

## 22 E The ultimate Roundtrip in the North-West

a roundtrip focusing on public transport and longer stays in an all-year destination

### Visit Northwest and Destination Ålesund Sunnmore

Did you know that by jumping on the train in Oslo or Oslo Airport to Dombås and then change to Rauma Railway you will experience Norway the most scenic way in addition to being comfortable and sustainable.

We are inviting you to experience the north-western region of Fjord Norway, the county of Møre and Romsdal. Known for some of Norway highest rated attractions like the UNESCO Geirangerfjord, Ålesund, Åndalsnes, Trollstigen and the Atlantic Road, and you will experience them all, in addition to some adventurous experiences, cultural experiences and of course a taste from our kitchen.

What we are aiming for as a result of the FAM? We have designed the programme based on what we believe is “The ultimate roundtrip”. And in this is the option of traveling by public transport for your clients and by spending more time on each destination to explore more.

For your comforts sake, and the limited time we will be traveling this route with our own bus from Åndalsnes,- so buckle up!



**Norway**

Photo: Steinar Melby\_Visit Northwest.no



## Sunday 28 August

### Arrival day and train journey to Åndalsnes

Arrival Oslo or Oslo Airport to catch the train to Dombås and onwards to Åndalsnes.

Please note: Unfortunately there are planned repairs on the track that leads to “bus for train” from Oslo Airport to Lillehammer

Individual arrivals of buyers

13:00 Meet & greet at Gardmoen airport at meeting point in ground floor hall with Ulrike Katrin Peters/Visit Norway

13:55 Bus departure from Oslo Airport to Lillehammer (bus for train due repairs)

15:58 Arrival Lillehammer bus station, walk to train station (1 min)

16:13 Departure from Lillehammer to Dombås Station.

Arrival 18:10 – change to Rauma railway, we will meet our hosts Torunn and Oddhild

18:16 Departure Dombås station with Rauma railway til to Åndalsnes.

Arrival 19:36

Luggage will be transported to the hotel, and we go straight to the cable car for transfer to Eggen restaurant for dinner.

Accommodation: Grand Hotel by Classic Norway.



Photo: Leif Johnny Olestad\_Visit Northwest.no



## Monday 29 August

### Åndalsnes and Geiranger

Breakfast and check out, take your bags to the bus. Dress in flexible outdoor clothes. We are cycling quite a bit today. Pack rain gear in the backpack if the forecast says rain!

09:00 Walk to [Norsk Tindesenter](#) (Norwegian Mountaineering Centre)

10:30 E-bike to Trollstigen, you will be provided with helmets and given necessary instructions. The tour will take you through stunning landscape and up the winding Trollstigen road, part of Norwegian Scenic Routes. A guide will be leading the tour. Once you're up there will be time to enter the viewpoint and a short break before the bus takes us towards Valldal.

12:30 Lunch Valldal

15:00 Ferry Linge Eidsdal, drive to Geiranger via the dramatic Ørnesvingene down to the UNESCO Geirangerfjord. Check in Hotel Union Geiranger. The hotel offers you access to their lovely spa, so bring your swimming attire!

Time to explore Geiranger on your own or catch up on your emails

19:00 Dinner at Hotel Union Geiranger

Accommodation: Hotel Union Geiranger



Norway

Photo: Torunn Dyrkorn – visitnorthwest.no



## Tuesday 30 August

### Geiranger and Ålesund

Breakfast and check out, take your bags to the bus. The baggage will be transported to Ålesund so make sure you pack your backpack with what you need for the day.

09:00 Meet up by the front desk to get ready for today's adventures. Dress in flexible outdoor clothes, you may experience a rise in pulse!

You will visit

- a) [Geiranger Nature Park](#) to test our stamina and get a little adrenaline on the Via Ferrata and the Zip Line
- b) Learn more about the UNESCO heritage at the [Norwegian Fjord Center](#)

12:30 Lunch

14:15 Walk to the boat

14:30 Departure from Geiranger to Ålesund. Sailing through the UNESCO Geirangerfjord

17:30 Arrival Ålesund port and walk to the Quality Hotel Ålesund for check in and some time to yourself!

19:45 Walk from hotel to restaurant for dinner

20:00 Dinner

Accommodation: Quality Hotel Ålesund



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Photo: Oddgeir Visnes\_TIBE



## Wednesday 31 Aug

### Ålesund and Kristiansund

Breakfast and check out, take your bags to the bus. Get dressed for the weather, you're going out on new adventures before the drive from Ålesund to Kristiansund via the Atlantic Road. This will be a busy day, so make sure you have what you need in your backpack!

09:00 Departure from the hotel to Uteguiden's office for activities. Wear clothes that are flexible and keep you warm and dry. You are going cycling or kayaking!

11:00 Bus departure to Kristiansund and The Atlantic Road

14:00 Lunch at Bryggjen in Bud.

14:45 Departure Bud

15:30 The Atlantic Road, stop at Eldhusøya

16:10 Departure, quick stop to show you Håholmen

17:00 Arrival Kristiansund and a tour with Sundbåten, the worlds oldest public transport still operating!

17:30 Klippfisk musum to learn a bit about Kristiansund's history

18:15 Busdeparture from Klippfisk museum to Thon Hotel Kristiansund for a quick freshing up before dinner

19:50 Bus departure to Smia Restaurant

20:00 Dinner

Bus to hotel

Accommodation: Thon Hotel Kristiansund



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PhotoTom Skrede\_Visitaalesund.com



## Thursday 1 September

### Kristiansund and Molde

Breakfast and check out, take your bags to the bus.

09:30 Departure from Kristiansund to Bergtatt

10:45 Arrival Bergtatt

12:00 Departure from Bergtatt to Skarstua

12:45 Lunch at Skarstua

13:45 Departure to Romsdals museum and Molde

14:45 Romsdals museum tour

Bus will take bags to hotel

15:45 Leave the museum and walk the “green corridor” to hotel

16:30 Check in and time at your own disposal

18:45 Walk to restaurant

19:00 Farewell dinner

Accommodation: Scandic Alexandra Molde



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## Friday 2 September

Day of departure

This is departure day. Depending on when you have your flight and from which airport there may be time to explore Molde on your own!

 Norway



# Practical information

Ulrike Katrin Peters from Visit Norway will join your FAM: +49 1729342636, Ulrike.Katrin.Peters@innovationnorway.no

Local host: Oddhild Breivik: What's App or mobile +47 975 47 713 email [oddhild.breivik@visitalesund.com](mailto:oddhild.breivik@visitalesund.com)

**During the FAM trip:** Be precise and on time according to the schedule in the programme. We may need to catch a boat or a ferry and they do not wait!

**Clothing requirements:** Even if September normally is mild and friendly we still advice you to prepare.

- Bring two technical shirts (thin wool or similar) to wear under you jacket. Layers are king!
  - Leave your umbrella at home. If it rains it is also windy and that does not go well with an umberella.
  - Bring a jacket (gore tex or similarand flexible hiking trousers.
  - Thin gloves with a grip or cycling gloves.
  - A small back pack for extra clothes and any items you may need during the day.
  - Hotel Union in Geiranger invites us to use the spa,- swimming attire is required.
  - For the dinner in the evening we invite you to change into smart casual clothing. Sneakers are perfect!
  - Make sure you bring all necessary chargers for your gadgets, and any personal medication you may need.
- **If there are any dietary requirements we ask you to inform us upon registration**

 **Norway**