

23Q. Mountains of Norway, 27th August-1st September

Mountain cycling adventures

Highlights:

- **Tour de Dovre** Experience the fairytale landscape of iconic mountains and idyllic mountain pastures. Three days of cycling can be expanded with wildlife safaris and hikes
- **Mjølkevegen** A part of the national cycling route nr 5, Mjølkevegen is a well marked route of 250 km through a varied landscape from lush valleys to barren mountains. There are packages for the whole route or parts of it.-
- **Tasting experiences** Our mountain hotels and restaurants take pride in their both contemporary and traditional cuisine, always based on local produce
- **Modern Ebikes** All packages comes with modern Ebikes, luggage transfer and half board
- **National parks** Tour de Dovre circles around Dovre national park and on the borders to Rondane and Dovrefjell national parks. Mjølkevegen give great views to Langsua and Jotunheimen national parks.
- **Add-ons** Both Tour de Dovre and Mjølkevegen has a choice of add-ons. On this trip we will try out the brand new Mountain spa at Beitostølen



Sunday 27th of August

Arrival day- Individual arrivals of buyers

13.30 Meet at Oslo airport at Meeting Point OSL by Sandra Olsson, Innovation Norway

14.29 Departure by train from Oslo airport to Otta train station

18.35 Arrival Hjerkinns stasjon/shuttle to Hjerkinns fjellstue

19.00 Check-in

20.00 Meet and greet, dinner



Monday 28th of August

08.00 Breakfast

10.00 Adjusting the bikes

10.30 Start biking the beautiful Grimsdal valley
between Dovre and Rondane National parks

17.00 Arrival at Grimsdalshytta, check in and waffles

19.00 Dinner



Tuesday 29th of August

08.00 Breakfast

10.00 Start biking down to Toftemo

15.30 Transfer from Toftemo to Ruten

17.00 Check in at Ruten

17.30 A small hike to the moose tower, beer tasting

19.00 Grand dinner



Wednesday 30th of August

08.00 Breakfast

10.00 Adjusting new bikes

10.30 Start biking Jotunheimvegen, close to
Langsua and Jotunheimen national parks

14.00 Lunch at Haugseter fjellstue

16.00 Arrival Beitostølen, check in and snack

17.00 Mountain spa

19.00 Dinner



Thursday 31st of August

08.00 Breakfast

09.30 Shuttle to Gomobu

10.30 Waffles and site inspection Gomobu

11.30 Start biking through the summer farms landscape

16.00 Arrival Storefjell, check in

17.00 Storytelling and snack in lavvo

19.00 Dinner



Friday 1st of September

08.00 Breakfast

10.20 Shuttle to Fagernes

11.35 Airport bus express from Fagernes to Oslo airport

14.21 Arrival Oslo airport



Packing list

Make sure to bring enough clothes suited to spend a lot of time outdoors. In our mountain areas we can have both hot summer temperatures and down to zero degrees in August. We will provide you with bike helmets, but you can bring your own if you prefer.

- Wool underwear and socks
- Shorts and T-shirt
- Warm mid-layer (fleece, wool sweater or similar)
- Wind- and waterproof jacket and pants
- Hat and gloves
- Hiking boots
- Sunglasses
- Swimwear
- Small backpack to carry snacks, extra clothes, camera and other amenities you might want to bring for the biking
- Cycle shorts recommended
- Toiletries
- Lunch box and thermos is recommended



Tour leader:

