



ÅL  
HALLINGDAL



SUMMER



# The Joy of the Great Outdoors!

*You will find culture and outdoor life in the municipality of Ål, midway between Oslo and Bergen. Rich in culture, with its mighty mountains, lush forests and many mountain lakes, Ål is an ideal place for activities in both summer and winter.*





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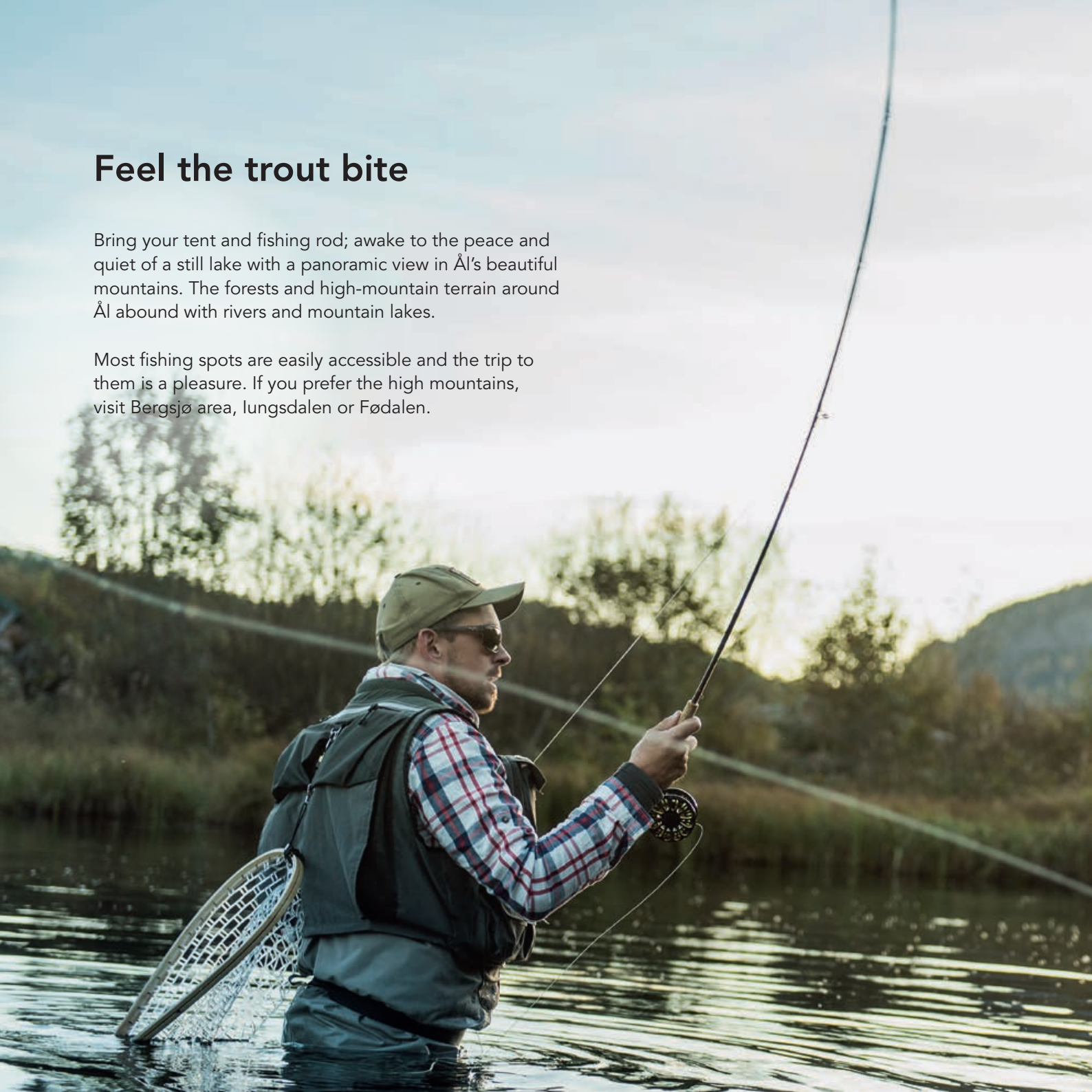
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## Feel the trout bite

Bring your tent and fishing rod; awake to the peace and quiet of a still lake with a panoramic view in Ål's beautiful mountains. The forests and high-mountain terrain around Ål abound with rivers and mountain lakes.

Most fishing spots are easily accessible and the trip to them is a pleasure. If you prefer the high mountains, visit Bergsjø area, lungsdalen or Fødalen.







## Pack a rucksack and get out hiking

With well-prepared trips, the chances are good that you will return home with unforgettable memories from our fantastic nature.

10 trip favourites in Ål. Every year there are 10 trips that are marked and cleared for the year's season. Purchase a clip card and join us in the trip programme. In addition, there are many more marked trails for trips in the municipality.



## Biking in Ål

Good biking trails through beautiful nature in the high-mountain area or through forests.

You can play at Hallingdal Sykkelpark and Ørneparken where there are different elements providing challenges for all age groups. Hillbilly MTB offers guided trail biking trips. There are several places in Ål where you can hire bicycles.







## Children's choice

Spend the summer holidays horseback riding, visiting summer farms or perhaps playing in one of the amusement parks. Short distances among activities mean that it would be difficult not to find some great adventures.







# Get to know the cultural municipality of Ål

This is a municipality that is full of cultural heritage and treasures, Rolf Nesch, rose painting and folk music. Torpo Stavkyrkje, a stave church from about 1160, is Hallingdal's oldest and only original stave church.

An active, living cultural environment characterises Ål as one of the country's leading culture municipalities.

## Ål Kulturhus

The cultural heart of Hallingdal. Concerts, cinema, theatre and shows are offered throughout the year. The public library of Ål is also located in the cultural centre.

## Leveld kunstnartun

Exhibitions, concerts and stabbur wooing are arranged at Leveld artists' yard. Bjørneboloftet completes the yard as a cultural jewel, writer's residence and thought loft.

The mountain village of Leveld is one of ten selected cultural landscapes in Norway with a particularly special character.





## Ål, the event village

Ål is a village renowned for its volunteering spirit and the ability to make good ideas a reality. The results are manifest in various festivals, ski competitions, sports cups and concerts. At least 12 large events take place here annually and these have made Ål an expert on major event organisation. Among other things, two of the world's largest children's ski competitions and the country's oldest musical festival are organised here.

### What happens in Ål?

Ål has its own event calendar with an overview of what happens and where it happens. Find it at [www.al.no](http://www.al.no).





## Local goods

Sundre, the centre of Ål, is a close and cosy trade centre with many shops and service providers. You will also find a good selection of cafés and restaurants, local goods and the latest in fashion and interior decoration.



## Local food from the mountains of Ål

Taste Hallingkost, genuine food from Hallingdal! Richly traditional food, made from local raw ingredients according to closely guarded recipes. Ål has a varied food culture. Rømmegrøt (sour cream porridge), lappar (small local griddle cakes) and småmat (traditional local soup) with lefsekling (potato griddle cakes with butter and sugar) are truly the taste of Ål.













## A major cabin municipality

You can purchase your own dream cabin in Ål. If you want to hire a cabin, there are several private individuals who rent theirs, and Norgesbooking has cabin rentals throughout Ål.



## 5-star adventure camping

Hallingdal Feriepark is located 1 km from the centre of Ål. A 5-star camping place, it has been nominated as one of Europe's best camping places.

Here, there is an opportunity to play adventure golf, climb high and low in the climbing park, visit the animals at the 4H farm, take a spin in Hallingdal sykkelpark (bike park) or romp around the indoor playland.

The park is situated along the river Hallingdalselva with river cabins for hire and its own restaurant.







# In the centre of Hallingdal

Ål in Hallingdal is centrally placed in Norway, midway between Oslo and Bergen along Rv 7 and the Bergen Railway.

## TRANSPORT



**Rv. 7** from Oslo: Approx. 2 hrs, 30 min.  
Rv. 7 from Bergen: Approx. 3 hrs, 45 min.



**Oslo Airport Gardermoen**, [www.osl.no](http://www.osl.no)  
**Sandefjord Airport Torp**, [www.torp.no](http://www.torp.no)  
**Fagernes Airport Leirin**: 77 km from Ål.  
[www.fagernesairport.com](http://www.fagernesairport.com)



**The Bergen Railway** stops 4-5 times daily at the Ål station. The Ål station is located right at the centre of Ål. [www.nsb.no](http://www.nsb.no)



**Ål Drosjesentral (Taxis)**, Helsetunvegen 20, Ål  
Tel. +47 32 08 11 01. [post@aaltaxi.no](mailto:post@aaltaxi.no)



**Nettbuss Hallingdal Billag**  
runs local bus routes in Hallingdal.  
Tel. +47 32 08 60 60. [www.nettbuss.no](http://www.nettbuss.no)  
For other bus routes see [www.rutebok.no](http://www.rutebok.no)

## DISTANCES TO ÅL

Oslo:	198 km
Bergen:	268 km
Drammen:	192 km
Hønefoss:	139 km
Larvik:	284 km
Fagernes:	73 km
Geilo:	25 km
Gol:	25 km
Nesbyen:	45 km
Hemsedal:	50 km
Flå:	76 km



## Please feel free to contact us!

Curious about something? You are welcome to contact us for the information you need.

**Ål Tourist Information at Ål cultural centre, Myren 40, NO-3570 Ål**  
**+47 32 08 10 60 | [www.al.no](http://www.al.no) | [post@alturistinfo.no](mailto:post@alturistinfo.no)**





# A good night

There are many opportunities to awake rested to sunshine, lakes and views of nature in Ål. Overnight accommodation may be booked in the high mountains or in the village centre. Contact Ål Tourist Information for an overview of the various options.



## Overnight accommodation



### RØDUNGSTØL HØYFJELSHOTEL

Amid the high mountains, this location is a very good starting point for outdoor activities. 40 rooms and 2 cabins.  
Bergsjø area / tel. +47 32 08 46 22  
[www.rodungstol.no](http://www.rodungstol.no)

### THON HOTEL HALLINGDAL

Located in the village centre, it has 67 large rooms and can accommodate up to 220. Facilities include a fitness centre, conference area etc.  
Sundrev. 82 / tel. +47 32 08 20 11/  
[www.thonhotels.no/hallingdal](http://www.thonhotels.no/hallingdal)



## Overnight accommodation

MOUNTAIN LODGES/GUEST HOUSES



### BERGSJØSTØLEN

A hotel's comfort with the atmosphere of a mountain lodge. Accommodation with or without board, adapted to your budget. 30 rooms for a total of 60-100 persons.

Bergsjø area / tel. +47 32 08 46 18  
[www.bergsjostolen.no](http://www.bergsjostolen.no)



### OPHEIM PENSJONAT

Situated rurally and central to Torpo, Ål in Hallingdal. Here you can do things your own way and feel at home. If you want accommodations that are part of history, this is the right place. The guest house has 5 rooms with beds to accommodate a total of 11 persons.

Torpov. 491, Ål / tel. +47 997 97 526  
[www.pensjonatet.no](http://www.pensjonatet.no)



### BERGSJØSTØLEN HYTTE

Cosy cabin at Bergsjøstølen (1100 masl). The cabin is approx. 55 sqm.

1 bedroom with double bed and a children's (160 cm) bunk bed and 1 bedroom with 2 separate beds. Kitchenette in the living room, and fireplace. Bathrooms with showers/toilets.

Bergsjø, Ål / tel. 32 08 46 18  
[www.bergsjostolen.no](http://www.bergsjostolen.no)



### GRINDASTUGU

Lodge with room for 14 overnight guests. The lodge can serve 36 persons, with all the equipment needed for a three-course dinner. Grindastugu is one of the Liatoppen Skisenter nearest neighbours and very suitable for groups of skiers.

Liatoppen, Ål / tel. +47 952 17 339  
[www.grindastugu.no](http://www.grindastugu.no)

### LIATOPPEN FJELLSTUE

Liatoppen Fjellstue is the closest neighbour to Liatoppen Skisenter. 34 rooms with capacity of up to 100 persons. The lodge is much used for training sessions and offers newly renovated facilities with a pleasant atmosphere. It also manages Syningstølen and Torsteinslåtta gård.

Liagardane / tel. +47 32 08 55 57  
[www.liatoppen.no](http://www.liatoppen.no)



### TORPO GJESTEGÅRD

Skiing and biking camp along the river Hallingdalselva. The guest farm will be ready for hire from April 2018. Hotel rooms, apartments and cabins as well as camping places.

Torpo, Ål / tel. +47 906 43 006  
[www.gjestegård.no](http://www.gjestegård.no)



CABINS

### ENOK HYTTER

Enok Hytter are vertically divided cabins of good standard and with place for 5-6 persons. All cabins have a living room with TV, a kitchenette, 1 bedroom with 2 beds, bathroom with shower and sleeping places in the loft.

Sataslåtten, Ål  
tel. +47 976 61 970



### HALLINGDAL FERIEPARK ★★★★★

Modern, high-standard, design cabins For 4/6/8 persons, beautifully situated along the river Hallingdalselva. The park has a lot of activities.

Myrov.15, Ål centre  
tel.+47 32 69 92 00  
[www.feriepark.no](http://www.feriepark.no)



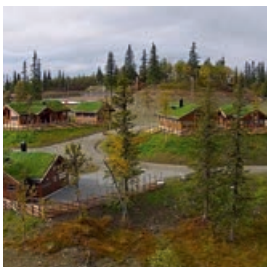




### IUNGSDALSHYTTA

This is a popular Norwegian Trekking Association cabin that is situated in the innermost part of the Bergsjø area in Ål, and in the heart of Skarvheimen. The cabin is renowned for serving local food, and is also much visited by weekend and day-trip guests.

Toviki, Ål / tel. +47 975 89 394  
www.iungsdalen.no



### LIAPARK

★★★★★

Cabin park with 6 high-standard cabins with 9 units for hire just by the Liatopen Skisenter. A total of 100 beds and place for 15 caravans. Communal waxing room, saunas and laundry room.

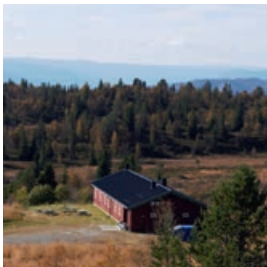
Liagardsv. 511 / tlf. 950 76 196  
www.liapark.no



### SKATTEBØL FJELLGARD

From the farm there is a beautiful view of Strandafjorden. Kårstua may be hired for self-catering. The building is of cog-jointed timber from the 18th century with kitchen, one bedroom, living room including dining room, loft and a bathroom with shower/toilet.

Skattebøl, Ål / tel. +47 941 94 187  
www.skattebol-fjellgard.no



### SYNINGSTØLEN

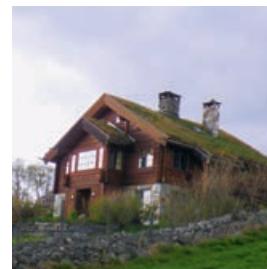
Lodge at Torpoåsen with ski and hiking trails right outside the front door. The lodge has sleeping accommodation for 30 persons, distributed among 4 bedrooms and is well suited for small groups or families that wish to holiday together.

Torpoåsen, Ål / tel. +47 468 32 959  
www.syningen.no

### LAA GJESTESTUGU

Beautifully situated on the sunny side of Øvre-Ål, 3 km from the centre of Ål. Accommodation for approx. 8-10 persons. The guesthouse has a kitchen with dishwasher, living room with fire place, a long table and several sofa groups, bathroom with jacuzzi, shower and toilet.

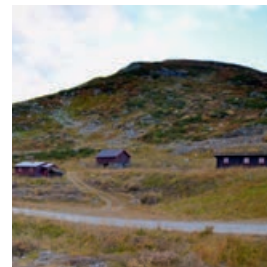
Øvre-Ål / tel. +47 32 08 12 12 /  
www.al.no



### ODD SKARSGARD HYTTEUTLEIGE

Three cabins for hire in the middle of the Bergsjø area in Ål. Sleeping accommodation for 10, 6 and 4 persons in the cabins. Running water and electricity with shower and toilet.

Bergsjø, Ål / tel. +47 32 08 46 71  
www.al.no



### SVARTEBERG FJELLGARD

3 cabins of a good standard. The farm is the closest neighbour to Ål Skisenter and was previously run as a boarding house. The cabins have sleeping accommodation for from 5 to 11 persons.

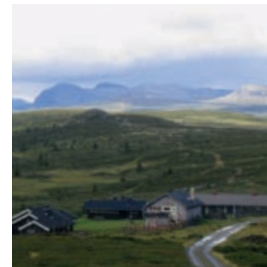
Votndalen, Ål / tel. +47 32 08 42 66  
www.svarteberg.com



### TJUKKEKJØRR

Tjukkekjørr is a summer farm at 1024 masl in the mountains of Torpoåsen in the municipality of Ål. This is the place for those who wish to enjoy freedom and tranquillity. There are two cabins here, each has space for approx. 10 persons.

Torpoåsen, Ål / tel. +47 900 36 442  
www.tjukkekjørr.no



## Overnight accommodation

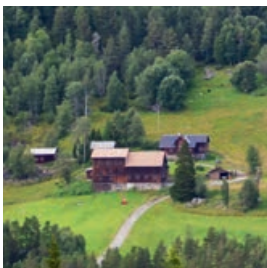
CABINS



### TVEITEHAUG HYTTEUTLEIGE

3 high-standard, log cabins for hire on a sheltered and pleasant farmyard near Ål Skisenter. Cabin 1 has sleeping accommodations for 10. Cabins 2 and 3 are vertically divided cabins with 6 beds in each division.

Votndalen, Ål / tel. +47 958 81 116  
[www.tveitehaug.no](http://www.tveitehaug.no)



### ØDELIEN HYTTER

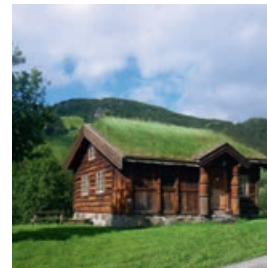
4 cabins of high standard on the mountain farm Ødelien, just by the lake Vatsfjorden. There is also a stabbur for hire on the farm. 9-10 sleeping places in each cabin and place for 4-5 persons in the stabbur. Total capacity approx. 45 persons

Leveld, Ål / tel. +47 32 08 33 48  
[www.al.no](http://www.al.no)

### TVEITO HYTTER

3 log cabins of a good standard. View towards Ål ski centre, short distance to the river Votna (good fishing) and to prepared cross-country ski trails. The cabins have space for from 6 to 9 persons.

Votndalen, Ål / tel. +47 32 08 41 97  
[www.al.no](http://www.al.no)



APARTMENTS



### ÅL SKISENTER

The apartment is located above the ski hire shop at the ski centre. It has 4 bedrooms, of which 3 have double beds and 1 has two bunk beds.

Votndalen, Ål / tel. +47 974 38 000  
[www.aalski.no](http://www.aalski.no)

### TORPOMOEN

Accommodation capacity for up to 170 persons in 53 comfortable rooms. Large kitchen, training facilities, open fireplace, ski stall and waxing room, meeting room, pistol range and 50 m shooting range at the disposition of groups.

Torpomoen / tel. +47 32 08 29 20  
[www.torpomoen.no](http://www.torpomoen.no)



### TORSTEINSLÅTTA GÅRD

Idyllic location by the Lya River on Opheimsåsen. Large living room: 7 family rooms of a relatively simple standard. On the 2nd floor: Large assembly room with adjoining kitchen. Syverstugu: 3 apartments. On the 2nd floor: Two small apartments of a somewhat simpler standard.

Opheim, Ål / tel. +47 468 32 959  
[www.syningen.com](http://www.syningen.com)





## NORGESBOOKING

Will help you find the right cabin or apartment in Ål, according to your needs and wishes. Online booking or by phone.

Norgesbooking / tel. +47 32 08 57 10  
[www.norgesbooking.no](http://www.norgesbooking.no)



## ÅL FOLKEHØGSKULE

18 cabins with a total of 61 bed spaces and 11 apartments with a total of 50 beds. The cabins are located on the school grounds at Bakketeigen and particularly suitable for groups due to the large capacity and facilities inside and out.

Bakketeigen, Ål / tel. +47 32 08 26 00  
[www.al.fhs.no](http://www.al.fhs.no)



## HALLINGDAL FERIEPARK

★★★★★

Live in a luxury camping caravan, a glam tent or alternatively in own camper or caravan. First class facilities with well-equipped common kitchen and laundry room. The park has a lot of activities.

Myrov. 15, Ål centre /  
tel. +47 32 69 92 00 / [www.feriepark.no](http://www.feriepark.no)



## ÅL CAMPING

Ål Camping lies 2.5 km east of the centre of Ål. Sleeping accommodation for 48 distributed among 12 cabins (all without water). Place for camping caravans and tents. The site lies peacefully amidst gorgeous nature with good fishing opportunities.

Ål Camping Rv. 7 / tel. +47 413 00  
332 [www.aalcamping.no](http://www.aalcamping.no)

## SKARSLIA APARTMENT

16 large apartments and 2 cabins of good standard, 950 masl. A total of 100 beds. Cafeteria, common kitchen, loft living space and common area at the disposition of groups.

Bergsjø area / tel. +47 32 08 46 84  
[www.skarslia.no](http://www.skarslia.no)



## SATASLÅTTEN CAMPING

Sataslåtten Camping is 4 km east of Ål centre by Rv. 7. 15 cabins with a total of 64 beds (all without water). Lots of space for camping caravans and tents. Good opportunities for fishing and hiking. The biking trail Hallingdalsløypa passes close by.

Sataslåtten Rv. 7 / tel. +47 32 08 55 92  
[www.sataslaaten.webs.com](http://www.sataslaaten.webs.com)

