in Åsgårdsstrand**

<https://vestfoldmuseene.no/munchs-hus/en>

- **Henie Onstad Art Center**

<https://www.hok.no/en/>

- **Kistefos**

<https://www.kistefosmuseum.com>

- **Norwegian Aquavit Festival**

<https://www.akevittfestivalen.no/english>



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Web pages - Hotels

- **Thon Hotel Slottsparken in Oslo**
<https://www.thonhotels.no/hoteller/norge/oslo/thon-hotel-slottsparken/>
- **Gamlebyen Hotel in Fredrikstad**
<https://gamlebyenhotell.no/en/home/>
- **Grand Hotel Åsgårdsstrand**
<https://unikegrandhotel.no/en/frontpage-en/>
- **Clarion Collection Hotel Grand. Gjøvik**
<https://www.thonhotels.no/hoteller/norge/elverum/hotel-central/>

