

Raleigh

Official Visitors Guide to Raleigh,
Cary and Wake County

visitRaleigh.com





MORE THAN 200+
STORES & RESTAURANTS

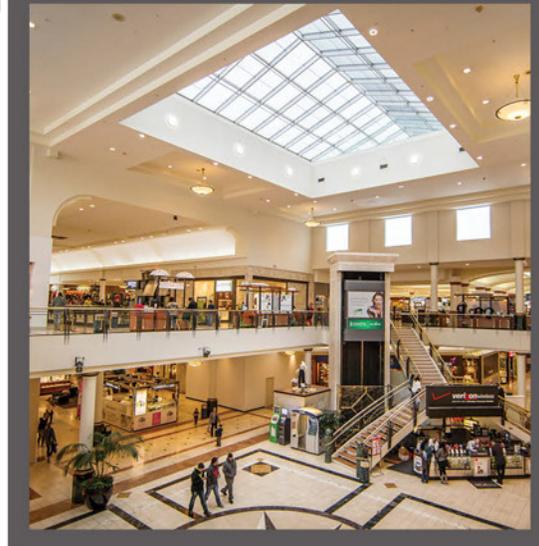


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Crabtree Valley Mall has been a favorite destination for shoppers across Central and Eastern North Carolina for decades. Offering a great mix of shopping, dining and entertainment options, Crabtree Valley Mall is the perfect all-day or all-weekend destination. Located just off I-440 on Glenwood Avenue, Crabtree Valley Mall is easily accessible from anywhere in the Triangle region and beyond.

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 **CRABTREE**
VALLEY MALL



On the cover: Some of the area's savvy students- and professionals-turned-residents pose in front of HQ Raleigh, a growing community of entrepreneurs in downtown Raleigh's Warehouse District. Aisha and Sam are both exploring careers in tourism/recreation. Duarte

and Susanne Morais are on the Parks, Recreation and Tourism faculty at North Carolina State University; Duarte is also CEO of People-First Tourism, Inc., with offices inside of HQ. All are wearing Rooted in Raleigh T-shirts by House of Swank Clothing Company (available for purchase at houseofswankclothing.com or at 315 S. Bloodworth St., Raleigh). The HQ Raleigh mural at 310 S. Harrington St., painted by Lisa Gaither, is a smart place for Raleigh visitors to snap a selfie! Photo by Garrett Poulos.

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Karen Malinofski



N.C. Museum of Art

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Among 12 Top Destinations of 2017 (Raleigh)—Forbes Travel Guide

“We’ve screamed of the charms of North Carolina’s capital city before, but now that eight restaurants (including James Beard-nominated chef Scott Crawford’s Crawford & Son and the 22,000-square-foot Morgan Street Food Hall and Market) have decided to open their doors by spring, we can back up our fawning with a bit of flavor.”

We don’t want to brag, but...

- **#1 Among 2016 Top N.C. Tourist Attractions** (North Carolina Museum of Natural Sciences, Raleigh)—Carolina Publishing Associates, March 2017
- **#6 Among 2016 Top N.C. Tourist Attractions** (Marbles Kids Museum, Raleigh)—Carolina Publishing Associates, March 2017
- **#8 Among 2016 Top N.C. Tourist Attractions** (North Carolina Museum of History, Raleigh)—Carolina Publishing Associates, March 2017
- **#9 Among 2016 Top N.C. Tourist Attractions** (North Carolina Museum of Art, Raleigh)—Carolina Publishing Associates, March 2017
- **Among Top 10 Boomtowns of 2016** (Cary and Raleigh)—SmartAsset, January 2017
- **#22 Among Most Caring Cities in America** (Raleigh)—WalletHub, January 2017
- **#19 Among the 26 Hottest Food Cities of 2016** (Raleigh)—Zagat, November 2016
- **Among Six Best Big Cities: Best in the Southeast** (Raleigh)—Money Magazine, September 2016
- **#13 Among 25 Best Museums in America** (North Carolina Museum of Art, Raleigh)—Business Insider, August 2016
- **#5 Among Top 10 Most Hospitable U.S. Cities** (Raleigh)—Successful Meetings, August 2016
- **#8 Among America’s Friendliest Cities** (Raleigh)—Travel and Leisure, July 2016
- **#9 Among 2016 America’s Favorite Cities** (Raleigh)—Travel and Leisure, May 2016



rooted in RALEIGH

Here is an authentic American city fulfilling its promise and beckoning you to be our guest. Experience the warmth. Be enriched by its people, and when you leave, take inspiration and creative energy with you.

Raleigh, N.C.’s energetic, intelligent and culturally-rich vibe is shaped by the smart, savvy locals who call the area home. Artists, athletes, bakers and BMX bike champs; musicians, magicians and mathematicians—all sorts of passionate people contribute to the innovative, one-of-a-kind experiences that await visitors.

Meet some of these residents as you explore the city, and they will stop everything to share their favorite things and invite you to sit for a bit and swap stories. Southern-born or not, Raleigh’s residents greet you with a hospitality that embraces people from across the globe who have come to work with the area’s major companies, to start their own businesses or to be part of the vibrant arts and cultural scene.

Jenny Bonchak, Slingshot Coffee Co.

For example, meet Jenny Bonchak, founder of Slingshot. She speaks fluent coffee, championing the flavors most people don’t detect. She takes notes on each small batch of her bottled, ready-to-drink, cold-brew coffee,

and she shares what she loves—chili infused with coffee, caramel candies infused with coffee. Inspiration is just part of the grind. Her business thrives in the City of Oaks, so much so that a much bigger facility is sorely needed—you’ll soon see one on the Capital Blvd. corridor, which too is seeing change.

Jenny is just one of the creative and innovative people who call Raleigh, N.C., home. Look for the **Rooted in Raleigh** banner throughout this guide to meet others who have set their roots down here, not only because it’s a great place to live; it’s a great place to thrive if you have an idea and the passion to make it a reality.

Read about them and what brought them here, and hear from them as they talk about what makes the Raleigh area so special.

We hope you will leave enriched and energized after visiting and encountering the people who are Rooted in Raleigh.



For more about Raleigh's welcome to all, go to Raleighwelcomes.com

You are welcome here!

Many people come to Raleigh for higher education. Some bring a glimmer and others a clear view of a dream. They might come for a conference, concert or to participate in their favorite sport. Then they're hooked...on a culture energized with youthfulness and the spirit of intellectual adventure, where ingenious people grow and make things happen. This is Raleigh.

Gleaming with 21st-century modernism, Raleigh holds dear its history, preserving art, culture and the more than 200 historic places held in high esteem on the National Register. Sites old and new tell a bevy of stories.

The cosmopolitan Southern city of Raleigh teems with people possessing the "forward look." City leaders value natural spaces throughout all the

progress, so you'll have no trouble finding a park or greenway where you can unwind or work out.

Talented artists, athletes, creative-class innovators, politicians, business and tech

workers, students and educators have made Raleigh a special place to visit—a thinking person's destination where the free and open exchange of ideas is cherished. This is where people from all walks of life, backgrounds and futures come together to share enriching experiences. We wouldn't

have it any other way because all are welcome.

You never know who you may meet in the City of Oaks, or where and when inspiration will strike. If you are visiting Raleigh for the first time, you'll feel like a local in no time.

:: #AllAreWelcomeHere

How does an old Southern city once called the "Sleepy Capital of the South" become the "Startup Capital of the South?"

For starters, transformation of this kind takes investment and vision.

Where to get information

The **Greater Raleigh Convention and Visitors Bureau** publishes this guide and other resources to save you time and to make your visit easy and more enjoyable. Use this guide to navigate your way, and get to know some of our people and points of interest. Refer to the map in the middle or connect with visitRaleigh.com on your computer or device.



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- [Instagram.com/visitRaleigh](https://www.instagram.com/visitRaleigh)
- [YouTube.com/greaterRaleigh](https://www.youtube.com/greaterRaleigh)

If you are in downtown Raleigh, **stop by the official Raleigh, N.C., Visitor Information Center** (500 Fayetteville St.), between Raleigh Marriott City Center lobby and the Raleigh Convention Center connector. There you will find helpful and knowledgeable staff who can help you. Pick up maps and other information to make the most of your trip. **We'd love to see you!**

Raleigh, N.C.

By the numbers

1,240

Pounds :: the weight of Raleigh's acorn sculpture, dropped at midnight to welcome the New Year, then relocated to its year-round home

40

Free attractions :: something to fit just about every interest and lifestyle

80+

Live music venues

16,000+

Hotel rooms :: plenty of room for your friends, family and coworkers

49

Percentage of post-college-aged residents with bachelor's degrees or higher

180

Miles of greenway

231

Years :: the age of the Mordecai house at Mordecai Historic Park

857

Square miles :: Raleigh's county (Wake) is one of North Carolina's largest

29

Historic neighborhood districts :: where the architecture retains the charm and detail of a bygone era. Drive through Glenwood-Brooklyn, Boylan Heights, Caraleigh and Five Points.

11

Traditional colleges and universities in the Raleigh area :: not including Duke or UNC

Lake Crabtree County Park

You can't get much more central than this. Raleigh, N.C., is located just two hours from the beach and three hours from the mountains.

Raleigh, N.C.

The Basics



Just a few key things you need to know about getting here, what to pack and how to get around once you arrive...

Raleigh, N.C., is easy to get to by way of the interstate and state highway systems

- I-440 circles the center of Wake County.
- I-540 loops around the outer perimeter.
- I-40 is the main interstate going east/west.
- I-85 and I-95 pass within about 40 miles.
- There are multiple state routes to, through and around the county.

Raleigh, N.C., is served by RDU International Airport, a world-class air travel facility

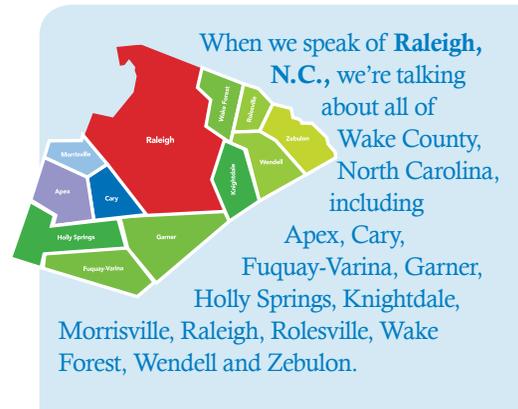
Nine major airlines serve 45+ nonstop destinations (some international, including London and Paris) to RDU International Airport, which is located about 15 miles from downtown Raleigh. RDU was recently ranked #3 in a North America Airport Satisfaction Study by J.D. Power and Associates.

Raleigh's weather is enviable

The weather here stays fine—moderate temperatures in the spring, with highs in the mid 80s. It's warm and humid in the summertime, with highs in the upper 80s to low 90s. Fall feels a bit chilly in the morning with highs in the 70s, and winter can be surprising; it might bring a dusting of snow or an unseasonably warm day in the 60s °F.

Train service is on-track

A brand-new train station is about to provide service in downtown Raleigh in 2018. Amtrak trains run through downtown Raleigh and downtown Cary. Routes with local stops include The Carolinian (Charlotte to Cary to Raleigh to New York), The Piedmont (Charlotte to Cary to Raleigh) and The Silver Star (Florida to Raleigh to New York).



Catch a free ride around downtown Raleigh

The free R-LINE hybrid bus circulator service runs every 15 minutes and makes it easy to get to restaurants, retail, entertainment venues, museums, hotels and parking facilities; the loop takes about 30 minutes to complete. Find a designated R-LINE bus stop; call 919.485.RIDE (7433).

Other ways to get from Point A to B

You'll find downtown Raleigh easy to navigate, with plenty of reasonably priced parking lots and meters. Should you need a lift, choose from traditional taxis, ride-share providers and eco-friendly transportation. Or enjoy a pedal-cab through Raleigh Rickshaw or Crank Arm Rickshaw.

Raleigh's history

Raleigh was founded in 1792 as N.C.'s capital city. It was named for Sir Walter Raleigh, who attempted to establish the first English colony on the shores of the new world in the 1580s. It is the only state capital to have been planned and established by a state as the seat of state government. The city's founding fathers called Raleigh the "City of Oaks" and dedicated themselves to maintaining the area's wooded tracts and grassy parks.



Raleigh's new, multi-modal Union Station will include a large waiting room, a grand Civic Hall for large public events, space for retail, restaurants or offices and a passenger platform with level-boarding for better access.

Raleigh tastes

Let's start with unique and flavorful coffees



Devolve Moto

A hybrid coffee-cafe and adventure lifestyle shop, with emphasis on motorcycles. Holiday time brings marshmallow and peppermint mocha, but surprises are in store year-round.

Slingshot Coffee Co.

A virtual festival of cold-brew coffee (coffee that knows no heat). See if you can determine the subtle flavors of Slingshot's signatures. You can find Slingshot Coffee around Raleigh and maybe where you live too (it's distributed up and down the East Coast and gaining ground).

Bittersweet

A dessert and coffee lounge (cocktails too for when the mood strikes). Try the apple doughnut cobbler or the quiche of the day. Fresh-baked morning pastries start at 7am.

From where you are

There's a great option for coffee no matter where you are in the Raleigh area. Try these, if you are in any of these areas.

- Apex—Common Grounds Coffee House
- Boylan Heights neighborhood—Boulted Bread
- Capital District—BREW Coffee Bar
- Cary—Duck Donuts
- Fuquay-Varina—The Mill
- Garner—Lorraine's Coffee House
- Moore Square—Amorino
- N.C. State area—Cup A Joe, A Coffee Den
- North Person St. neighborhood—Yellow Dog Bread Company
- North Raleigh—Jubala Coffee
- Wake Forest—Back Alley Coffee Roasters
- Wendell—41North Coffee

For sweets to go with your coffee, try...

Videri Chocolate Factory—You can watch this top-quality chocolate being crafted right in front of you. Inhale the intoxicating aroma and then take some home.

lucettegrace—In addition to their meal menus, lucettegrace serves up pastries that are individual pieces of art because of their beauty and palate pleasers because of their flavor.

The Cupcake Shoppe—Feels like you're walking into a cupcake because of its lovely blush decor; take your pick from among many sweet and decadent flavors like You Mocha Me Crazy and Mint Condition. Pick up a macaron while you're there, too.



rooted
in RALEIGH

Larry Larson

Founder of Larry's Coffee and owner, 42 & Lawrence

Travis Long



"We're not afraid to embrace obstacles and challenges. We are going to do the things we dream of. It can be done and we love to share those

creations. We began our sustainable trek long before businesses were able to hire specialists to do it for them. We endured a path to discover how to have less impact. We had to do it on our own, and we love to share our discoveries with average folks."

Garrett Poulos



42 & Lawrence

42 & Lawrence

Elegant, modern decor and variety, from traditional approaches to nitro to draft latte. This polished pour house serves as the retail outlet for a regionally-unique roasting business that's built around environmentally-friendly design and methods. Sugar in the slightly sweet nitro cold brew comes from Michigan beets. When you go, note two of the iconic features—the creative ceiling overhang they call "the cloud" and the hat lights which reflect the owner's whimsical approach to life. Don't leave without trying the draft latte.

Chris Adamczyk



Videri Chocolate Factory



The Cupcake Shoppe

Story Photographers

Garrett Poulos

Whether of Southern heritage or not, chefs here express a New South inventiveness in their cuisine, which should come as no surprise—the city blossoms with diversity and sophistication.

From James Beard to OpenTable and points in between, our chefs earn distinction in many ways. See if you can detect the differences between Raleigh food culture and the food culture where you live.

With 68% of people in Raleigh not from Raleigh, here grows an appetite for new culinary experiences, and obliging is our pleasure. A persistent newness prevails from menu to venue.

Jessica Crawford Photography



Crawford and Son

Southern, global, favorites

Local favorites (BBQ and Southern)

18 Seaboard—Housed in an historic coastal train station downtown; contemporary Southern-inspired dishes (amazing views of downtown Raleigh when you dine on the rooftop).

Big Ed's City Market Restaurant—Some consider "Raleigh's Best Southern Cooking" (serving from founder Big Ed's recipes); breakfast is big here.

Clyde Cooper's BBQ—Never mind what kind of barbecue you know; this local favorite began in 1938 with a man, a vision and \$50.

Crawford and Son—James Beard Award semifinalist Scott Crawford's neighborhood restaurant. Seasonal entrees and sides. Save-room desserts. Eclectic drink selection. The reviews are glowing.

Mecca Restaurant—A family tradition since 1930 (serves food late-night too); emphasis is simplicity at breakfast, lunch and dinner; the burgers are both "glorified and jumbo."

Standard Foods—Not just a restaurant but grocery store too; look for surprises as this eatery provides a venue for farmers and artisans to bring their best (the menu changes nightly).

State Farmer's Market Restaurant—Eclectic and fresh with outdoor dining, where the buttermilk biscuits are highly acclaimed and fresh is the word of the day.

The Peak City Grill & Bar—Starters beyond the usual fare, a solid lineup of entrees and specialty sauces all served surrounded by the ambience of a storied location (try the Seared Chilean Sea Bass or New South Shrimp and Grits).

The Pit—A downtown Raleigh staple, The Pit serves authentic whole-hog, pit-cooked barbecue. The pigs are all raised in N.C., and fresh produce is featured in the starters, sides and desserts.

Vidrio—Slow down and savor the flavors and soul of a Mediterranean kitchen. A place to gather together and truly unwind and an absolutely beautiful setting.

Global flavors

Bida Manda—One of the few Laotian restaurants in the United States; marries flavors of Thai, Vietnamese and Chinese cooking, refined by French technique.

Centro/Gallo Pelón Mezcaleria—Upscale Mexican set off by storied murals (check the craft drink bar, try the chorizo burger).

Fiction Kitchen—New American vegan; locally-sourced produce and artful dishes (try the organic sweet potato house-made biscuit).

Garland—Spice-driven seasonal cuisine with a focus on Indian and Asian flavors (try the house-made lamb sausage or Moroccan hummus).

La Farm Bakery—European; known for their famous bread, French-inspired soups and

Raleigh's tried and true—you can't go wrong with any of these choices

sandwiches, plus gorgeous brunch (look for the bread truck, try the white chocolate baguette).

Neomonde Deli—Zesty Mediterranean cuisine; they bake their own pita in-house and roll up to 800 grape leaves each morning.

Sitti—Authentic Lebanese; local touches added to centuries-old family recipes.



Niall Hanley

Restaurateur and culinary pioneer

The next time you visit downtown Raleigh, look for Niall Hanley's latest venture, Morgan Street Food Hall and Market in the Warehouse District. Local chefs, eateries and restaurants will display their wares in 60+ food stalls. Look for Cow Bar Burgers, Oak City Fish + Chips and Raleigh Raw juices, to name a few.

Sample without having to splurge—unfamiliar flavors, ethnic dishes and unpredictable plates.



Shaken and stirred

Raleigh's cocktail scene

Start with two ounces of bacon-infused bourbon, then add a drip of maple syrup. Stir well. Add two dashes of bitters and ice. Stir again.

If this sounds like the start of a fun cocktail experience, you're going to love exploring Raleigh, one sip at a time. Local restaurants and bars are ready to tempt you with amazing concoctions that run the boozy gamut from creative cocktails to fight-for-the-last-bite desserts.



Garland



Stacey Spranz

Jennifer Robertson Photography



"I think it is incredible that I am able to produce a niche product like small-batch cocktail bitters in a downtown of a capital city. Raleigh has a strong community of artisans and the residents to support it. I'm grateful for that."

Craig Rudewicz

Owner and creator, Crude Bitters

Carefree cocktails like tingly seltzers and healthier drinks made with spirits are gaining ground in the beverage category. The popular flavors—raspberry and strawberry—are still popular, but new flavors are emerging through Craig Rudewicz's flavor work at Crude Bitters and Sodas, for example. In winter it's spruce. Warmer months embrace rosemary-grapefruit. Then there's orange-fig. Flavors steeped and macerated from an eclectic list of ingredients: herbs, roots, fresh fruit peels and vinegars become a product akin to vanilla extract, bottled and sold.

For drinks with or without an alcohol base, bitters add a microburst of aroma and flavor that's sure to tingle your nose and your taste buds. The full range of uses for bitters? You can explore the possibilities at classes and tastings. As new flavors reveal themselves, Rudewicz does not claim to be a scientist, but this experiment so far is going well, he says. In Raleigh by way of Boston, Rudewicz competed at the Good Food Awards' West Coast conference—this one-man operation came home a 2017 winner.

Micro-distilleries bring yet one more take on the locavore movement. These spirits make use of raw materials grown at local farms. They're available only in small batches and, as with other craft beverages, novices and connoisseurs alike will be tempted to detect the subtle flavors and essence within.

You can get Crude Bitters at retailers and eateries around the area.

Raleigh's booziest desserts

The Twisted Fork's Famous Tia Maria Cake—A perfect combination of chocolate chip cookies, coffee liqueur and mocha buttercream icing.

The Oak's Homemade Bourbon Ice Cream—From bourbon bread pudding served with a vanilla bean whip to homemade bourbon ice cream, their desserts are always in high demand.

Hibernian Restaurant & Pub's Guinness Mousse—Super rich and served with fresh whipped cream along with a drizzle of decadent chocolate sauce.

Bittersweet's Clém Brûlée—This clementine crème brûlée features brandy-vanilla poached clementines, sugared rosemary and pomegranate seeds.

Chuck's Dark Chocolate Cake Shake with Old Grand-Dad Bourbon—Ask your server at Chuck's to spike your milkshake. The Dark Chocolate Cake shake with Old Grand-Dad bourbon is a winner.

Whiskey Kitchen's Shoo-Fly Pie—Pecans, molasses and bourbon caramel are combined on a pastry crust and paired with an old-fashioned.

—Kristen Baughman

Sumit Vohra

CEO, Lonerider Brewing Company

Ten years ago, Sumit Vohra decided to quit his day job in tech and start doing something he was passionate about: crafting high-quality, great-tasting ales. A short time later and with the help of friends, he began commercially distributing Shotgun Betty, a German-style Hefeweizen, and **Lonerider Brewing Company** was born. In a place as diverse as Raleigh, this Texas-themed brewery not only fits right in but also finds itself perfectly complemented by a supportive and enthusiastic beer culture that enjoys celebrating the story behind a good brew almost as much as imbibing the beer itself.



Other beer notes

- Raleigh Beer Garden, an epicenter of beer featuring dozens of local brews and the world's largest selection of draft beer. In a city that's not afraid to try new things, Raleigh Beer Garden brings people together while showcasing the innovative tastes of the area.
- Each April, Raleigh celebrates North Carolina Beer Month with festivities and flavorful, one-of-a-kind brews throughout the month.

Recent beer accolades

- Among 34 of the Best New Breweries in the U.S. (Bond Brothers Beer Company)—BeerAdvocate, January 2017
- Gold Medal in American-Style Black Ale Category (Black IPA at Lynnwood Brewing Concern, Raleigh)—Great American Beer Festival, October 2016
- Gold Medal in International-Style Pale Ale Category (Drop Bear Australian Pale Ale at Lynnwood Brewing Concern, Raleigh)—Great American Beer Festival, October 2016

Chris Adamczyk



Great local brews

When it comes to the Raleigh beer scene, our brewers have one thing in common: they think differently. It's a difference you can appreciate with each unique brew.

Among our more than 28 local breweries, we are proud to have North Carolina's first woman-owned brewery, one born from a rickshaw company, another launched in an airplane hangar and even a West Texas-themed spot that's right at home here in Raleigh.

Brewgaloo

Having all these great breweries in such close proximity gives us reason to celebrate... and we do! Each April craft breweries from Raleigh and around N.C. gather for Brewgaloo. This fun event partners great local beers with food trucks, local bands and other cool vendors. With sample pours you can sample the very best our city and state have to offer. Be sure to pace yourself as you face the challenge of more than 75 breweries. To help you navigate safely, the festival promotes designated drivers.

Raleigh Beer Trail

From Wake Forest to Raleigh to Holly Springs and Fuquay-Varina, the Raleigh area's more than 28 breweries have barstools waiting just for you and your friends. If you like giving a variety of breweries a try, the Raleigh Beer Trail is designed for you. Check in at breweries you visit in the Raleigh area and earn prizes. The more you visit, the more prizes you'll earn. Get the complete details and a convenient map at raleighbeertrail.com.



Along the trail, be sure to ask about free tours. Many breweries are happy to show you behind the scenes and answer questions about their beers and their processes.

And as always, please drink responsibly. Never drink and drive.

:: raleighbeertrail.com

locally grown



Well-Fed Community Garden

Crafting meals, memories and more

Beyond works of art on plates and place settings, North Carolina's favorable soil and climate bring an abundance of fresh produce. That translates into fabulous colors and (best of all) flavors.

A short distance away from the Irregardless Café lives the Well-Fed Community Garden, where Irregardless Café's Arthur Gordon looks forward to rainbows—at least three different crops in the annual cycle.

Spring produces lettuce and greens of all sorts, several varieties of kale, asparagus, arugula, spinach, beets, rainbow carrots, parsley and herbs, snow and snap peas, leeks, pak choi and radishes.

Summer delivers varieties of tomatoes, as well as a variety of peppers, okra, melons and watermelons, squashes, beans, leaf lettuces, several varieties of cucumber, potatoes and sweet potatoes. Fruits like strawberries, blueberries, kiwi berries and lots of blackberries, elderberries and passion fruit, apples, pears, peaches, persimmons, pomegranate and something called pecans and pawpaw.

Fall? Winter? Think more fresh produce, and shitake mushrooms grow year-round.

The Well-Fed Community Garden serves as a gathering spot for the community—a healing environment; Chef Gordon, with his wife Anya, suggest you come by (maybe even take off your shoes) and connect with food as it thrives with the rhythm of nature and grows accordingly to serve the needs of our bodies.

Now, there's more to the garden and café than meets the eye: Intimate Evenings with Arthur and Signature Experiences. "Together, we learn to make great-tasting meals that also nourish our bodies and make us feel good."

If you talk to Chef Gordon (and you probably will), you'll quickly realize what Rooted in Raleigh really means. Years back, the couple pioneered the food scene in the heart of the city, before other people caught on to the amazing potential.

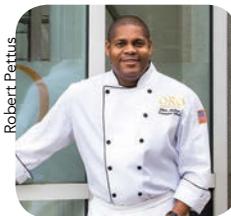
When Arthur's not in the garden or the café, you might find him swimming at the Pullen Aquatic Center or relaxing at Cup A Joe on Hillsborough St.



Chris Hylton

Owner/executive chef,
ORO Restaurant & Lounge

"Food is supposed to be fun and exciting and shared with the people you love. Eating in



Robert Pettus

the family style is absolutely fun! It gives you and others the chance to taste a variety of flavors as opposed to having to settle on one dish for your meal. We

recommend two to three plates per guest so the combinations of flavors are endless. The family style of dining also encourages conversation and interaction at the table."

Arthur Gordon

Owner/chef, Irregardless Café and Catering

"Exploring 'flavor' begins with 'not knowing.' Once we realize what we don't know, then we



can start the food adventure. Southern food uses fat to make food taste good—and that tradition doesn't care about the consequences (diabetes, obesity and

heart disease). Instead of fats, salt and sugar, the café's chefs use herbs, spices and fresh produce to create authentic flavor."

Ashley Christensen

Chef and entrepreneur, AC Restaurants

James Beard Award-winning chef Ashley Christensen serves "Poole's: Recipes and Stories from a Modern Diner." Pick up a copy (and taste the potato

latkes or try a tangy salad) at **Poole's Diner.**



ASHLEY CHRISTENSEN



Instagrammable Raleigh

We asked our visitRaleigh.com social media team for their recommendations on the most Instagrammable spots in Raleigh, N.C. Take your pick from any of these Likes just waiting to happen.

1. **Start with any of Raleigh's murals**—HQ Raleigh, the All Are Welcome wall at Poole's Diner, the Truth anti-tobacco mural around the corner from Trophy Brewing Company or Kelsey Montague's #WhatLiftsYou mural near Cowfish at North Hills.
2. **Historic Oakwood**—Historic Oakwood Cemetery makes for striking and curiously eerie images. Watch for interesting tombstones, historical markers, funereal art. The classic Victorian homes in the Oakwood neighborhood, with their wrap-around porches and distinctly Southern features, provide color, contrast and symmetry made for Instagram.
3. If you like **art and architecture**, don't miss Raleigh's heavy hitters—the North Carolina Museum of Art, Hunt Library at N.C. State University, the N.C. State Capitol building and the SECU Daily Planet at the N.C. Museum of Natural Sciences.
4. **Public art**—Take a selfie with the statue of Sir Walter Raleigh in front of the Raleigh Convention Center or pose with the larger-than-life acorn, parked temporarily at Duke Energy Center for the Performing Arts while Moore Square is being renovated.
5. The **quintessential Raleigh skyline**—Great places to capture a skyline include Boylan bridge or Dorothea Dix Park, plus there are cool city views from Level7 or Raleigh Times Bar.
6. **Historical places**—We love the museums (any of them); the Executive Mansion, the Joel Lane Museum House, Mordecai House; the list goes on and on.
7. **RDU International Airport**—Besides its soaring (forgive the pun) architecture, you will find many pieces of public art (much of it reflective of art travel), and don't miss RDU's Observation Park for sunset take-offs and landings.



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These photos by Instagram guru Jack Hollingsworth were all taken at **lucettegrace** in downtown Raleigh on an iPhone. Follow Jack at @photojack



Follow

Plus so much more! Follow @visitRaleigh on Instagram (and Twitter and Facebook) and tag your photos with #visitRaleigh so we can see and share your experiences!

Raleigh's vibrant performance culture is enthralling. From dynamic local troupes to nationally-acclaimed touring companies, intimate theater to catchy concerts, there's always something to see on stage.

Performing arts



Chris Walt Photography

Carolina Ballet



Curtis Brown Photography

N.C. Theatre



Raleigh Little Theatre



Curtis Brown Photography

N.C. Opera



N.C. Symphony

Theater

Broadway Series South—Turn to Raleigh's pipeline from the Big Apple for recognizable big-name musicals and performances.

Burning Coal Theatre—Serious thespians appreciate the literate, gritty performances at this repertory.

North Carolina Theatre—The best of all worlds combine. Familiar national big-stage shows are produced and performed by professionals as well as local talent.

Raleigh Little Theatre—Among the dynamic community theatre's shows this season is the gospel musical "Crowns," Aug. 25-Sept. 10. Elsewhere on the campus, Groove in the Garden brings live music to the outdoor amphitheatre.

Theatre In The Park—Comedy, drama, Shakespeare, original modern works—there's a little bit of everything at Theatre In The Park's indoor black-box theater.

Choral, symphony, opera and ballet

Carolina Ballet—Watch world-class ballet featuring professional dancers. The 2017-2018 season marks the ballet's 20th anniversary and will include "The Ugly Duckling," "Handel's Messiah," "Romeo & Juliet" and others.

North Carolina Master Chorale—Music comes to life with the resident chorus of the N.C. Symphony, celebrating their 75th anniversary season this year. The annual holiday concert in December is a festive tradition.

North Carolina Opera—Find both traditional and contemporary opera at N.C. Opera, from fully staged productions to opera in concert and vocal recitals and educational events.

North Carolina Symphony—Known for both outstanding traditional performances and innovative modern renditions, their repertoire might include classics from the masters to the music from "Star Wars."



Rich Image Photo, Inc.

Burning Coal Theatre

North Carolina Museum of Art

Find your own place among more than 30 Rodin sculptures, at a family workshop, in the audience for performing arts or at countless other spots as you tour the world-class collection. On-site dining at the Iris Restaurant.

The Art Park—Tour the Ann and Jim Goodnight Museum Park to find the connection of art, nature and people. Public art installations, sustainable landscapes, gardens, miles of recreational trails and a terraced pond.

Also at N.C. Museum of Art:

- Classic movies on Friday nights
- Variety of online courses for non-members
- Newly-expanded Museum Park and outdoor art installations

The art of noticing

There is no right way to experience art, so no pressure. You can take it seriously, take it lightly or what a lot of us do: Go, look, wait and see. And when the magic happens, we not only see, we really see.

Do you believe there could be a mysterious connection between the art itself and the viewer? Whether your answer is yes or no, we encourage you to connect with our vibrant art scene. Here's a brief guide to get you started:

- When a piece of art makes a strong impression, embrace the moment. Give it a few minutes; some recommend studying the piece quietly for 20 minutes. Is there a particular color, pattern, object, scene, mash-up of materials...a feeling or memory you can associate with it?
- Relax, slow down and leave something for your next visit. Can you really enjoy a fine meal when you gulp everything down? From the state's permanent collections at the N.C. Museum of Art (NCMA) and our specialty museums to smaller, more intimate galleries where you might meet the artists themselves, we highly recommend you tour the scene in manageable bites you can truly savor.
- When possible, get acquainted with the subject matter beforehand. Take for example the collection of Jewish ceremonial objects at NCMA, one of only two permanent displays of Jewish art in an American art museum. The details are exquisite. Add to this the special events at NCMA year-round, and the museum becomes a micro-destination in itself.



N.C. Museum of Art

Visual arts

In Raleigh, art turns up in nearly every direction—monumental art installations in outdoor spaces, art merged with architecture in mural projects, in government buildings, in our cafés and coffeehouses too. Art in everyday life, an essential for quality of life—this is Raleigh.

Artspace—An open-studio environment where emerging artists work in a variety of media. Artspace is one of the largest open-studio environments in the country.

CAM Raleigh—Known by its iconic canopy of bold metal mesh dots, CAM welcomes emerging contemporary artists. In summer 2017, look for Dorian Lynde's "No Damsel," princesses in a modern environment; David Hess rescued-object sculptures; Eric Yahner's cultural commentaries; and later, "Coded Couture," where technology and fashion intersect (this on loan from the Pratt Manhattan Gallery).

Gregg Museum of Art & Design—One of six major units within Arts N.C. State, this museum (soon to reopen new) maintains a diverse collection, with an emphasis in textiles, that complements the university's program.

Visual Art Exchange—A "creativity incubator," this is the force behind SPARKcon, the four-day festival in September that showcases 14 creative themes, plus music and the creativity summit known as Ignite.

Galleries—Such as 311 Gallery, Linda Dallas Art Studio and The Mahler Fine Art Gallery, galleries showcase unique works for purchase. Open hours vary. Look for events throughout the year.



Gab Smith

Executive director, CAM Raleigh



For over three years, Gab Smith has been at the helm of **CAM Raleigh** and its ever-rotating exhibitions. From lectures and family-friendly weekend programs to

Art of Cool nights featuring musicians and DJs, there's always something exciting happening.

Located in downtown Raleigh's Warehouse District, CAM itself is surrounded by inspiration. As Gab notes, Raleigh visitors could design a whole weekend around just seeing art and still not have time to see it all.



Michael Zirkle Photography

N.C. Symphony at Koka Booth Amphitheatre

Lyman Collins

Cultural arts manager, Town of Cary



“We have a well-educated audience, people who have come to Cary from all over the world. They’ve been in communities that have had exciting events. We try to create an atmosphere where, if people have a good idea, we walk forward together in partnership.” Cary has grown from a small town with a population of about 7,000 in the 1970s to about 160,000-plus today.

“We talk about ‘the Koka Booth experience.’ The foundational program has always been the **North Carolina Symphony**. People can

bring their picnics and spread out on the lawn. The stage backs up against Symphony Lake. As night falls, it gets more and more magical.”

While you’re at **Koka Booth Amphitheatre**, look for granite benches in the shape of musical instruments, where artists’ quotes about music and the meaning of music are engraved. Speaking of music, the N.C. Symphony calls Cary its summer home.



Ira David Wood III

Executive director and founder, Theatre In The Park



Stephen J. Larson

Ira David Wood III was among the first students to attend N.C. School of the Arts in 1965. Years later, he answered a call from the Department of Public

Instruction, which was looking for someone with the passion to change the way the arts were being taught in N.C.’s public schools. He stepped up, jumping at the opportunity to give back to a state that had given him so much. Believing theater should not only entertain but also educate, Wood later founded Raleigh’s Theater In The Park and created a place where people can enjoy everything from Shakespeare to Broadway-worthy premieres.

Jerome Davis

Founder and artistic director, Burning Coal Theatre



Right Image Photo, Inc.

“You go to the theater to be introduced to new communities—to other worlds and viewpoints. You sit there for an hour and a half or two hours

and you listen and look in on another world. You get to know that world...you get to live in that world for a little bit, and you get to have empathy for those people.

“Theatre gives us an opportunity to imagine other communities and to discern for ourselves what the similarities are between them.”

Arts around the county

Cary Arts Center—The downtown hub of arts and cultural events in Cary. Pair with a performance or movie at the new, classic Cary Theatre, an overnight stay at the new Mayton Inn or the delightful walkability of downtown and explore the Cary Art Loop. There’s much to see and do here.

Garner Performing Arts Center—Look for Broadway Voices, Downtown Sounds, The Towne Players and the It’s Showtime! series. Pair with flavorful coffee and good music at Lorraine’s Coffee House while you’re there.

Halle Cultural Arts Center—A polished downtown beauty on Salem St. in Apex. Nearby, look for PeakFest, the Latino Arts Festival and Christmas on Salem Street.

Holly Springs Cultural Center—Located in the heart of Holly Springs, southwestern Wake County’s home for theater, dance and music.

Wake Forest Renaissance Centre—Varied shows such as Rockin’ the Forest (starts October), R&B, comedy, plays produced by the Forest Moon Theater and the new “Arts for All.”

Curtis Brown



Linda Dallas

Artist, illustrator and educator, Saint Augustine’s University



Raleigh illustrator Linda Dallas draws inspiration from the kitchen, using color, texture and perspective to transform food into fine art.

“Food has this way of bringing together different points of view. If you have a conflict, one of the best ways to solve it is to sit down at the table together,” Dallas said.

She believes Raleigh is a great place to visit, a great place to learn new things and get inspired. “I always think of Raleigh as that blind date you didn’t think you would like, but you fall madly in love,” she says. “That is what this city is to me.”

Festivals and events

Do you Brewgaloo? What's up at BugFest? Show of hands for World of Bluegrass, Beer, Bourbon and BBQ!



Raleigh, N.C., keeps adding happy occasions to the calendar. Festivals serve an important purpose: they mark history and sense of pride; they showcase talent, creativity and culture, delicious foods and beverages (some surprises too). Make plans now to spend a day or a weekend in Raleigh, N.C., around these events. They're totally worth the trip!

January

- Triangle Restaurant Week
- Ipreo Raleigh Winterfest

February

- Krispy Kreme Challenge

March

- St. Patrick's Day Parade and Festival
- Raleigh Blues Festival

April

- Rock 'n' Roll Raleigh Marathon
- Wake Forest HerbFest
- Cary Spring Daze
- Brewgaloo
- Savor Fuquay-Varina

May

- 37th Meet in the Street Festival
- PeakFest
- Artsposure
- Out! Raleigh
- WRAL Freedom Balloon Fest

June

- Miss North Carolina Scholarship Pageant
- Triangle Restaurant Week

July

- The 'Works!: July 4th on Fayetteville Street

August

- Beer, Bourbon and BBQ Festival

September

- Hopscotch Music Festival
- BugFest
- SPARKcon
- International Food and Music Festival
- Lazy Daze Arts and Crafts Festival
- Ray Price Capital City Bikefest
- Beericana Craft Beer and Music Festival

October

- World of Bluegrass
- International Festival of Raleigh
- North Carolina State Fair
- North Carolina Whole Hog Barbecue State Championships
- North Carolina Wine Festival

November

- WRAL Raleigh Christmas Parade

December

- First Night Raleigh

Annual events

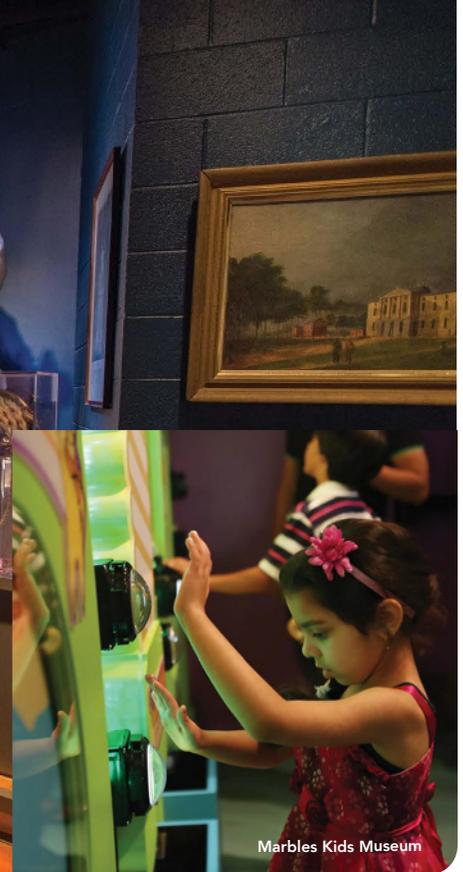
History & museums

Raleigh holds dear its history and preserves more than 200 historic places on the National Register. Numerous museums, sites, programs and special events lay out a bevy of stories for history buffs, collectors and the endlessly curious.



Garrett Poulos

N.C. Museum of History



Marbles Kids Museum

Interconnected spheres

Though founded in 1879, think of today's North Carolina Museum of Natural Sciences, with its iconic architecture, as a resource to link Raleigh to the world in the interconnected spheres of nature and science and of people and planet... at the forefront of research and education about the natural world...and attracting international conferences. Experiences are propelled by a thoughtful balance of what is both meaningful and popular with these four questions as a compass to guide the process: what do we know, how do we know, what is happening now and how can the public participate?

Uncommon perspectives

A few steps across a quad from the science museum, the North Carolina Museum of History features at least 150,000 artifacts spanning 600 years of N.C. history. Look for a kids' program at the information desk that provides a backpack full of activities to complete as you wander the



N.C. Museum of Natural Sciences

Garrett Poulos

museum's galleries. Also here, beloved coaches and players field a distinguished team at the North Carolina Sports Hall of Fame on the third floor. All free.

A kid's paradise

What kids like comes together best at Marbles Kids Museum in downtown Raleigh. Marbles offers children a world of playful choices, with endless interactive exhibits and enriching activities—set sail on a science sub, tinker with gadgets and gizmos, play snow-volleyball in radical recess, care for furry pretend friends in pet vet and so much more! Admission is \$5. Combo admission available to couple your museum play with an educational movie at Wells Fargo IMAX Theatre at Marbles, N.C.'s most immersive giant-screen cinema.

Raleigh past and present

If you grab lunch at one of the restaurants on Fayetteville St., within walking distance of the Capitol, slip into the free City of Raleigh Museum (COR Museum), where notable exhibits have included "Secrets of the Cathedral," complementing construction of Raleigh's new landmark cathedral and detailing stories of cathedrals around the world. Leaving the downtown museum, look west for the fantastic 160-ton, steel-and-copper dome high atop a hill near Western Blvd. and Centennial Pkwy.



Garrett Poulos

COR Museum



Ken Howard

Director, North Carolina Museum of History



"At the Museum of History, no day is the same, which makes every day exciting. Our exhibit on World War I includes a life-size trench warfare replica, interactive video, realistic battlefield sounds and stories of Tar Heel bravery."

Emlyn Koster, Ph.D.

Director,
North Carolina Museum of Natural Sciences



As one of the nation's earliest state museums, the **N.C. Museum of Natural Sciences** has a long tradition of teaching generations how to

view and interact with the natural environment. At the helm is Emlyn Koster, Ph.D., who has helped to create an accessible, enriching experience for visitors of all ages.

"Although only a quarter-century old as a term, citizen science is centuries old as a practice in which those without formal training are able to engage in data collection and research studies, thereby helping to advance the frontiers of knowledge. It has recently been said of Raleigh and the Research Triangle Region that we are the nation's epicenter of citizen science. Just at the Museum's Prairie Ridge Ecostation in west Raleigh, as a notable example, some 40 citizen science projects are underway."

Sally Edwards

President/director, Marbles Kids Museum

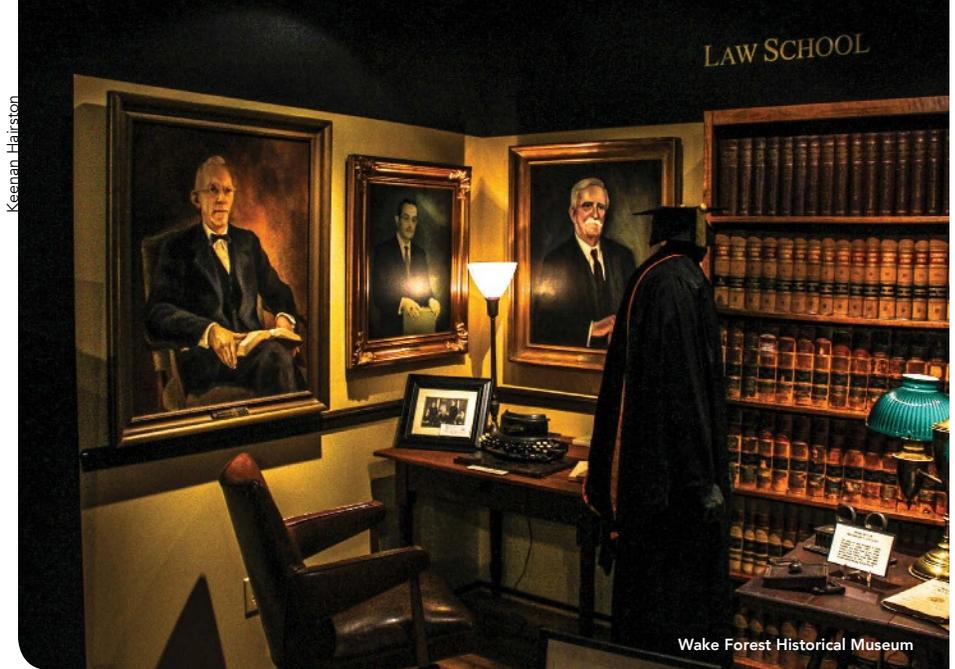


"Play with purpose" is a smart idea fueling Raleigh's innovation pipeline, with community leaders like **Marbles Kids Museum** president Sally

Edwards exciting and engaging visitors with big ideas they can take home. Marbles focuses on hands-on, minds-on learning. Kids can tinker with technology, soak up science and even control the world's first and only kid-driven smart power grid.

"Last year we added two new music exhibits—a grand piano staircase and an outdoor music park. Children are captivated by the melodies they make in these highly popular additions.

"Team Marbles is hard at work re-imagining our art and design space to create an even bigger platform for ever-changing MakeShop activities."



Keenan Hairston

Wake Forest Historical Museum

Specialty museums

Cary Heritage Museum—The Town of Cary's history tour takes you through a former railroad hotel built in 1868.

Fuquay-Varina Museums Complex—See what's new here. View a tobacco barn, NS375 caboose, and look for antiques events.

In Tandem/Movin' On Museum—Have you heard of the world's only museum dedicated to the trucking-themed TV show "Movin' On," featuring Claude Akin? It's located in Wake Forest, near Falls Lake State Recreation Area.



Keenan Hairston

Legends of Harley Drag Racing Museum

Legends of Harley Drag Racing Museum—The Harley dealership owned by the late Ray Price hosts it for H.O.G. lovers.

North Carolina Railroad Museum & New Hope Valley Railway—Railroad excursion lovers can get a real feel inside authentic train cars when weekend rides and themed events take place.

Pope House Museum—Built in 1901 by Dr. Manassa Thomas Pope, one of the first graduates of the Leonard School of Medicine at Shaw University, the house contains a collection of furnishings and artifacts dating back to 1851. Open on Saturdays.

Raleigh Fire Museum—This small museum pays tribute to Raleigh's rescuers. See big trucks and equipment old and new (located near the fire department training center).

Wake Forest Historical Museum—This museum features interesting artifacts of life, sports and culture at Wake Forest College.

Eras of Raleigh history

- **17th century and earlier**—American Indian settlements, home to some of the Tuscarora
- **18th century**—American Revolution, War for Independence from Britain, Raleigh incorporated in 1792
- **19th century**—Raleigh develops safety and infrastructure systems, blossoms, figures prominently in North Carolina's Civil War stories; Shaw University (the South's first college for African Americans) begins theological classes for freedmen in 1865



A capitol day

Matt Robinson/raleighskyline.com



N.C. State Capitol

Take in a wealth of historical sites within a few city blocks

By design, early Raleigh consisted of four 99-foot-wide streets, a few 66-foot-wide streets and five public squares. One square occupied the center of town and was reserved for a capital building, or State House, where the Capitol resides today.

A charming Gothic-style State Library Room highlights the State Capitol Building. While some say this utilitarian government building (built to be virtually fireproof) lacks the frisson factor of the U.S. Capitol in Washington, you can decide if you can feel the history that took place there. Ask the docent for the stories of how the Capitol factored into Civil War history in Raleigh.

Include a visit to experience the Governor's home, the Executive Mansion. Its many attractive features include a steeply pitched gable, richly colored textural surfaces and elaborate turned woodwork. Construction of the Queen Anne-style Victorian home was completed in 1891; it can be toured by advance reservation.

Locals know this area as downtown's Capital District. Much to see and do is clustered in a walk of four blocks or less.

What you will find near the Executive Mansion

- Briggs Hardware (heritage hardware and unique goods)
- Christ Church at the corner of Wilmington and Edenton Sts. was founded in 1821.

While you're downtown, venture to these historic sites:

Joel Lane Museum House and Gardens—

The house served as the site of the first session of the Wake County Court, which convened there in 1771.

Mordecai Historic Park—The Mordecai House is Raleigh's oldest home still on its original foundation. Stylistically, this home is distinguished from the rest and rattles with ghosts from its antebellum days. President Andrew Johnson's boyhood home is preserved on this property.

Andrew Johnson Birthplace—Johnson became America's 17th president, the man who inherited the office after the Lincoln assassination. His time in office was checkered to say the least, but he still did well for a man born in a 10' x 10' home.

David Short



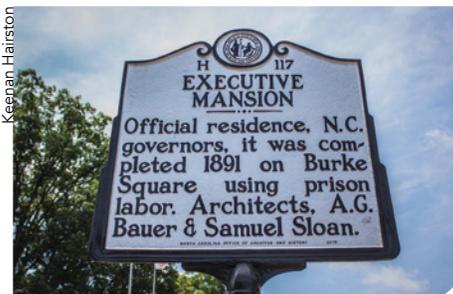
Historic Yates Mill County Park

Must-see historic sites

Historic Oak View County Park—This historic farmstead preserves the area's agricultural heritage and rural history.

Historic Yates Mill—Gristmills once provided the service of grinding corn and wheat into meal and flour. An historic circa-1756, water-powered gristmill that has been fully restored highlights Historic Yates Mill County Park. Look for guided tours and costumed grinding demonstration.

Keenan Hairston



Historical markers

They may not seem exciting at first glance, but look for these historical markers around Raleigh. They usually mark the place where a significant historical event occurred.

For example, look for the General Grant marker on South St. in downtown Raleigh. In April 1865, this was the site of the Governor's Palace, where General Ulysses S. Grant prepared the final surrender papers, just days after the Lincoln assassination, for General Joseph E. Johnston to end the fighting and hasten the end of the Civil War. In attendance to exact the signing was Major General William T. Sherman.

If you remember your Civil War history, you will know that General Sherman is famous for his "March to the Sea," where he burned everything of military value in his path. By all indications, he had every intention of burning Raleigh too, but a last-minute peace delegation sent from downtown to dissuade him saved the day and the city.

Tashni-Ann Dubroy, Ph.D.

President, Shaw University



“For someone who is visiting the area, I would say they have to check out some of our (Shaw University’s) historic buildings. We’ve got Leonard Medical

School that is listed on the National Register of Historic Places and the Rogers-Bagley-Daniels-Pegues House as well. If you look at the architecture of the Leonard School, for example, it’s Romanesque architecture and it’s beautiful. Whenever we see visitors coming in, especially those who appreciate the history of our site, we can see that they are genuinely impressed.

“Shaw University was instituted in 1865, and Estey Hall was built in 1874. It was the first female dormitory on a coeducational campus nationwide.”



Tours: Sightseeing made easy

Relax on a trolley or carriage tour, or use your step counter on a walking tour (just make sure you wear comfortable shoes).

Choose a tour from:

- Capital City Tours, LLC
- Crank Arm Rickshaw
- Historic Raleigh Trolley Tours
- Historic Tours of Raleigh
- J & L Carriage
- Raleigh Rickshaw Company
- Recognize The City Tours
- Tobacco Road Tours
- Triangle Glides

Go to visitRaleigh.com for details and other options such as boating tours.



Keenan Hairston

Historic Oakwood Cemetery

Historic Oakwood

Oakwood Cemetery

Historic cemeteries present all kinds of interesting notables. They feature striking funereal art, unusual names, nicknames and stories unmatched, not to mention they emit an eerie feel all their own.

Historic Oakwood Cemetery contains one of the largest collections of late 19th-century funereal art in North Carolina. Sacred stones, grounds and tour guides reveal the great and tragic stories of both ordinary and extraordinary people. This open-air museum dates back to 1869. Visitors gravitate to the House of Memory, the Jewish section where you’ll see Hebrew inscriptions, the Confederate section and the mini Greek temple dedicated to a Cherokee Indian princess. Some of the trees here even predate the cemetery.

Several famous people have recently found their rest here: Jim Valvano, Elizabeth Edwards and Jesse Helms, to name a few.

Distinguished mansions and homes around Raleigh

In the historic homes around Oakwood Cemetery, you’ll find steep slate-covered roofs and spacious verandas. Styles incorporate late Greek Revival, Second Empire, Queen Anne, sawnwork and bracketed vernacular Victorian and Neo-Classical Revival styles.

Haywood Hall House and Gardens—Circa 1799, popular venue for weddings and special events.

Heck-Andrews House—Mansion built between 1872 and 1875, characterized by Second Empire style and turrets. The outside has been renovated, but the inside is a ruin that preservationists hope to soon restore. Rumor has it, it’s haunted.

Historic Oakwood neighborhood—Represents the only intact 19th-century neighborhood remaining in Raleigh. Houses were built between the Civil War and 1914. Many have been preserved or restored. Look for the Candlelight Tour in December.

Spring Hill House—Also known as Theophilus Hunter House, built around 1815. Overlooking Raleigh, this home marks a shift from more pretentious, ornate architectural styles to the simpler Colonial Revival style and helps honor the role of the local Hunter family.

Other historic cemeteries

- City Cemetery
- Mount Hope Cemetery
- O’Rorke-Catholic Cemetery
- Raleigh National Cemetery

It's that rush of excitement when the lead singer steps to the microphone, when you sing along with your favorite songs or hear a tune for the first time. It's the energy of live music, and Raleigh has it in abundance.

Live music



Garrett Poulos



Brian Magee

Oak City 7



Brian Magee

Hopscotch Music Festival



Garrett Poulos

PNC presents Wide Open Bluegrass at Red Hat Amphitheater

Left: The Lumineers at Koka Booth Amphitheatre

City Plaza—Located in the heart of Fayetteville St. in downtown Raleigh, City Plaza hosts music events, community festivals and the popular Downtown Raleigh Farmers Market.

Coastal Credit Union Music Park at Walnut Creek—Open-air venue showcasing award-winning artists in an outdoor setting, it's the go-to spot to see the biggest concert superstars.

Dorton Arena—Home to a wide array of action-packed sporting events, the arena also hosts concerts and other special events.

Duke Energy Center for the Performing Arts—The intimate settings of Kennedy Theater, Meymandi Concert Hall and Fletcher Opera Theatre, the grand scale of Raleigh's Memorial Auditorium and the outdoor expanse of the Lichtin Plaza, you can experience them all at Duke Energy Center.

Joseph M. Bryan Jr. Theater in the Museum Park (N.C. Museum of Art)—A work of art in itself, the theater hosts an outdoor summer series featuring a range of musical performances.

Koka Booth Amphitheatre—When nature and technology meet, the result is a superior performing arts center in the midst of hardwoods and pines by Symphony Lake in Cary.

PNC Arena—The granddaddy of them all; Raleigh's major concert arena. From Paul McCartney to Michael Bublé to Bruno Mars, PNC Arena brings in the big names in entertainment.

Red Hat Amphitheater—Conveniently steps away from downtown Raleigh's other nightlife, Red Hat Amphitheater showcases top names from April to October.

Major music festivals



Hopscotch Music Festival—Celebrate musical diversity each September at the fan-friendly Hopscotch Music Festival. For three days, 120 bands bring rock, hip-hop, metal, folk, electronic, experimental and more to Raleigh's City Plaza and nearby clubs.

:: hopscotchmusicfest.com



PNC presents Wide Open Bluegrass—As the largest urban bluegrass festival in the world, the talent here really is Wide Open! From the ticketed main stage to the free

Streetfest, festival-goers will be treated to two days of outstanding performances, Sept. 29-30, 2017. :: wideopenbluegrass.com

Raleigh brings the funk 24/7

Raleigh's diverse population, continually fed by college-age music fans, supports a range of tastes, increasingly trending toward rap, hip hop and neo soul.

But soulful sounds started long ago in the City of Oaks. Locals know radio station WSHA 88.9 FM for its long history of broadcasting jazz and gospel (and much more today). Building on that history is Raleigh native Jamil Rashad, better known as Boulevards.

A new era of funk

As Boulevards, Rashad (whose recently-retired father was one of the R&B radio greats at WSHA) is among a group of artists paving the way for modern funky, urban, soul-infused sounds. His album "Groove!" has been described as "an evolution to reign in a new era of funk." Rashad says eclectic festivals, such as Hopscotch, are integral to the music community here, as well as dance venues like Neptunes Parlour.



Boulevards

Artist and funk revivalist

"Raleigh has its own identity. It's not trying to follow the footsteps of any other city, and that's what sets it apart. The music scene is in a really great place here. People are open to the sound of new things and new artists. There's the folk and the Americana, of course, but there are also a lot of young bands and artists doing cool new DIY things."

Garrett Poulos



Lincoln Theatre

Concert venues

Locals know the spots, those cool places where the unique bands play, where you can enjoy a great show, local beer or a perfect cocktail affordably. Good news—visitors are welcome too!

Berkeley Café—Features folk and rock music plus popular food selections with an outdoor patio.

City Limits Saloon—North Carolina's Original Country Party Bar with fun theme nights.

Deep South The Bar—Live music on the weekends. Pool, great cocktails and cold beer.

KINGS—Order a drink at the beautiful steel and pine bar and get ready for the music.

Lincoln Theatre—The spot for national and regional touring acts, tribute and local artists.

Rum Runners—Home to the famous Dueling Piano Show. Drink specials nightly.

Slim's Downtown—A winning, casual combination of great live music and good, cheap drinks.

The Maywood—Free/no cover shows most Friday and Saturday nights, usually with two bands per night.

The Pour House Music Hall—Selection of draft beer, a great variety of live music.

The Ritz—The perfect blend of rock and roll and elegance—classic in design but still hip and unique.

Music outdoors

Apex Nature Park—Park includes an amphitheatre with free concerts and movies offered during the summer.

Cary Performance Green—Opening in the summer of 2017, an outdoor performance space highlighted by a large fountain.

Midtown Park—North Hills' gathering place with distinctive green space ideal for live music.

Sertoma Amphitheatre—Perfect setting for small spring, summer and fall concerts in Cary.

For a full calendar of music dates, go to:

themostnc.com

Raleigh's music calendar



Powered by visitRaleigh
Sponsored by Pepsi





College sports and bragging rights

Affectionately known as “State,” N.C. State University’s Wolfpack delivers big-stadium Division I football action with all the regional rivalries needed for serious bragging rights. The tradition dates back to 1892, and many players have gone from good to great in the NFL, including Philip Rivers of the San Diego Chargers, Mario Williams of the Miami Dolphins and Russell Wilson of the Seattle Seahawks.

In hoops action, the Wolfpack’s men’s basketball team has won two NCAA championships, made three trips to the Final Four and brought home 17 conference championship trophies.

Women’s athletics

N.C. State is also a leader in women’s athletics, due in large part to Naismith Memorial Hall of Fame inductee Kay Yow. Under her leadership N.C. State women’s programs accomplished four ACC titles, one Final Four appearance and one Olympic gold medal.

To date N.C. State athletes have won an impressive 29 individual NCAA and AIAW national championships: 10 in men’s and women’s outdoor track and field, seven in swimming, five in women’s cross country, five in wrestling, one in platform diving and one in men’s golf.

Five more area colleges and universities field various teams and welcome visitors to attend their games:

- Shaw University—the Bears of the CIIA and NCAA Division II
- Meredith College—USA South and NCAA Division II, the Avenging Angels
- Saint Augustine’s University—the Falcons of the CIIA and NCAA Division II
- William Peace University—USA South and NCAA Division III, the Pacers
- Wake Technical Community College—the Eagles of the NJCAA



Discerning sports enthusiasts in the Raleigh area deeply care for their teams. Visitors can find big-stadium action and competition in traditional sports, plus flair in new favorites, such as ultimate disc and the roller derby revival.

The experience of “being there”

Hockey

Carolina Hurricanes—Raleigh’s biggest hometown professional sports team plays at PNC Arena from September to April. Listen for the unique goal horn, look for the Hurricanes Homegrown Series, showcasing some of the best in local fare, and see great players like rookie Stanley Cup winner Cam Ward.

Soccer

North Carolina Courage and North Carolina Football Club—Formerly the Western New York Flash of the National Women’s Soccer League, the Courage play in Cary under a new name and new ownership in 2017. WakeMed Soccer Park currently hosts the NWSL club and North Carolina FC (formerly Carolina RailHawks, a founding member of the North American Soccer League).

Baseball

Carolina Mudcats—Class-A Advanced affiliate of the Milwaukee Brewers—take in a Mudcats game at Five County Stadium in Zebulon. Look for post-game fireworks around Easter, Mother’s

Day, Father’s Day, Memorial Day, the Fourth of July and Labor Day.

More team competitions

Ultimate Disc League—Raleigh Flyers of the American Ultimate Disc League

Coastal Plain League Baseball—Holly Springs Salamanders; wooden bats, college stars and Major League dreams

Roller Derby—Carolina Rollergirls; fast skating and tight maneuvers

Tobacco Road Basketball League—Cary Invasion and Raleigh Revolt; hoops, hoops and more hoops

Signature events

- Rock ‘n’ Roll Raleigh Marathon & ½ Marathon (April)
- Deep South Classic (April)
- IRONMAN 70.3 Raleigh (June)
- CASL visitRaleigh.com National Soccer Series (Nov.-Dec.)



USA Baseball

The way to the big leagues

Many kids want to grow up to be big-leaguers. While only a few reach the lineup, in between lies USA Baseball National Training Complex and its elite-level programs, which aim to be the perfect pitch for young players and those who simply love the game. Life-changing national and international experiences, grassroots-level health and safety education, world-class facilities and spectator events and opportunities for women to play the game they (too) love—the bases are truly loaded.

Surrounded by trees instead of city buildings, refreshingly distant from the hustle and bustle of city life, the USA Baseball National Training Complex in Cary is an ideal place to watch some good baseball.



Joel Graybeal

Managing partner, Triangle Rock Club



Showing folks the ropes is one way that Joel Graybeal boosts confidence and strengthens problem-solving skills. With two area

facilities, including the highest climbing wall in a five-state radius, **Triangle Rock Club** is a top spot for visitors looking to conquer fears and reach their full potential.

Joel knows a thing or two about heights, starting his career as a rocket scientist working for the Pentagon. He visited Raleigh for just one day before deciding it was where he wanted to raise a family and build a life. "This is one of the reasons Raleigh has become such a great destination. You don't have to be from here to feel welcome."

Garrett Poulos



Rush Hour Karting

Adrenaline junkie fun!

Capital City BMX—Feel the excitement build as anxious bicycle motocross racers line up at the starting gate. When it slams down, the anticipation turns to instant energy in motion as the competitors rush along steep backsides, deep turns and downhill sections. Races held each Sunday.

Daniel Dhers Action Sports Complex—Built on the premise that people should simply get out and ride, this friendly, family-oriented facility offers something for everyone from beginners to pros. Daniel encourages the whole family to join in on the fun—whether that's grandparents watching their grandkids take a first run on the course or parents joining their kids for a ride.

Go Ape—Check out the forest canopy with a two- to three-hour experience with suspended obstacles, swings and white-knuckle zip lines. It's an outdoor journey that offers incredible views and adventure, perfect for the family, for couples and for teams.

Fantasy Lake Scuba Park—Designed solely for scuba divers and their guests, Fantasy Lake Scuba Park offers changing facilities, 10 underwater training platforms and depths ranging from 32 to 80 feet. Beneath the surface divers can explore sunken boats and a bus.

Neuse River Canoe Trail—Paddle-craft enthusiasts will enjoy the easy access to the Neuse River with five canoe launches, beginning

at Falls Lake Dam. Each launch has a gravel or dirt drive for year-round access. Open daily from sunrise to sunset.

Rush Hour Karting—The race is always on at Rush Hour Karting! With an all-indoor facility, the action is never rained out. With top speeds nearing 40 mph, the course tests drivers with hairpin curves, winding turns and all-out straightaways.

Triangle Boat Tours—Step aboard a comfortable, 24-foot pontoon boat that offers full shade and get ready to experience the best of Jordan Lake as the captain guides you along miles of unspoiled shoreline.

Triangle Rock Club—From first timers to seasoned pros, all skill levels are welcome for an unforgettable adventure with more than 13,000 square feet of climbing walls, 7,000 square feet of world-class bouldering terrain and more.

Sk8-Cary—The Town of Cary's action sports park is a popular destination for all ages and skill levels on skateboards, inline and quad skates, and non-folding scooters. Bicycle riders are also welcome to use the course.

Wake County Speedway—From its beginnings as a clay motorsports facility in 1962, today the speedway is an asphalt track with races for late models, ministocks, legends, bandoleros, bombers and more.



Museum Park at N.C. Museum of Art

Run, bike and swim

Active people live in and visit Raleigh, and those awaiting inspiration can't escape the diverse offering of professional sports, team competitions, amateur sports and the sheer joy and happy tears of personal bests. Great adventures await.

Biking

Raleigh has pedal power with a bikeable downtown area where paths are alongside skyscrapers and historic buildings. For more miles to explore, check out the Capital Area Greenway System. Here Raleigh provides 104 miles of trails with 28 individual routes. For more information, go to: parks.raleighnc.gov

Disc golf

Far more challenging than just tossing a Frisbee in the park, disc golf requires skill to navigate courses with tight fairways, out-of-bounds areas and water hazards. Get in on the action at Cedar Hills Park Disc Golf Course and Buckhorn Disc Golf Course.

Running

From a morning run to start the day to a challenging race to best your time, the Raleigh area offers plenty of places and events to lace up and run. Area trails provide scenic views, and organized runs are scheduled throughout the year.

Tennis

Singles or doubles? How do you like your tennis? The Raleigh area features a great selection of courts to enjoy a casual match or a high-energy, loser-buys-dinner grand slam.

Swimming

Visitors can swim in the Pullen Aquatic Center pool (Raleigh) for a small fee each visit, or ask about an annual pass. If you're in Cary, check out Triangle Aquatic Center. Open-water swim locations include Falls Lake State Recreation Area, outside Wake Forest, and Jordan Lake, where IRONMAN takes place beyond Apex.

Roger Winstead



Lonnie Poole Golf Course

Golf

Whether you consider yourself a golfing novice or veteran of the greens, the Raleigh area offers a course that's right for you and your golfing buddies. From regulation courses to driving ranges and practice areas, you can choose from 100,000 yards of golf holes as you tackle a hazard-lined fairway or work on your short game.

Ready to tee up? We have all the course information you need to plan your next golf trip. See course listings on page 60 or visit us online under Things to Do on visitRaleigh.com.

Chris Adamczyk



Cricket

No need to take a flight across the pond to enjoy a cricket match. In the Raleigh area you can catch a league game at Shiloh Park in the nearby Town of Morrisville.

Not familiar with cricket? Two teams, typically with 11 members each, face off as the bowler hurls the ball with a straight-arm pitch at the batsman. The batsman's target is the wicket, and the goal is to score runs from one end of the pitch to the other.

It will all make more sense if you first attend the Capital Cricket Classic, held each May at the Halifax Mall in Raleigh.



Keenan Halston

Simple pleasures

JC Raulston Arboretum at North Carolina State University

Fielding Scarborough drew the master plan, but it was educator JC Raulston who nurtured the soil and tended to the early plants.

Described as “ever-changing year-round wonders,” the arboretum features a rooftop terrace, Asian Valley and waves of color known worldwide as the Color Trials (created in the 1960s and predating the arboretum itself), just to name a few. Choose from many more themed gardens. Impeccable design, architecture (a new stainless steel decorative gate in 2016) and statuary complete the package. Bonus? If you are interested in gardening, you are bound to find your fit.

We know children love to be outdoors, and the arboretum gives your family 10 acres of floral beauty to explore at your leisure. With more than 5,000 plants collected from all over the world on display, you will see a bloom any time of year you go, but the arboretum certainly blossoms in the spring.

With a lot of wide-open spaces and trails to roam, kids can be kids and run off that energy, and perhaps even develop an appreciation for Mother Earth’s florals or snap a photo with Sir Walter Snarleigh in the Asian Valley garden.

As one of the largest nationally acclaimed gardens in the Southeast, the arboretum is a top research center for horticulture landscaping. The gardens are a living laboratory, and the plants are collected and evaluated in an effort to find superior plants for use in Southern landscapes.

Education is a top priority for the arboretum, and you’ll always find workshops, demonstrations and lectures on the event calendar as well as special events for children. Be sure to look at the online calendar for upcoming events before visiting.

The arboretum grounds are open every day of the year with free admission except for the first Sunday every May, when the gardens are closed to prepare for Gala in the Garden.

Arboretum highlights

- Home to a very special, one-of-a-kind collection of dwarf loblolly pines, which are said to have originated from seeds discovered in a witch’s broom.
- Notable activities include Recreational Tree Climbing, monthly Plantsmen’s Walks, Southern Lights of Raleigh and Moonlight in the Garden.

More “must-see” parks and gardens

Raleigh Municipal Rose Garden

“Roses are the only flowers that impress people at garden parties; the only flowers that everyone is certain of knowing.” So wrote Katherine Mansfield in “The Garden Party.” Since then, much has been written and recorded of roses, Raleigh’s most notable being the Raleigh Municipal Rose Garden with its fragrant petals, dancing ponds and special occasions.

Rose Garden highlights

- 60 rose beds; best blooms late May through August
- One of Raleigh’s ultimate green spaces
- Occasional special events, such as Sunrise Yoga
- The backyard and outdoor performance stage for Raleigh Little Theatre

Azaleas in kaleidoscope

A few weeks in April bring a kaleidoscope of colors befitting a well-stocked candy store (only we’re talking about inedible flowers)—the WRAL Azalea Gardens.

Azalea Gardens highlights

- New and unusual varieties of azaleas
- 45 kinds, a spectrum of colors and patterns
- Immaculate paths and gorgeous backdrops
- Main entrance: Centennial Parkway

Juniper Level Botanic Garden

The Juniper Level Botanic Garden at the Center for Mindfulness and Nonduality aims to inspire well-being, consciousness and inner peace.

Botanic Garden highlights

- New plants added each year
- Stillness retreats
- “Momenting” by appointment



Keenan Halston

Kelly Shatat



Founder/CEO/
designer, Moon and
Lola

Kelly Shatat's jewelry-making started as a hobby on her couch, but it didn't take long to bloom into a full-scale

business. And not just any business; it's one that's helped put Raleigh, N.C., on the map amongst fashion lovers. Today, her company **Moon and Lola** operates out of a 3,000-square-foot loft in downtown Apex, where her team creates colorful jewelry and accessories with one mission—to make people happy.

To Kelly, a pharmacist by trade, witnessing the way that people reacted to her creations was eye-opening. Realizing that something as simple as a piece of jewelry could make a person's day, Kelly decided it was time to leave the pharmacy world behind and start focusing on bringing more joy into people's lives. It was an idea that took off quickly. Her fun-loving brand has been featured in publications nationwide and is honored to have been on Oprah's Favorite Things list more than once.

With welcoming employees always eager to share the inside scoop on the Raleigh area's must-see sights as well as a DIY Charm Bar that encourages hands-on creativity, each visit promises an interactive experience for style mavens looking for a good time.

New and emerging brands

Keeping up with changing consumer tastes can try even the biggest names in retail. With "Made in the USA" on the minds of many, both the outward and inward forces of ingenuity, creativity and new connections you'll find in Raleigh mean new stars are being born every year.

It happened right here in Raleigh...

For Sarah Yarborough and Victor Lytvinenko of **Raleigh Denim Workshop**, the journey began as a small operation in their living room.

Holly Aiken's signature simple handbags followed her degree from the College of Design at North Carolina State. You can find them at her store, **Stitch**, in downtown Raleigh.



Moon and Lola

Destination shopping

For when shopping is a treat, not a practicality

Variety—it's become one of the best things about shopping in the Raleigh, N.C., area. Household names you know; fresh, new and different merchants you're seeing for the first time; the soulful, energetic makers themselves—the storefront forecast calls for sunny and warm conditions.

Brier Creek Commons—A fine-tuned collection of household names and services; close to RDU and hotels in the Brier Creek area.

Cameron Village—Since 1949, transformed through the years and spanning six city blocks in Midtown Raleigh; look for Made With Love specialty bridal dresses at Coastal Knot and unique items at The Local Squirrel; includes The Fresh Market grocery.

Cary Towne Center—Its Dave & Buster's beckons visitors coming for Cary's world-class athletic events; look for a new Wegmans supermarket nearby.

City Market—Lamp-lit cobblestone streets in the heart of downtown Raleigh.

Crabtree Valley Mall—Traditional enclosed mall with household names in retail, on Glenwood Ave. corridor; look for Madewell, Moon and Lola and much more.

Lafayette Village—Find this French-style village and fun, seasonal events on the north side of

Raleigh; look for Orrman's Cheese Shop and private trunk shows at Lisana Activewear.

North Hills—Standouts include the area's hub of author appreciation, Quail Ridge Books & Music, plus posh men's clothiers such as Peter Millar as well as Flour Power Kids Cooking Studios; sidewalk dining a plus.

Raleigh Flea Market—The hunt, the deals, the offbeat experience; located at the state fairgrounds; convenient to N.C. State and Meredith College.

Triangle Town Center—Bright and shiny indoor and outdoor mall, located on Raleigh's north side at I-540.



North Hills



Ana María Muñoz of Port of Raleigh

Eclectic finds

Great places for buying gifts, home goods or a little something special for yourself

Briggs Hardware—Raleigh’s oldest remaining retail business is stocked with general store merchandise, knick-knacks and hardware. They also provide key cutting as well as locksmith and handyman services.

DECO Raleigh and DECO Home—At DECO Raleigh experience an eclectic, unique and definitely fun gift shop and gallery in the downtown vibe. Just a couple of doors down, DECO Home continues the energy with home goods, accessories and locally made items.

Furbish Studio—Offers a travel-inspired blend of bold colors, groovy patterns and contemporary elegance (even pompoms) for the home; fresh styles in textiles and more from Jamie Meares.

House of Swank Clothing Company—Not the little black cocktail dress and the three-piece-suit type of swank but comfy Southern-themed T-shirts pressed with clever remarks and creative artwork by John Pugh.

NOFO @ the Pig—Focuses on all things Carolina and the South, funky and eclectic home stuff, plus specialty groceries and gift baskets. The Pig tale? This cafe and market lives in what used to be a Piggly Wiggly grocery store.

Port of Raleigh—Your port of call for the trendy crossroads of modern and timeless, simplicity and intrigue with goods from far away and nearby.

Schoolkids Records—Stocks the largest selection of vinyl records in the Raleigh area. The store supports many genres, including alternative rock, indie, bluegrass and metal; many albums are from local musicians.

Stitch—Self-described as uncomplicated, this downtown Raleigh hot spot offers urban totes, messenger bags and diaper bags. Look for the cool wallet highlighting North Carolina.

Sugar Magnolia Café—The intersection of café dining, art and community gathering spot. In other words, the perfect place to satisfy your hunger for great food, local art and the company of good friends.

Zest Café & Home Art—Contemporary home-art boutique combined with contemporary American foods made with healthy in mind.

To see all of the area’s unique shopping finds, go to :: visitRaleigh.com/shopping



John Pugh
Owner, House of Swank Clothing Company



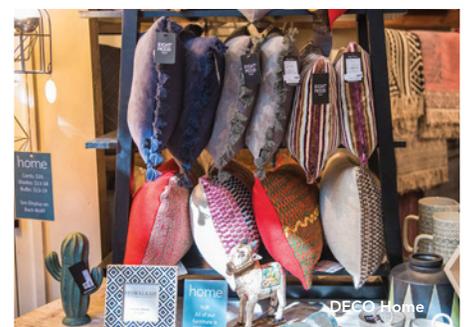
John was playing as Johnny Swank (his Appalachian Trail through-hiker nickname) in local bars and Blues jams. In an effort to offset his bar tab, he decided to make some Johnny Swank Blues merch T-shirts. With the power of the silkscreen, John started to make other shirts that would let him represent his love of North Carolina, music and food.

Quickly John’s designs became an enterprise expanding from his kitchen to all rooms of the apartment. Part-time hobby gave way to full-time passion as **House of Swank** was born and became a regular presence at festivals and other events. Customers love to represent their hometown, home state and the genuine fun that comes with the territory.

Pam Blondin
Owner, DECO Raleigh and DECO Home



The brainchild of Pam Blondin, **DECO Raleigh** boasts a sharply curated collection from more than 80 local artisans and makers, as well as eclectic finds from around the world. From helping artists to grow their brands and supporting local charities to commissioning Raleigh’s first sidewalk mural and building the city’s first parklet, Pam and her team stay active. So active, in fact, that Pam expanded to a second concept, **DECO Home**, a few doors down from her flagship.





Jack Smith Park

Let your senses guide you to and around Cary, North Carolina—home of renowned restaurants, plentiful shopping, booming business, quality entertainment, acres of parkland, miles of greenways and an unforgettable cultural experience.

Welcome to Cary!

It's no wonder that "Money" magazine has frequently ranked Cary one of the Best Places to Live. In fact, Cary consistently makes the honor roll among the nation's top cities, being recognized as one of the Safest Places to Live in America, Best Places to Retire and Best Places to Raise a Family in the United States.

Cary, home of the **USA Baseball National Training Complex** and summer home of the **North Carolina Symphony**, is located in western Wake County, at the heart of N.C.'s renowned **Research Triangle Region**. With its small-town atmosphere and proximity to Raleigh, the Research Triangle Park and RDU International Airport, Cary provides a variety of enjoyable and economical recreational, sports, environmental, historical and cultural arts programs and services.

Indulge yourself in the enticing, natural beauty waiting on one of our 39 greenway trails, open sunrise to sunset and providing 82 miles for walking, jogging and bicycling in a suburban, natural setting.

Or, head over to one of Cary's 31 parks including **Cary Tennis Park** (a U.S. Tennis Association outstanding facility), **Sk8-Cary**, **WakeMed Soccer Park** (home of the North Carolina Football Club), **USA Baseball National Training Complex** and **Koka Booth Amphitheatre**.

Fred G. Bond Metro Park, one of Cary's largest and most popular parks, is the hub of our greenway system, home to a 42-acre lake with fishing, kayaking, canoeing and sailboats sure to please any type of outdoor appetite.

Also, the **Stevens Nature Center at Hemlock Bluffs Nature Preserve** includes exhibits designed to help explain the uniqueness and natural history of the area and nature programs for visitors of all ages throughout the year. The newest addition, the **Downtown Park**, located in downtown Cary, will open in the summer of 2017 and features a large fountain, an outdoor performance space, open lawn areas and an activity space that has a bocce lawn and a ping-pong table for open play.



Alyson Boyle Rode

Lazy Daze Arts & Crafts Festival



Town VOICES

Paul Seiler

CEO/executive director, USA Baseball



"When we put national teams together, you have individuals who come from all across the nation, and they are together a very short period of time. They

put on that USA Baseball uniform and go out and compete for that gold medal. The amount of time any given team has to come together and compete and be successful is really unique. For that group of individuals to be successful in a very short period of time is a difficult challenge... we're all teammates and the experience bonds you in a way that's unique. Our flagship sports facilities draw people nationwide and internationally."

Season's best

Every spring, avid runners look forward to testing their endurance at the Cary Road Race. Treasure seekers may enjoy browsing the exquisite goods created by North Carolina's most talented artists at the annual Spring Daze Arts and Crafts Festival. Astonishing concerts can be enjoyed at our two outdoor amphitheatres: Koka Booth and Sertoma, which is located inside Bond Park.

In August, we present the Lazy Daze Arts and Crafts Festival, one of the highest-ranked one-day festivals in the country. Fall is perfect for the Diwali Indian Festival of Lights. During the winter, Cary celebrates the holidays in grand style with the "Heart of the Holidays Celebration." Kwanzaa brings a communal, cultural experience that honors African Americans and their heritage.

The Cary Arts Center is the downtown hub of arts activity for Cary. It is home to a variety of visual and performing arts classes for people of all ages, the Marvelous Music Series and Applause! Youth Theatre. The center provides performance, program and educational space for many community cultural organizations. The Open Studio Program allows public access to well-equipped metals/glass and clay studios.

To top it off, the Town of Cary is a Gold Medal Community—the 2016 recipient of the National Gold Medal Award for Excellence in Park and Recreation Management. Because the citizens continue to invest in their community with their time, with their dollars and with their commitment to a higher quality of life, they have made Cary a Gold Medal Community. That's a distinction worth celebrating!

:: www.townofcary.org/gold

Eight premier Cary attractions

Cary Arts Center—Anchoring Cary's reviving downtown, the Cary Arts Center features a theatre, classrooms, studios and rehearsal and performance space to host a range of visual and performing arts. The center continues Cary's tradition of providing opportunities for learning excellence and creativity.

Cary Tennis Park—With 29 courts and four QuickStart Courts, Cary Tennis Park is one of the largest facilities in the Southeast. Scenic bridges, beautiful landscaping and convenient amenities, including locker rooms, a practice wall and a pro shop, make the Cary Tennis Park a popular hot spot for sports enthusiasts! Seven new covered courts will be available for year-round play starting in summer 2017.



USA Baseball National Training Complex

Koka Booth Amphitheatre—Koka Booth Amphitheatre is one of the most distinctive performing arts venues in the Southeast; proud to be the summer home of the North Carolina Symphony and a variety of national performing acts throughout the season.

The Cary Theater—Built in 1946 and restored in 2014, The Cary Theater offers the comforts of a modern theater inside its charming old brick walls. The 183-seat theater's intimate setting provides everyone the best seat in the house for films, live music performances, theater productions and comedy acts.

Town of Cary greenways—The Town of Cary maintains a greenway system of 82 miles that links to neighborhoods, parks and schools. Greenways provide an amenity for walking, jogging and bicycling in a natural setting remote from traffic. Greenways are perfect for that relaxing evening stroll.

Stevens Nature Center at Hemlock Bluffs Nature Preserve—Hemlock Bluffs is a 158-acre nature preserve in southern Cary with woodland walking trails and overlooks for nature study and quiet reflection. Stevens Nature Center conducts year-round environmental education programming at the site.

USA Baseball National Training Complex (NTC)—The complex is home to USA Baseball and features four Major League Baseball fields, including an 1,800-seat stadium. NTC is also host to local, regional and national tournament play.

WakeMed Soccer Park—This 150-acre sports complex boasts a 10,000-seat stadium with six luxury suites, eight total playing fields and a nationally recognized cross country course, all nestled among Carolina pines. The soccer park is home to the American professional soccer team, the North Carolina Football Club. The Triangle's new women's professional soccer team, the North Carolina Courage, begin their league play in the spring of 2017.

For more information, including bike and hike maps, event listings and program schedules, visit www.townofcary.org, call 919.469.4061 or stop by Cary Town Hall at 316 N. Academy St., Cary.



Town VOICES

Doug McRaine

Director, Town of Cary Parks, Recreation & Cultural Resources



"The Town of Cary is a place like no other. Visitors will see that our growing and diverse community coupled with the incredible investment in recreation and cultural opportunities has resulted in an extraordinary quality of life."



Downtown Fuquay-Varina

Fuquay-Varina offers a dash more to those seeking an adventure.

Welcome to Fuquay-Varina!

Originally, visitors from near and far traveled to the quaint town that is today called Fuquay-Varina seeking the healing powers of the **Fuquay Mineral Spring**.

Today, Fuquay-Varina remains an ideal destination for visitors looking for a day-trip adventure or weekend getaway. The town, located just 15 minutes south of Raleigh, has flourished into a vibrant, family-friendly community. Its population has doubled in the past 10 years to over 25,000 citizens, making it one of the fastest-growing towns in the state of North Carolina!

With two beautiful downtown districts, an abundance of charm, a rich history and plenty to see and do, Fuquay-Varina offers a dash more to those seeking an adventure. Award-winning breweries, a thriving art scene, authentic festivals, entertaining outdoor concerts,

exceptional shopping and dining that is more fun than formal—you'll find it in Fuquay-Varina!

Come for a day or stay for a lifetime. It's evident from our phenomenal growth rate that many visit our inviting town and decide to put down roots. Visit Fuquay-Varina to see how we offer a dash more of what you are looking for.

One of the fastest-growing towns in N.C....

For more information about Fuquay-Varina, please visit any of these town websites:

www.fuquay-varina.org/visitfv

www.fuquay-varina.org/economicdevelopment

www.fuquay-varina.com

Fuquay-Varina NC mobile apps are available for iOS and Google.

Explore downtown Fuquay

Grab coffee and baked goods at **Stick Boy Bread** and make your way to **The Shoppes on Main** to browse more than 30 unique stores under one roof. Get your antique fix at **Bostic & Wilson** or **KnB's Marketplace** and visit **Ashworth's Clothing**, offering the finest in men's apparel.

If you love chocolate, you'll love **Chocolate Fix**, featuring more than 60 varieties of delicious, hand-crafted candy. Enjoy fresh seafood in an upscale atmosphere at **Rock Harbor Grill**, Italian favorites at **Anna's Pizzeria** or Southern hospitality at **The Mason Jar Tavern**. **Joyce and Family Restaurant** can't be beaten for good old-fashioned country cooking.

Drink the "healing waters" from the **Fuquay Mineral Spring**, for which the town gets the first part of its name. The **Fuquay Mineral Spring Inn**, located directly across from **Fuquay Mineral Spring Park**, boasts lavish accommodations and breathtaking gardens.

Explore downtown Varina

Try **CupCakeBite** or **Sweet Creations** for tasty treats. Sample or buy craft beers from around the world at the bar in the **Aviator Beer Shop** or enjoy BBQ at the **Aviator SmokeHouse**. **Nil's Café** offers fabulous Mediterranean food in a charming location. Find fresh, locally sourced food at **Hook & Cleaver Market**, a fresh meat and seafood market that also features sandwiches and salads.

Once you're full, find fashion and more at the **Glittery Frog Boutique** or **Something You** and an ever-changing selection of vintage and reclaimed furniture pieces and accessories at **SUR Furniture**.

Here's to more beer!

Fuquay-Varina boasts four craft breweries! Visit **Aviator**, **The Mason Jar Lager Company**, **Fainting Goat** and **Lincoln** breweries for great microbrews, live music, tours and special events. You'll find a favorite beer in Fuquay-Varina!

The Mill, with a rustic industrial feel, features more than 20 craft beers from across N.C. and a boutique wine selection.

Visit Fuquay-Varina to quench your appetite for something new!

What to look forward to

Balloon Fest—Fuquay-Varina is home to WRAL Freedom Balloon Fest, one of the nation's premier hot air balloon festivals. Held on Memorial Day weekend, this four-day event features balloon launches, live entertainment and lots of family fun activities.

Social gatherings—Annual events include the Celebrate Fuquay-Varina Festival, BBQ, Blues & Brews, Savor Fuquay-Varina and Run the Quay, a trio of road races. The Follow Me 2 Fuquay-Varina concert series, held monthly in both the spring and fall, features live music and the best of local craft brews.

Making a splash—Make a splash from Memorial to Labor Day at the town's Splash Pad, where cool fun awaits kids of all ages.

The Arts Scene—Explore the arts at the second Friday Art Walk, tour the Bengals on Parade or experience the thrill of the award-winning En Plein Air Paint-Off, a two-day art competition ending with an auction of original works. See past winners' masterpieces displayed on buildings throughout historic downtown. Visit **Ashley's Art Gallery**, showcasing a wide variety of artists and regular events.



Town VOICES

Mark Doble,
CEO/brew boss,
Aviator Brewing
Company, Gold Leaf
Distilling Company



"I would like to say I had a well-thought-out master plan for the creation of **Aviator Brewing Company**, but that wouldn't be true! Craft beer led to the need for good food, and **Aviator SmokeHouse** was born. From there we grew to add the **Aviator Beer Shop**, where we sell not only our beers but brews from around the globe. We are now crafting distilled spirits as **Gold Leaf Distilling**. The town of Fuquay-Varina has been incredibly supportive along the way. I am thrilled to be here and be a part of the growth our town is having. We are all growing together."

Take a tour of Aviator Brewing Company

Aviator Brewing Company started brewing beer in an airplane hangar at Triple W Airport in Fuquay-Varina, N.C., in 2008. The brewery moved in 2010 to a larger, 23,000-square-foot building in Fuquay-Varina and added a hangar to the new building to create a bar. You'll notice many model airplanes and pictures of airplanes throughout the brewery.

While you're visiting the brewery for a fresh growler-to-go, make sure you take a tour. Aviator Brewing Company will be featuring a new pale ale created with local N.C. grain.

Brewery tours are on Thurs. and Fri. at 6:30pm, and on Sat., 4-6:30pm (the last tour starts at 6:30pm). After your brewery tour, make sure to try a few of Aviator Brewing Company's brews. There are many options, like the Devil's Tramping Ground Tripel, HogWild IPA, BlackMamba Oatmeal Stout and more!

—Kristen Baughman





White Deer Park

Welcome to Garner!

If you really want to see what gives the Research Triangle Region its special appeal, venture just 10 minutes from downtown Raleigh and check out Garner—an All-America City that boasts great amenities and a hometown authenticity unrivaled in the region.

Garner enjoys a stellar reputation as a performing arts hub. Whether it's the award-winning and highly acclaimed Broadway Voices series, the It's Showtime! series or the latest production by the **Towne Players of Garner**, there's something for everyone at **Garner Performing Arts Center** (742 W. Garner Rd.; garnerperformingartscenter.com; 919.661.4602).

If you're in town on July 3, don't miss the **Independence Day Celebration at Lake Benson Park**. The event features fireworks, food, kids' activities and a free concert by the **North Carolina Symphony**.

The town's **Parks, Recreation and Cultural Resources Department** (garnernc.gov) sponsors other special events throughout the year, and the **Garner Revitalization Association** (downtowngarner.com) holds spring and fall

food truck rodeos and other events in historic downtown Garner.

Garner values its open space like few other communities. **White Deer Park** (2400 Aversboro Rd.) and neighboring **Lake Benson Park** (921 Buffalo Rd.) comprise 160 acres of open space and several miles of paved and unpaved trails.

Memorable attractions

White Deer Park's LEED Gold-certified **Nature Center** (919.661.6982) offers educational programming year-round and has a classroom and outdoor learning deck available for rental. The **Garner Veterans Memorial** (garnerveteransmemorial.org) in Lake Benson Park, meanwhile, provides a place for quiet contemplation and a chance to learn more about the nation's history of conflicts and the sacrifices made by our veterans.



Town VOICES

LeGrant Taylor

Local artist

"Garner is opening new doors of opportunity to North Carolina's art scene. This is exposure for a lot of people in communities who traditionally have not had the opportunity or venues for the arts in their own communities. Town officials and citizens demonstrate their support at all stages, from the planning of events to attendance and involvement in the events and functions."



Visitors can enjoy boating and fishing on weekends spring through fall on the 364-acre **Lake Benson**. A town-operated boathouse (975 Buffaloe Rd.; 919.662.5703) rents canoes, kayaks and jon boats (with or without motors) at affordable hourly and daily rates. The lake is known as a great bass-fishing spot.

Outdoors enthusiasts will also be happy to know that Garner boasts North Carolina's only **Cabela's**, located in **White Oak Crossing** (on U.S. 70 off of Interstate 40). The outdoors megastore is a destination that draws shoppers from throughout the region.

If you're feeling the need for speed, **Rush Hour Karting** (5335 Raynor Rd.; 919.662.9101) offers an intense indoor racing experience that will get your adrenaline flowing.

Enjoy a brew

Garner has a growing number of cool places to hang out and enjoy one of your favorite brewed beverages. **Lorraine's Coffee House** (101 Timber Pointe Ln.; lorrainescoffeehouse.com; 919.714.7990) sells sandwiches and desserts to go with their many caffeinated creations and features live bluegrass on many evenings.

Full Bloom Coffee (141 E. Main St.; fullbloomcoffee.com) offers sandwiches and treats to go with its signature brews that are made with locally roasted, small-batch beans.

And you're always assured of a hoppy time at **Brice's Brewing Company** (1822 Garner Station Blvd.; bricesbrewing.com; 919.585.3546), which features an array of tasty brews.

An All-America City

Restaurants abound in Garner with hometown favorites such as **Carolina Barbecue** (733 U.S. 70), **Angie's Restaurant** (1340 W. Garner Rd.), **Aversboro Restaurant & Sports Bar** (1411 Aversboro Rd.) and **Aversboro Coffee** (1401 Aversboro Rd.). Check out **Taqueria El Toro** (3601 Junction Blvd.) for some of the best tacos and other authentic Mexican cuisine in the Triangle. You can also head over to **White Oak Crossing** for a wide range of dining options.

Garner is the perfect place to experience what makes the Research Triangle Region one of the best places in the country. Come see why Garner is an All-America City.



Garner Performing Arts Center

Don't miss these

White Deer and Lake Benson Parks—White Deer Park (2400 Aversboro Rd.; garnernc.gov) is a 96-acre nature preserve with picnic shelters, playgrounds and award-winning Nature Center. The LEED Gold-certified center (919.661.6982) offers educational programming year-round and has a classroom and learning deck available for rental. Across the street is Lake Benson Park (921 Buffaloe Rd.), 64 acres of open space that is the site for Garner's Independence Day Celebration, the Garner Veterans Memorial and Lake Benson Dog Park. The parks are connected by several miles of trails.

Garner Performing Arts Center—This 471-seat venue (742 W. Garner Rd.; garnerperformingartscenter.com) hosts shows throughout the year, including the acclaimed Broadway Voices series.

Garner Veterans Memorial—Located near the entrance of Lake Benson Park (921 Buffaloe Rd.; garnerveteransmemorial.org), the memorial honors Garner-area veterans who died serving and includes educational and artistic elements, including striking red-clay earthcasts created by world-renowned artist Thomas Sayre. Veterans from all branches of service are recognized on the memorial's Walkway of Honor. The memorial serves as backdrop for the town's annual Memorial Day observance.



Downtown Garner



Garner Veterans Memorial



Holly Springs Salamanders

Welcome to Holly Springs!

Holly Springs embraces growth and all the conveniences and opportunities that come with it, while striving to maintain the hometown feel that our community enjoys. Nestled among Apex, Cary and Fuquay-Varina, Holly Springs is located a short 30-minute drive from downtown Raleigh.

The rapidly growing Town of Holly Springs has increased in population from 1,000 in 1990 to over 34,000 currently. Mayor Dick Sears and the Town Council's goal is to make sure that Holly Springs stays a small, big town instead of a big, small town. Come discover all that Holly Springs has to offer.

Relax, unwind and have fun at **Bass Lake Park**, the second-best wedding venue in N.C. and home to many species of native plants and animals. Anglers will find plenty of bass, bream, catfish and crappie while fishing from the banks and pier of the 54-acre lake. Park visitors can rent boats daily, Memorial Day through Labor Day, and on weekends in the spring and fall. Enjoy a hike along the mulched trail and access the open space featured at **Jefferson L. Sugg Farm** (a part of Bass Lake Park), which is the primary location for events in Holly Springs.

Located in the heart of Holly Springs, the **Cultural Center** is southwestern Wake County's home for theater, dance, music, comedy and

more. Enjoy national touring artists, as well as local and regional performers on the stage of the state-of-the-art theater, or spread a blanket on the lawn and enjoy the "Summer at the Springs" concert series. The \$5 million complex also includes the **Holly Springs Community Library**, a branch of the Wake County library system.

Visit the **W. E. Hunt Recreation Center** and enjoy the elevated indoor walking track while the kids play a game of ping-pong. If you are looking for a more challenging workout, the fitness center offers daily, monthly and annual memberships.

Within walking distance is **Parrish Womble Park**. Join a pickup game of soccer or ultimate Frisbee during open play, hit a few balls at one of our baseball/softball fields or enjoy a picnic with your family near the playground. Other amenities include an outdoor stage, tennis/pickleball courts, sand volleyball courts, horseshoe pits and asphalt greenway with connectivity to downtown and Bass Lake Park.



Town VOICES

Tommy Atkinson

General manager,
Holly Springs
Salamanders



For Tommy Atkinson, a man whose career includes baseball player, coach and scout, being tapped as general manager for the team in his hometown, the **Holly Springs Salamanders**, fulfills a dream. "Baseball is the sport I love," he says, "and the town is a great small town in which to raise a family, with lots of local restaurants, businesses and shops."

In its first season in 2015, the town drew capacity crowds to its pristine, 1,600-seat stadium. And the results were worthy of a victory dance, including league-leading players and a playoff berth. Season two was equally successful, and the third season should be even better.

"We have exciting, quality baseball and a great atmosphere," Atkinson says. "The music's going; we've got a mascot who interacts with the fans; and we bring kids down on the field for base-running and dance-offs between innings. There are picnic tables, free parking and great food." What more could any baseball fan want!

About Veterans Park

At **Veterans Park**, pay your respects to the men and women who served in the military. The War on Terror Memorial was constructed solely through donations from businesses and individual contributors as part of an Eagle Scout project. The monument features a piece of the World Trade Center and honors all civilian and military fallen heroes who died while serving in the War on Terror and in the attack on 9/11, including U.S. Marine Corps Major Sam Griffith, older brother of Eagle Scout David Griffith.

The property boasts a 4.3-acre pond, picnic shelter, playground and fitness stations adjacent to a half-mile paved trail extending around the pond and connecting to **Jones Park**, a 24-acre tract that includes an 18-hole disc golf course, playgrounds, picnic area and a baseball/softball field.

North Main Athletic Complex

The flagship facility and newest attraction in Holly Springs is the **North Main Athletic Complex (NMAC)**. It features a Tennis Complex, Soccer Center and All Sports Stadium. "Tennis Industry Magazine" named NMAC the Public Park of the Year. NMAC offers eight regulation-size courts with blended lines to accommodate both adult and U12 tennis, as well as four U10 courts. The Soccer Center boasts lighted synthetic turf fields capable of accommodating soccer, lacrosse, football, ultimate Frisbee and other outdoor activities. The Soccer Center serves as the home base for **Wake Futbol Club**.

The All Sports Stadium is home to the **Holly Springs Salamanders**, a summer collegiate franchise of the Coastal Plain League. The Town Council recently approved a contract for the naming rights of the facility to Ting, Inc., so you may see a new name soon!



Festivals and events

Spring Fling and Community Yard Sale, Sugg Farm at Bass Lake Park—Come the weekend before Easter to celebrate spring. Enjoy games, inflatables, music and much more. Bring baskets and running shoes for the children's egg hunt.

TurtleFest at Bass Lake Park—This free event is held the second Saturday in May. Join us for a day of celebrating and learning all about turtles. Event highlights include interactive exhibits, crafts, games and live animal exhibits.

July 5th Celebration, Sugg Farm at Bass Lake Park—Join us the day after the 4th to celebrate America's birthday. Festivities include face painting, fireworks, food vendors, inflatables, rides, kid crafts and live music! The fireworks display is scheduled to begin at 9:15pm, weather permitting.

Dog Day in the Park, Sugg Farm at Bass Lake Park—Bring your friendly, leashed dog for this fun family event the third Saturday of September. The event features local pet care businesses, adoptable dogs, clinics, fun demonstrations, music and dog contests.

Bass Lake Day at Bass Lake Park—This annual festival, held the first Saturday in October, celebrates nature and fosters environmental education. Enjoy live music, interactive exhibits, crafts, games and live animal exhibits.

HollyFest, Sugg Farm at Bass Lake Park—Enjoy live entertainment and get a jump-start on your Christmas list at our annual fall festival. This event features games, inflatables, rides for all ages and food for every taste. Bring the family the last Saturday in October.





Nathan Poissant and Ken Michalski

Owners, Southern Peak Brewery

"We're bringing craft beer to the downtown Apex area, a focal point in the community where neighbors, friends and colleagues can gather and socialize over a cold pint. Around the turn of the century and prior to Prohibition, almost every town and community had their own local brewery and tavern. We want to capture that bit of history with our neighborhood brewery and celebrate what craft beer truly is, innovative and fun."



Kyle and Megan Denis

Owners, Apex Outfitter & Board Co.

"The sense of community found in Apex is truly unique. It is our great privilege to be a part of fostering that environment through our business, **Apex Outfitter & Board Co.**, located in historic downtown Apex. The town offers so much to its locals and visitors alike. Whether we are walking to get dinner at one of the beautiful downtown restaurants or stopping by the state-of-the-art skate plaza, we are constantly reminded of why we relocated here to start our family. We wouldn't live anywhere else!"



Shannon Flaherty
Executive director, Apex Chamber of Commerce

"Serving the business community in our town is truly a privilege, and I look forward to coming to work every day and trying to make a difference. Serving as the town's visitor center, it's such a great feeling to welcome visitors and potential residents to our beautiful town. Apex has many great things to offer...just visit the Peak of Good Living and see for yourself!"



Latino Arts Festival

Welcome to Apex!

Fondly known as the "Peak of Good Living," the Town of Apex offers a wide range of attractions that draws visitors from miles around.

History buffs will appreciate the town's central business district, with multiple structures listed on the coveted National Register of Historic Places. Just step inside the **Halle Cultural Arts Center** and learn about the building's history, dating back to 1912. The Halle is now a modern center for exhibitions, musicals, dances, plays, receptions, meetings, fund-raisers and other celebrations.

The smells on Salem St. around meal time will surely lure you into one of the restaurants that are quickly turning Apex into a great food scene. From high-end to laid-back, outdoor tables spread along downtown eateries provide the perfect setting for a pub-style burger, slice of gourmet pizza, perfectly grilled steak or a craft brewed beer.

There's a festival (or two) for every season in downtown Apex, including the signature PeakFest and newer additions like the Latino Arts Festival. While you celebrate, stop into the growing number of clothing, jewelry and

specialty shops and find something one-of-a-kind waiting for you in the boutiques of downtown Apex.

New to Apex is the incredibly popular **Rodgers Family Skate Plaza at Trackside**. The 13,000-square-foot, four-tiered skate plaza mimics street skating conditions and also includes competition skateboarding elements. The skate plaza is part of over 550 acres of parkland maintained by the town, which also feature a two-mile scenic trail around **Lake Pine**, a unique community-built KidsTowne Playground at **Kelly Road Park** and a disc golf course at the **Apex Nature Park**.

Apex is also a great place to experience live music! The **Apex Nature Park** now features an outdoor amphitheater that hosts a series of concerts during spring and summer months, the **Apex Music Festival** is held annually in September and local musicians play downtown restaurants year-round.

Top **5** things to do... in these neighboring towns

KNIGHTDALE

- 1 Knightdale's centrally-located park, **Knightdale Station Park**, includes a beautiful playground, more than two miles of paved walking trails, athletic fields and an amphitheater.
- 2 Pick your own strawberries and enjoy other goodies at **Pope's Strawberry Farm**. Take some juicy strawberries home!
- 3 Spend the day at **Knightdale Environmental Education Park**, certified as a Backyard Habitat by the National Wildlife Federation. Throw a football with friends or have a romantic walk with your significant other.
- 4 Visit an historic business with a timeless craft, **The Gallery Located at Stained Glass Associates, Inc.** The team creates one-of-a-kind stained glass for churches and high-end residential projects... a "can't miss" for arts enthusiasts.
- 5 For those who plan to take their pup along with them for a getaway, your buddy will love **The Ashley Wilder Dog Park** (located at Knightdale Station Park), with plenty of free space to run and rocks to climb.

WAKE FOREST

- 1 Get your adrenaline pumping at **The Factory Skateboard Park**, with a skate around an ice rink, a drop into the half-pipe at the skate park, a goal at the indoor soccer club, a hole-in-one with miniature golf and a high-speed race with go-carts. Let the kids jump on an inflatable playground, a popular spot at the park!
- 2 Spend a nice day at **Falls Lake State Recreation Area** for boating, camping, cycling, hiking, fishing and more (or just sit, relax and gaze upon the calm lake).
- 3 Shop at **The Cotton Company** or the **N.C. Specialty Shops**, where you can make your own gift basket of Tarheel souvenirs.
- 4 "Big time beer. Small town soul." Located in historic downtown Wake Forest, **White Street Brewing Company** offers handcrafted ales and lagers. Visit the taproom, where you can see the entire brewing operation and taste the brewed-on-site beers.
- 5 Visit the **Wake Forest Historical Museum** and the campus of **Southeastern Baptist Theological Seminary**, which was once the Wake Forest College campus before the school moved to Winston-Salem in the 1950s.

MORRISVILLE

- 1 Up for the challenge? Take your getaway to new heights at **Triangle Rock Club**, featuring multiple types of indoor climbing including bouldering. This massive gym, with a 55-foot climb, a lead-climbing cave, bouldering and much more, is the biggest and tallest gym in five states, and one of the largest in the Southeast.
- 2 Visit the **Orchid Trail Greenhouses**, where the team not only grows and sells orchids but also offers classes. Surprise your significant other with a visit to this attraction during your stay.
- 3 Take the whole family to the **RDU Observation Park** that provides sweeping views of the RDU International Airport runways and Air Traffic Control Tower.
- 4 If you have interest in Civil War history, discover the Skirmish at Morrisville through artifacts at the **Morrisville History Center**.
- 5 Catch a game from the only cricket league in the area at **Shiloh Park**.

WENDELL

- 1 Stroll through Main St. and historic downtown Wendell, placed on the National Register of Historic Places, with homes and buildings displaying charming architecture. In downtown Wendell an array of local retailers, shops and eateries make for a great day out (plus, free Wi-Fi provided by the town makes it easy to explore).
- 2 Curious as to how spirits are made? You can tour **Oaklee Distilling Co.**, and they'll educate you on their in-house process (currently only open for special events and private parties). Housed in a beautifully-renovated building originally built in 1929, Oaklee mills, distills and bottles right in Wendell.
- 3 Spend some time on the golf course at **Wendell Country Club**, an 18-hole course that's open to the public and includes a fully-stocked pro shop, plus Divots Grill, open for breakfast and lunch seven days a week.
- 4 Enjoy an afternoon (or an entire day) at **Wendell Park**. Get in a round of disc golf, allow the kids to explore the playground, let the four-legged friends frolic in the dog park, try your hand in a game of tennis, set up a picnic for the whole family plus a whole lot more.
- 5 Step back in time and enjoy a leisurely day of canoeing, kayaking or fishing at **Robertson Millpond Preserve**. Soak in the sites of the historic mill dam and the bald cypress habitats.

ROLESVILLE

- 1 Dive in and explore **Fantasy Lake Scuba Park**, an astounding 50-acre, one-billion-gallon stone quarry, which in recent years has become a scuba-diving mecca.
- 2 Enjoy the beauty of nature at **Main Street Park** in the middle of downtown Rolesville or take a hike at **Mill Bridge Nature Park**.
- 3 Eat at family-owned-and-operated restaurants like **Rosalini's Pizza & Subs**.
- 4 If you have a love for hand-crafted furniture and home décor, stop by **Rolesville Furniture**, which has a reputation as one of the best furniture dealers in the area.
- 5 Uncover treasures at the **Old Town Market Shops**.



Ted Richardson

Carolina Mudcats

ZEBULON

- 1 Root for the home team (or your favorite hometown team when they play) and catch a classic baseball game with the Single-A **Carolina Mudcats** throughout the spring and summer at Five County Stadium.
- 2 Try your hand at 18-hole disc golf at the **Zebulon Community Park's** disc golf course, one of the top courses in the state...a 57-par, 6,439-ft. and moderately hilly and woody course. (Discs not provided at park.)
- 3 Shop downtown at **Whitley Furniture Galleries**, a furniture store that draws loyal customers from all over the state, or browse the selection at Debnam Hardware with a great old-time atmosphere.
- 4 Tour the **Zebulon Town Hall**, a beautiful, 100-year-old building hosting the work of local artists.
- 5 Head to **Stone Ridge Farm Market** for some of the freshest N.C.-grown fruits and vegetables or for a local farm tour.



What's new in where to stay

Look no further for thoughtful design, lifestyle perks and surprises in technology and service.

From a personal-to-business perspective, Raleigh, N.C., offers 150 hotels, from the Five-Star Umstead Hotel and Spa to moderate and even economical options to extended-stay hotels. In a word? Accommodating.

Boutique hotels—From historic feel transformed to brand-new construction, these accommodations aim to enrich the hotel experience with more tech, urban or local lifestyle, even coffeehouse-like spaces. Relaxing and fun outdoor areas add charm, but these hotels aim to please for functionality for business, too. Look for a showcase of sorts at The StateView Hotel, The Mayton Inn, AC Hotel and two recently opened Alofts.

Health and wellness rituals—Hoteliers realize their visitors are thinking healthy. Residence Inn and Under Armour Connected Fitness have partnered to create mapped runs. Look for good breakfasts too, such as the made-to-order service at the upgraded Embassy Suites Hotel Raleigh/

Crabtree, where you'll also find a new and expanded state-of-the-art fitness center and a new pool relaxation space.

Rooms offering more—When you need the added functionality of an apartment-type stay to keep your routine, extended-stays Residence Inn and Candlewood Suites add options and are expanding locations, whether you are here for a three- to five-day family reunion or a 30-day work stay. Ask about grocery service.

Welcome retreat—The Umstead Hotel and Spa in Cary is retreat-like. Spa-level and lake-view suites are large and luxurious, but the largest are the Presidential at 1,725 square feet and the Governor a close second at 1,080. The three-acre lake on the property adds to the serenity, while proximity to RDU and downtown Raleigh afford conveniences of a more urban property. Did you know? The Umstead Hotel and Spa features original art from the personal collection of Ann Goodnight, wife of the hotel's owner, billionaire and philanthropist James Goodnight. Umstead's

Art Tour features a wide range of pottery and other works by artists from N.C. and around the country, plus a gift shop.

Emerging hotels

The Mayton Inn—The biggest tourism development in downtown Cary, this new, high-end inn connects the individualism of the bed-and-breakfast with the amenities of a standard hotel, an amazing verandah, and all within walking distance of Cary's charming downtown and the circa-1940s, renovated Cary Theater.

AC Hotel Raleigh North Hills—Urban-spirited, polished and complementing the local environs with perks like bowling and cooking classes literally steps away, plus an amazing rooftop bar and social space; this Spanish-influence "lifestyle" hotel targets the business traveler looking for high design and advanced technology in Raleigh's Midtown.

The StateView Hotel at N.C. State—Branded the Marriott Autograph Collection, a boutique hotel with distinguished and thoughtful design details in art and decor, collaborative hubs and outdoor event terraces, plus more than 22,000 square feet of high-tech meeting and function space.

Your room is ready

From downtown delights to airport convenience, Raleigh welcomes you with open arms and an array of lodging options throughout the area.

Midtown Raleigh—Head for North Hills, where you can park your car and have an easy walk to upscale shopping and a variety of restaurants.



Paul and Deanna Crossman
Proprietors,
The Mayton Inn



News & Observer

"Cary has such a developed residential component, and focus had really turned to revitalizing downtown. We were eager to help stimulate development downtown and bring a spark of excitement for things to come. Watching downtown mature with density and great new shops and restaurants is awesome (watching the vision become reality)! The Town Square is being transformed as a great central meeting spot."

In Midtown Park you'll find concerts, movies, theatre and fun events. Our Midtown area also puts you a short drive from the shopping and dining action in and around Crabtree Valley Mall, well, because it's good to have a little retail therapy during your stay.

North Raleigh—After a day on the road, you want easy access so you can quickly get to all that unwinding and relaxing. Here you'll be minutes from I-440 and I-540. Your shopping needs and wishes are quickly met at the Triangle Town Center and Lafayette Village. And for a unique dining experience, try one of this area's great restaurants, like Saint Jacques, highly regarded for its French cuisine.

Airport District—Aptly named for its close proximity to RDU, here you'll find a good selection of new hotels, familiar brand names. Most offer helpful shuttles from the airport. And you won't be cut off from things to see and do with shopping in Brier Creek, lots of dining options and a movie theater.

Downtown Raleigh—The lights are bright and so are the smiles from guests enjoying the easy access to the Raleigh Convention Center, the nightlife in Glenwood South, the festivals and events in City Plaza and all the music, museums, restaurants, art and theatre that make our downtown so vibrant and welcoming.

West Raleigh—If your visit includes N.C. State University or Meredith College, it makes sense to stay at one of the seven plus hotels in West Raleigh. Hillsborough St., the main college drag connecting these two schools, is readily walkable and endlessly varied in the too-cool-for-school businesses that line its streetscape. PNC Arena's 150+ annual events are also within easy reach.

Cary—When your must-have list includes charming and renowned quality of life, you'll want to spend your nights (and days) surrounded by this town, its greenways and family-friendly dining. The Cary area is ideal for visits to the Koka Booth Amphitheatre, WakeMed Soccer Park, USA Baseball and The Cary Theater.

To see a complete list of the area's accommodations, go to
:: visitRaleigh.com/hotels

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Rates are per room, per night, based on availability, not available for groups of 10 or more rooms. ©2017

Art inspires life. Find your inspiration here.

ADMISSION IS FREE TO THE MUSEUM AND MUSEUM PARK



NCMA

North Carolina Museum of Art

2110 Blue Ridge Road, Raleigh
ncartmuseum.org (919) 715-5923

Attractions



Raleigh Little Theatre

African-American Heritage

African American Cultural Center

2810 Cates Ave., Witherspoon Student Center, North Carolina State University, Raleigh 27695; 919.515.5210; oied.ncsu.edu/aacc
Promoting awareness of and appreciation for the African-American experience, the AACC maintains a Library and Media Room with materials that visitors may review on site and an Art Gallery, which presents exhibitions featuring the works of prominent African and African-American artists. Free admission. Hours vary; call or visit website.

Dr. Martin Luther King Jr. Memorial Gardens

1500 Martin Luther King Jr. Blvd., Raleigh 27611; 919.834.6264; www.raleighnc.gov/parks
The nation's first public park solely devoted to Dr. King and the civil rights movement, it is bordered by 2,500 named bricks recognizing state and national supporters. Gardens encircle a bronze statue of King, and a granite water monument honors the area's civil rights pioneers. Free admission. Hours: Daily, dawn-dusk.

Estey Hall

118 E. South St., Shaw University, East Raleigh/Prince Hall/South Park, Raleigh 27601; 919.546.8200; www.shawu.edu
Built in 1874, Estey Hall is the nation's first dormitory for women on a coeducational campus and is Shaw's oldest surviving building. Bricks for construction were handmade on the grounds of the university. Women first attended classes here in home economics, music, art and religion. Hours: by appointment only.

Leonard Medical Building

118 S. Wilmington St., Shaw University, East Raleigh/Prince Hall/South Park, Raleigh 27601; 919.546.8200; www.shawu.edu
Located at Shaw, it was the fifth African-American medical school but the first to offer a four-year curriculum. Founded in 1881 and named for benefactor Judson Wade Leonard, brother-in-law to Shaw's founder Dr. Henry Martin Tupper, the school closed in 1918, having trained 400 black physicians. Hours: by appointment only.

Mount Hope Cemetery

1100 Fayetteville St., Raleigh 27601; 919.996.6548; www.rccpreservation.org
Cemetery established by black citizens in 1872: it became Raleigh's largest cemetery for African Americans, encompassing 35 acres. Monuments commemorate Raleigh's black citizens, including those prominent in church leadership, education, medicine, politics and civic service. Free admission. Hours: Daily, sunrise-sunset.

New Bern Ave. & Edenton St. History Marker Tour

New Bern Ave. & Edenton St., Raleigh 27610; 919.996.2626; www.raleighnc.gov
Located within a Cultural District, these long-established streets have a rich past, tied to Raleigh's early history. The 1.5-mile-long History Marker Tour identifies various historic locations along the corridors through granite informational markers and historic highway signs. Visit website for brochure.

Pope House Museum

511 S. Wilmington St., East Raleigh/Prince Hall/South Park, Raleigh 27601; 919.996.2220; www.raleighnc.gov/museums
Representing life for a prominent African-American family, the 1901 house was built by Dr. Manassa Thomas Pope (1858-1934), one of the first graduates of the Leonard School of Medicine at Shaw University, an officer during the Spanish-American War and a candidate for City Council in 1919. Free admission. Hours: Sat., 10am-3pm.

Richard B. Harrison Community Library

1313 New Bern Ave., Raleigh 27610; 919.856.5720; www.wakegov.com/libraries/locations/rbh
Opened in 1935 with 890 books. The Lee Collection of more than 8,000 volumes assembled by Mollie Huston Lee, library founder and first African-American public librarian in Wake County, is now a draw for researchers interested in African-American history. Hours: Mon.-Thurs., 9am-9pm; Fri.-Sat., 10am-6pm.

Saint Agnes Hospital

1315 Oakwood Ave., Saint Augustine's University, Raleigh 27610; 919.516.4000; www.st-aug.edu
Founded in 1896, along with a training school for nurses, to provide quality medical care for African Americans. The three-story, 90-bed facility served as the only hospital/training school for African Americans between Ga. and D.C. for nearly half a century. Facility closed since 1961; renovation plans are underway.

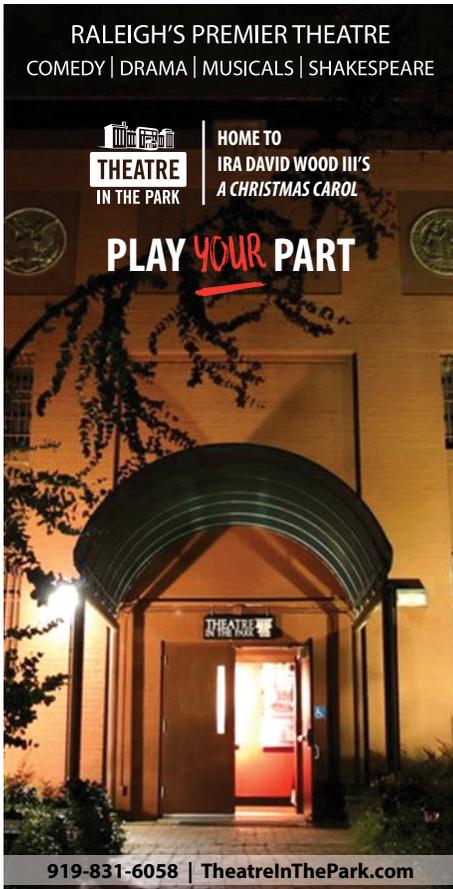
Note: Listings for attractions located within downtown Raleigh's entertainment districts contain references to the district name with their addresses, e.g., Fayetteville Street district, Warehouse District.

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Saint Augustine's University

1315 Oakwood Ave., Raleigh 27610;
919.516.4000, 800.948.1126; www.st-aug.edu
Alumnus and faculty member Henry B. Delany, the first African-American elected bishop in the Episcopal Church in N.C., and his wife, Nanny, were parents of 10 children, two of whom, Sadie and Bessie (also alumnae of the university), wrote the bestselling memoir, "Having Our Say," which was made into a hit Broadway play.

Shaw University

118 E. South St., East Raleigh/Prince Hall/
South Park, Raleigh 27601; 919.546.8200,
800.214.6683; www.shawu.edu
Founded in 1865 as the Raleigh Institute by former Union chaplain Dr. Henry Martin Tupper to educate freedmen and renamed in 1870 to honor benefactor Elijah Shaw, it is now the oldest historically black university in the South. Notable graduates include Ella Baker, Angie Brooks, Willie E. Gary and Shirley Caesar.

ARTS

Galleries and Art Centers

Artspace

201 E. Davie St., Moore Square, Raleigh 27601;
919.821.2787; www.artspacenc.org
Inspiring innovation through opportunities to experience the creative process and engage with artists through open studios, exhibitions and art education for all ages and skill levels. Meet professional artists, take a class or purchase original artwork from studios or gift shop. Free admission. Hours: Tues.-Sat., 10am-6pm.

Block Gallery at Raleigh Municipal Building

222 W. Hargett St., Fayetteville Street, Raleigh 27601; 919.996.3610; www.raleighnc.gov/parks
Connecting local artists to community through ongoing exhibitions and public outreach, the Office of Raleigh Arts' Block Gallery is a gateway for artists to exhibit their work in a professional setting for a diverse audience. Free admission. Hours: Mon.-Fri., 8:30am-5:15pm.

Page-Walker Arts and History Center

119 Ambassador Loop, Cary 27513;
919.460.4963; www.townofcary.org
This restored 1868 railroad hotel offers visitors views of regional art in two distinct galleries plus glimpses into Cary's colorful past. Explore unique herb gardens including a 19th-century smokehouse. Free admission. Hours: Mon.-Thurs., 10am-9:30pm; Fri., 10am-5pm; Sat., 10am-1pm.

Sertoma Arts Center

1400 W. Millbrook Rd., Raleigh 27612;
919.996.2329; www.raleighnc.gov/parks
Nestled in Shelly Lake Park, Sertoma Arts Center offers visual, performing and healing arts programs for all ages. The center has fully equipped studios and a monthly gallery exhibit. Hours: Mon.-Thurs., 9am-10pm; Fri., 9am-1pm; Sat., 10am-5pm; Sun., noon-5pm.

Visual Art Exchange

309 W. Martin St., Warehouse District, Raleigh 27601; 919.828.7834; www.vaeraleigh.org
VAE is a non-profit gallery and creativity incubator that supports and educates emerging, professional and student artists. Located in Raleigh's Warehouse District, VAE exhibits the work of more than 1,300 artists in 60+ exhibitions each year. Free admission. Hours: Wed.-Fri., 11am-6pm; Sat., 11am-4pm.

Performing Arts

Broadway Series South

2 E. South St., Duke Energy Center for the Performing Arts, Fayetteville Street, Raleigh 27601; 919.996.8700;
www.broadwayseriesouth.com
If you're looking for world-class entertainment, look no further. Some of the industry's biggest touring shows, performers, concerts and comedians are headed your way from the Great White Way! And there's simply no better venue to experience them than the Duke Energy Center. Admission varies; call or visit website.

Burning Coal Theatre

224 Polk St., The Murphey School, Raleigh 27604; 919.834.4001; www.burningcoal.org
Professional theatre mixes the area's best talent with tomorrow's stars from New York City, Chicago, Los Angeles and elsewhere to produce gritty, explosive new versions of classics, modern classics and new plays. \$10-\$25 admission.

Carolina Ballet

3401 Atlantic Ave., Ste. 131, Raleigh 27604;
919.719.0900; www.carolinaballet.com
A world-class professional ballet company based in Raleigh. Since its professional launch in 1998, the company has staged more than 100 world-premiere ballets, toured internationally in China and Hungary and has been acclaimed as one of the premier arts organizations in the country. Admission and locations vary.



Chamber Music Raleigh

P.O. Box 2059, Raleigh 27602; 919.821.2030; www.chambermusicraleigh.org
CMR presents 12 concerts on two series. Visiting ensembles have included the Jerusalem Quartet, American Chamber Players, William Chapman Nyaho, Rachel Barton Pine and the Daedalus Quartet. Sights and Sounds series features N.C.-based ensembles at the N.C. Museum of Art. \$10-\$25 admission; call or visit website.

North Carolina Master Chorale

227 W. Martin St., Ste. 100, Fayetteville Street, Raleigh 27601; 919.856.9700; www.ncmasterchorale.org
Bringing the very best in choral music performance to Raleigh area audiences and presenting concerts of choral-orchestral masterworks. Under the direction of Alfred E. Sturgis, the nearly 200 voices of the chorale perform repertoire from the Renaissance to contemporary. \$17-\$38 admission; performance locations vary.

North Carolina Opera

612 Wade Ave., Ste. 100, Raleigh 27605; 919.792.3850; www.ncopera.org
The region's professional opera company dedicated to presenting live, operatic performances accompanied by orchestra in staged productions with sets and costumes. The company engages international-level artists and the best in regional talent: it also presents special events and education programs. Admission varies; call or visit website.

North Carolina Symphony

2 E. South St., Duke Energy Center for the Performing Arts, Fayetteville Street, Raleigh 27601; 919.733.2750, 877.627.6724; www.ncsymphony.org
Founded in 1932, the N.C. Symphony performs 175 concerts annually throughout the state. The symphony is based in Meymandi Concert Hall at the Duke Energy Center for the Performing Arts in downtown Raleigh and in an outdoor summer venue, Koka Booth Amphitheatre in Cary. Admission varies. Box Office Hours: Mon.-Fri., 9am-5pm.

North Carolina Theatre

1 E. South St., Duke Energy Center for the Performing Arts, Fayetteville Street, Raleigh 27601; 919.831.6941; www.nctheatre.com
Your Broadway connection. Raleigh's professional, nonprofit regional theatre produces and presents six Broadway shows each season. All performances are in downtown Raleigh at the Duke Energy Center for the Performing Arts. Tickets start at just \$25. Discounts available for groups of 10+. Box Office Hours: Mon.-Fri., 10am-4pm.

North Raleigh Arts & Creative Theatre

7713-51 Lead Mine Rd., Raleigh 27615; 919.866.0228; www.nract.org
NRACT is a creative outlet provided for all ages and openly invites community involvement. Along with providing instruction in the performing arts, NRACT seeks to promote the traditions and values of the theatre and to produce quality entertainment in a community-oriented atmosphere. Show admission varies; call or visit website.

PineCone, Piedmont Council of Traditional Music

2 E. South St., Duke Energy Center for the Performing Arts, Fayetteville Street, Raleigh 27601; 919.664.8333; www.pinecone.org
Music lovers: folk, blues, world, bluegrass and more; 30+ concerts per year, many free, some ticketed; annual Wide Open Bluegrass festival with IBMA and City of Raleigh. Bluegrass programs for youth, participatory music jams, weekly radio show and more. Admission and locations vary; call or visit website.

Raleigh Civic Symphony and Chamber Orchestra

2620 Cates Ave., Price Music Center, North Carolina State University, Raleigh 27606; 919.515.8279; www.raleighcivicsymphony.org
These orchestras combine student and community musicians with professional leaders and innovative programming in what has been called "a class act" and "bright lights on the music scene in Raleigh." Admission and locations vary; call or visit website.

Raleigh Little Theatre

301 Pogue St., Raleigh 27607; 919.821.3111; www.raleighlittletheatre.org
There's something for everyone at one of the nation's longest-running community theatres, since 1936, including high-stepping musicals, outrageous comedies, dramas and family favorites. Recipient of 10 Best of the Triangle awards from Indy Week and youth theater awards. \$8-\$30 admission. Box Office Hours: Mon.-Fri., noon-5pm.

Raleigh Symphony Orchestra

P.O. Box 25878, Raleigh 27611; 919.546.9755; www.raleighsymphony.org
For more than 35 years, RSO has offered classical, chamber and family programs performed throughout the Raleigh area. In 1991, RSO was awarded the Raleigh Medal of Arts for its inclusive and innovative programming, community outreach and high artistic standards. Admission and locations vary; call or visit website.

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North Carolina Master Chorale

Pictures at an Exhibition

FRI/SAT, JAN 12-13, 2018 | 8PM

Fountains & Pines

FRI/SAT, MAR 23-24, 2018 | 8PM

Nico Muhly: *Mixed Messages*

Bruch: *Violin Concerto No. 1*

Respighi: *Fountains of Rome*

Respighi: *Pines of Rome*

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FRI, FEB 16, 2018 | 8PM

SAT, FEB 17, 2018 | 3PM & 8PM

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Theatre In The Park (Ira David Wood III Pullen Park Theatre)

107 Pullen Rd., Raleigh 27607; 919.831.6058;
www.theatreinthepark.com

As one of the state's most innovative and exciting theatre arts centers, Theatre In The Park presents a wide range of comedy, contemporary drama, musicals, original works and Shakespeare in the theatre's flexible, indoor performance space. Admission varies; call or visit website. Box Office Hours: Mon.-Fri., 9am-5pm.

Collegiate Arts Programs

Arts N.C. State

2610 Cates Ave., Raleigh 27695; 919.515.1100;
www.arts.ncsu.edu

N.C. State University's cultural offerings include music, dance and theatre performances, crafts classes and art exhibitions. All events and exhibitions are open to the public. Performance tickets are available through Ticket Central. Admission varies; call or visit website.

Meredith College Cultural Events

3800 Hillsborough St., Raleigh 27607;
919.760.8600; www.meredith.edu

Meredith College offers a number of public lectures by nationally known speakers, art exhibitions, music, dance and theatre performances that are open to the public. Call or visit website for specific information concerning dates, hours and admission.

Other Campus Theatres

Seby Jones Fine Arts Theater at Saint Augustine's University

1315 Oakwood Ave., Raleigh 27610;
919.516.4016; www.st-aug.edu

Shaw University

118 E. South St., East Raleigh/Prince Hall/South Park, Raleigh 27601; 919.546.8200;
www.shawu.edu

William Peace University Theatre

15 E. Peace St., Capital District, Raleigh 27604;
919.508.2054; theatre.peace.edu

Colleges and Universities

Meredith College

3800 Hillsborough St., Raleigh 27607;
919.760.8600, 800.MEREDITH;
www.meredith.edu

Chartered in 1891, Meredith opened with over 200 women. Today, the student body has grown to nearly 2,000 and includes men at the graduate level. Meredith challenges students to explore their interests, expand their skills and build on their strengths. At 125 years and counting, Meredith is still going strong.

North Carolina State University

1210 Varsity Dr., E. Carroll Joyner Visitor Center, Raleigh 27606; 919.513.1200; www.ncsu.edu
N.C. State, known for science, technology, engineering and mathematics, provides outreach and economic impact in every N.C. county. Visit Centennial Campus, Hunt Library, Talley Student Union, the Brickyard, D.H. Hill Library or the Memorial Bell Tower. Visitor Center Hours: Mon.-Fri., 8am-4:30pm.

Saint Augustine's University

1315 Oakwood Ave., Raleigh 27610;
919.516.4000, 800.948.1126; www.st-aug.edu
Saint Augustine's University, established in 1867, is a four-year, liberal arts university. With an average annual enrollment of 1,100, the university offers 25 undergraduate degree programs in five academic schools and is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools.

Shaw University

118 E. South St., East Raleigh/Prince Hall/South Park, Raleigh 27601; 919.546.8200, 800.214.6683; www.shawu.edu
Shaw University, founded in 1865, is the first historically black university in the South. Located in downtown Raleigh, Shaw is a four-year, private, coeducational liberal arts institution affiliated with the Baptist Church. In 2015, the university celebrated its 150th anniversary.



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Southeastern Free Will Baptist College

532 Eagle Rock Rd., Wendell 27591; 919.365.7711, 888.847.3922; www.sfwbc.edu
The purpose of Southeastern Free Will Baptist College is to train men and women for church-related ministries that are distinctively Free Will Baptist in doctrine and fundamental in practice.

The Chef's Academy

2001 Carrington Mill Blvd., Morrisville 27560; 919.246.9394, 800.919.2500; www.thechefsacademy.com
More than a cooking school, The Chef's Academy is committed to providing well-rounded, hands-on, career-focused education in the areas of culinary arts and pastry arts. The 24,000-square-foot facility in Morrisville opened in Aug. 2011.

Wake Technical Community College

9101 Fayetteville Rd., Raleigh 27603; 919.866.5000; www.waketech.edu
Wake Tech is N.C.'s largest community college, serving nearly 70,000 students with multiple campuses and online options. It offers degree, diploma and certificate programs and specialized occupational training. Wake Tech plays a critical role in the regional economy by meeting employer demand for a qualified workforce.

William Peace University

15 E. Peace St., Capital District, Raleigh 27604; 919.508.2000; www.peace.edu
A four-year, private university located in downtown Raleigh offering innovative academic programs rooted in the liberal arts tradition, preparing students for careers in the organizations of tomorrow. On average, 97 percent of WPU graduates find jobs or are enrolled in graduate school within a year of graduation.

Graduate Schools

Campbell Law School

225 Hillsborough St., Ste. 401, Capital District, Raleigh 27603; 919.865.4650; www.law.campbell.edu
Located in the heart of downtown Raleigh, the school is a cutting-edge facility, just blocks away from the legal center of N.C. Students enjoy internships and externships with courts, law firms, businesses and government and private agencies, experiencing the law as it is being created, interpreted and practiced.



Ted Richardson

Shepherds Theological Seminary

6051 Tryon Rd., Cary 27518; 919.573.5350; www.shepherds.edu
Shepherds Theological Seminary exists to equip servant leaders for life and ministry by strategically shaping both intellect and character through biblical scholarship and personal mentoring. The seminary offers Master of Divinity, Master of Arts in Church Ministry and nontraditional academic programs.

Southeastern Baptist Theological Seminary

120 S. Wingate St., Wake Forest 27587; 919.761.2100; www.sebts.edu
As an institution of higher learning and Cooperative Program ministry of the Southern Baptist Convention, Southeastern Baptist Theological Seminary and The College at Southeastern offer advanced, graduate, undergraduate and theological programs on the former campus of Wake Forest College.

Downtown Raleigh's Entertainment Districts

Capital District

Stately buildings and classic architecture line the streets of this busy business district. This is where decisions are made and history is honored. Also, nearby Seaboard Station boasts eclectic restaurants and events. Don't miss: dining under the three-story-tall globe at The Daily Planet Café.

Fayetteville Street

A main street on a grand scale, Fayetteville St. epitomizes Raleigh as a sophisticated Southern city, with distinctive restaurants and impressive skyscrapers mingling with restored historic buildings. Don't miss: The 'Works! (July 4) and Wide Open Bluegrass (late Sept.).

Glenwood South

Raleigh's trendiest district, burgeoning with an eclectic mix of restaurants, shopping and spirited nightlife, this area attracts hipsters of all ages. Live music spills out of bars and clubs, giving Glenwood Ave. a soundtrack all its own. Don't miss: the district's two hotels, for sleeping it off.

Moore Square

While the park is closed for redevelopment into a 21st-century space, the surrounding district buzzes with life (and nightlife). Here, Raleigh shows its colors, from old cobblestone streets in City Market to the evening excitement spilling from concert venues and bars. Don't miss: First Fridays and Artspace.

Warehouse District

See what all the fuss is about by experiencing legendary barbecue at The Pit, or be part of the see-and-be-seen crowd at one of the nightclubs in a district characterized by old warehouses and historic brick buildings. Don't miss: the N.C. 'Cuegrass Festival (April) and CAM Raleigh.

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919.303.3368; www.bounceu.com/apex-nc

Coconut Charlie's Bump'n Bounce

7409 Six Forks Rd., Raleigh 27615;
919.307.8495; www.bumpnbounce.com

Dave & Buster's

1105 Walnut St., Ste. E101, Cary Towne Center,
Cary 27511; 919.535.6800;
www.daveandbusters.com

Frankie's Fun Park

11190 Fun Park Dr., Raleigh 27617;
919.433.7888; www.frankiesfunpark.com

Galaxy Fun Park

14460 Falls of Neuse Rd., Raleigh 27614;
919.584.4000; www.galaxyfunpark.com

Hard Knocks

3501 Spring Forest Rd., Raleigh 27616;
919.436.4015, 855.926.6228;
www.hardknocksraleigh.com

Jumpin' Beans Wake Forest

1839 S. Main St., Wake Forest 27587;
919.521.4445;
www.jumpinbeanswakeforest.com

Jumpin JoJo's Open Bounce & Party Center

7500 Ramble Way, Ste. 115, Raleigh 27616;
919.878.7424; www.jumpinjojios.com

Jumpstreet

1111 Walnut St., Cary 27511; 919.234.0722;
www.gotjump.com/north-carolina/cary

Monkey Joe's

6220 Glenwood Ave., Ste. 104, Raleigh 27612;
919.510.6925; www.monkeyjoes.com/Raleigh

Pump It Up Inflatable Party Zone

10700 World Trade Blvd., Ste. 112, Raleigh
27617; 919.828.3344;
www.pumpitupparty.com/raleigh-nc

Note: Listings for attractions located within downtown Raleigh's entertainment districts contain references to the district name with their addresses, e.g., Fayetteville Street district, Warehouse District.

FOOD AND TASTES

Bean-to-Bar Chocolate

Escazu Artisan Chocolates Retail Shop

936 N. Blount St., Raleigh 27604; 919.832.3433;
www.escazuchocholates.com

Escazu is part of the growing community of small-batch, artisan chocolate makers, producing unique and interesting chocolates with attention and care. They bring you quality chocolates, full of character and personality, made entirely from the bean, in their workshop. Free admission.
Hours: Tues.-Thurs., 11am-9pm; Fri.-Sat., 11am-10pm; Sun., 11am-6pm.

Videri Chocolate Factory

327 W. Davie St., Ste. 100, Warehouse District,
Raleigh 27601; 919.755.5053;
www.viderichocolatefactory.com

A friendly, bean-to-bar chocolate factory, retail store and coffee shop, the ultimate destination for chocolate lovers! Visit for a free self-guided tour of the factory to learn about the chocolate-making process. Enjoy an array of delicious hand-crafted chocolate bars and bonbons with coffee. Daily hours vary.

Craft Breweries

Raleigh Beer Trail

Various locations around Raleigh;
www.raleighbeertrail.com

Comprised of dozens of craft breweries in the Raleigh area; take your passport to 5+ and get it stamped to start earning prizes by mail. Never drink and drive; visit website for full details. Printed passports available at the Raleigh, N.C., Visitor Information Center (off City Plaza, Fayetteville St., downtown Raleigh).

Aviator Brewing Company

209 Technology Park Ln., Fuquay-Varina 27526;
919.567.2337; www.aviatorbrew.com

Founded to provide fine ales, seasonal releases and barrel-aged ales in N.C. In addition to those offered during public brewery tours at the brewery, brews may be sampled daily at the Aviator Brewing Tap House, located in downtown Fuquay-Varina. Tour Hours: Thurs.-Fri., 6:30pm; Sat., from 4-6:30pm (every 30 minutes); Sun., 5:30pm.

Big Boss Brewing Company

1249 Wicker Dr., Ste. A, Raleigh 27604;
919.834.0045; www.bigbossbrewing.com
Raleigh's oldest brewery with a full line-up of world beers offered year-round and several creative, seasonal favorites available certain times of year. Wine and bourbon barrel-aging, along with two 100bbl oak foudres, gives the brewers time to produce sour and limited-run beers. Tour Hours: Second Sat. of each month, 2pm.

Bombshell Beer Company

120 Quantum St., Holly Springs 27540;
919.823.1933; www.bombshellbeer.com
Enjoy pints and flights in the inviting taproom and beer garden; growlers and canned beer to-go at N.C.'s first 100%-women-owned microbrewery. Food trucks on-site Thurs.-Sat., live music on many weekend evenings. Visit website for complete listing of hours, brew tours, food trucks and events.

Bond Brothers Beer Company

202 E. Cedar St., Cary 27511; 919.459.2670;
www.bondbrothersbeer.com
A microbrewery and taproom in historic downtown Cary. Additionally, there is a large patio area with adjacent event space for private parties. The tap list features a wide range of beer, including kettle sours, IPAs and stouts, while the bottle list is barrel-aged; funky and sour beer all made on-site.

Boylan Bridge Brewpub (Reopening 2017)

201 S. Boylan Ave., Warehouse District, Raleigh
27603; 919.803.8927; www.boylanbridge.com

Brewery Bhavana

218 S. Blount St., Moore Square, Raleigh
27601; www.brewerybhavana.com

Brice's Brewing Company

1822 Garner Station Blvd., Raleigh 27603;
www.bricesbrewing.com

Brüeprint Brewing Company

1229 Perry Rd., Ste. 101, Apex 27502;
919.387.8075; www.brueprint.com
Brüeprint is dedicated to traditional social interaction while sampling delicious beer. Its hope is that you'll rest your phone for a few minutes to have a conversation, partake in or watch a game with friends or take in a great band. Whatever your idea of connecting is, plan for a great time.

Carolina Brewing Company

140 Thomas Mill Rd., Holly Springs 27540;
919.557.BEER; www.carolinabrew.com
"Brewers of Tasty Liquids" since 1995. Check out one of N.C.'s oldest breweries and the oldest in Wake County. Visit the taproom and try the "tasty liquids" at the source. Check website for hours, available brews and events. Free tours every Sat., 1pm and 4pm. CBC brews can be found on tap and in bottles across the state.

Clouds Brewing

126 N. West St., Glenwood South, Raleigh 27603;
919.307.8335; www.cloudsbrewing.com
A craft-beer bar and restaurant that features more than 100 of the finest craft beers from around the country and N.C., and the area's first pour-your-own-beer wall, The Downpour (with 10 rotating taps). Clouds also serves its own craft beers, which are produced locally in North Raleigh and sold at the restaurant.

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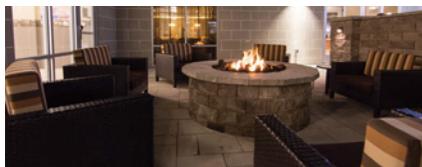
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Compass Rose Brewery

3201 Northside Dr., Ste. 101, Raleigh 27615; 919.875.5683; www.compassrosebrewery.com
Brewing globally inspired, locally produced ales. This brewery seeks out great ingredients and beer styles from around the globe then brings them home to Raleigh. They encourage you to "Trust Your Compass" to create your personal adventure. The taproom is a comfortable environment to find some of the best beers in Raleigh.

Crank Arm Brewing

319 W. Davie St., Warehouse District, Raleigh 27601; 919.324.3529; www.crankarmbrewing.com
This craft brewery with tasting room is located in downtown Raleigh, only one block from Red Hat Amphitheater and two blocks from the Raleigh Convention Center. Its mission is to provide fresh artisan beer while utilizing green transportation methods. Tasting Room Hours: Mon.-Thurs., 4pm-midnight; Fri., 4pm-2am; Sat., noon-2am; Sun., noon-10pm.

Fainting Goat Brewing Company

330 S. Main St., Fuquay-Varina 27526; 919.346.7915
Small boutique brewery located in quaint downtown Fuquay-Varina. They offer a great variety of high-quality, flavorful, hand-crafted beers in a casual setting with a dog-friendly patio. Driven to share a passion for brewing and to promote the craft beer industry with enthusiasts and novices alike.

Fortnight Brewing Company

1006 S.W. Maynard Rd., Cary 27511; 919.342.6604; www.fortnightbrewing.com
Fortnight is a craft brewery and pub in Cary, offering traditional English-style beers that incorporate both premium U.K. and U.S. ingredients. Its mission is to produce high-quality beer that is approachable and easy to drink. Cask ale always on tap. Tour Hours: Fri., 6pm; Sat., 3pm and 4pm. Call or visit website.

Gizmo Brew Works

5907 Triangle Dr., Raleigh 27617; 919.782.2099; www.gizmobrewworks.com
At Gizmo Brew Works, the meeting of contemporary technology and ancient know-how produces a tempting slate of small-batch beers. Never ones to shy away from curious guests, brewers also open up the facility for Sat. tours, walking groups through the beer-making process during 30-minute explorations. Tour Hours: Sat., 2pm and 4pm.

Note: Listings for attractions located within downtown Raleigh's entertainment districts contain references to the district name with their addresses, e.g., Fayetteville Street district, Warehouse District.

Jordan Lake Brewing Company

320 E. Durham Rd., Cary 27513; jordanlakebrewing.com

Lincoln Brewing Co.

2912 N. Main St., Ste. 100, Fuquay-Varina 27526; 919.285.2318; www.lincolnbrewery.com
Lincoln Brewing has a bottle shop that carries hundreds of craft beers from around the world, offering some on tap, and also has a brewery that makes their own year-round and seasonal brews. The one thing they don't have is an attitude.

Little City Brewing + Provisions Co.

400 W. North St., Ste. 120, Glenwood South, Raleigh 27603; 919.502.7155; www.thelocalicon.com/little-city
Locally rooted, centrally located craft brewery nestled in the heart of downtown. Little City brewers take great pride in the quality of their beer featuring many popular and very unique styles. Enjoy live music and food trucks (Thurs.-Sat.) and a craft cocktail program in a taproom that will certainly blow you away.

Lonerider Brewing Company

8816 Gulf Ct., Ste. 100, Raleigh 27617; 919.442.8004; www.loneriderbeer.com
Since 2009 Lonerider has brewed ales for outlaws from its Raleigh headquarters, among the top 150 craft breweries in the U.S., according to 2013 Brewers Association-published data. Lonerider crafts each of its beers with the highest-quality ingredients. Daily tasting room hours vary; call or visit website. Public tours every other Sat.

Lynnwood Brewing Concern

1053 E. Whitaker Mill Rd., Ste. 101, Raleigh 27604; 919.424.7533; www.lynnwoodbrewing.beer
A full-scale production facility, complete with a taproom and regular food truck schedule. The taproom serves a half-dozen standard brews, as well as rotating seasonal beers, that use fresh, flavorful hops, yeast, malted barley, wheat and more to create that ideal taste which makes customers keep coming back for more.

Lynnwood Brewing Concern (at Lynnwood Grill)

4821 Grove Barton Rd., Raleigh 27613; 919.785.0043; www.lynnwoodgrill.com
The original brewery location at Lynnwood Grill in North Raleigh pumps out quality brews every day. Using fresh, flavorful hops, yeast, malted barley, wheat and more, LBC creates that ideal taste which makes customers keep coming back for more.

Neuse River Brewing Company

518 Pershing Rd., Raleigh 27608; 984.232.8479; www.neuseriverbrewing.com
Located just outside of Five Points, NRBC concentrates on Belgian-style ales and IPAs but also experiments with contemporary concepts. The brewery incorporates sustainable practices and buys local whenever possible. Take in a view of the downtown Raleigh skyline, or relax beside the herb garden with an NRBC brew.

Nickelpoint Brewing Co.

506 Pershing Rd., Raleigh 27608; 919.916.5961; www.nickelpointbrewing.com
This craft microbrewery is the original Five Points neighborhood brewery, offering classic, European-style ales. Boasting a 20bbbl brewhouse and tasting room, customers can mingle as well as take a guided tour through the brewery to learn about the process of brewing craft beer. Taproom hours vary; visit the website.

Oak & Dagger Public House

18 Seaboard Ave., Ste. 150, Capital District, Raleigh 27604; 919.945.9382; www.oakanddagger.beer
Unquenchable thirst for some good beer? Hunger for some good grub? Find homemade brews along with a full lunch and dinner menu of "southern fusion" favorites at Oak & Dagger Public House in Seaboard Station. Public House Hours: Mon.-Thurs., 11:30am-close; Fri.-Sat., 11:30am-2am; Sun., noon-close.

Oak City Brewing Company (Tapping their own brews in 2017)

616 N. First Ave., Knightdale 27545; 919.373.8487; www.oakcitybrewingcompany.com

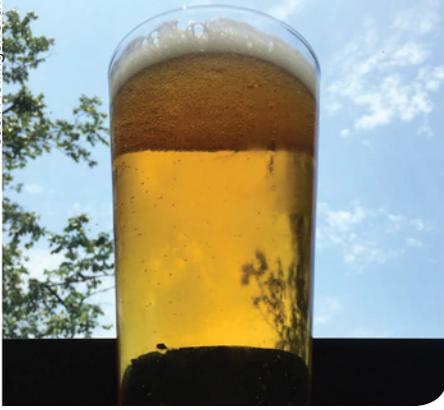
Raleigh Brewing Company

3709 Neil St., Raleigh 27607; 919.400.9086; www.raleighbrewingcompany.com
Founded by home brewers who wanted to give craft beer back to the community that they hold dear. RBC produces six year-round brews, one seasonal beer every two months and countless experimental batches, all available at the taproom. Tour Hours: First and third Sat., 3pm; taproom hours daily, starting at noon.



Chris Adamczyk

White Street Brewing Company



Southern Peak Brewery

950 Windy Rd., Ste. 100, Apex 27502;
www.southernpeakbrewery.com
Southern Peak Brewery brings a neighborhood brewery and taproom to Apex. The seven-barrel brewhouse allows the freedom to continually experiment with new recipes, and the neighborhood location is reminiscent of original breweries that were located right in the heart of a community. Taproom Hours: Wed.-Thurs., 4-10pm; Fri.-Sat., noon-10:30pm; Sun., 1-7:30pm.

Sub Noir Brewing Company

2039 Progress Ct., Raleigh 27608;
919.480.2337; www.subnoir.net
Sub Noir is a small-batch brewery that focuses on creating unique, seasonal and experimental beer offerings. Tasting Room Hours: Fri., 5pm-midnight; Sat., noon-8pm; Sun., 2-8pm.

The Mason Jar Lager Company (Opening 2017)

341 Broad St., Ste. 151, Fuquay-Varina 27526

Tobacco Road Sports Cafe (Tapping their own brews in 2017)

505 W. Jones St., Glenwood South, Raleigh 27603; 919.937.9909;
www.tobaccoroadsportscafe.com

Trophy Brewing Company

827 W. Morgan St., Raleigh 27603;
919.803.4849; www.trophybrewing.com
Trophy is a three-barrel nanobrewery in Raleigh featuring a full bar and growlers to go. The draft list is always changing and always exciting. The food menu has award-winning pizzas and fresh salads that feature local ingredients wherever possible.

Trophy Brewing Company - Maywood

656 Maywood Ave., Raleigh 27603;
919.803.1333; www.trophybrewing.com
Trophy on Maywood Ave. is the next step of the evolution of Trophy Brewing Company. This 20bbl brewhouse, taproom and patio offers 12 rotating drafts of Trophy's best beer, as well as food trucks, all within minutes of downtown Raleigh.

White Street Brewing Company

218 S. White St., Wake Forest 27587;
919.647.9439; www.whitestreetbrewing.com
White Street is dedicated to the meticulous production of high-quality, well-balanced ales and lagers. From the classic styles to the worn brass handles of the taproom doors, their attention to detail is reviving the time when neighborly craftsmen worked hard to do things the right way. Daily hours vary.

Distilleries

Gold Leaf Distilling Company (Opening 2017)

209½ Technology Park Ln., Fuquay-Varina 27526; 919.346.8418

Lassiter Distilling Company

319 N. First Ave., Knightdale 27545;
919.295.0111; www.lassiterdistilling.com
Lassiter Distilling Company was founded in 2015 on the principle that greatness is made with time-honored tradition, character and a dose of mischief. They create and market superior spirits, including the flagship product, Lassiter's N.C. Rum. Tours available every Thurs. at 5:30pm and Sat. at 1pm, 2pm and 3pm.

Oaklee Distilling Co.

13 N. Main St., Wendell 27591; 919.602.0881;
www.oakleedistilling.com
Founded in 2014 by Raleigh, N.C., native Lee Browne, Oaklee is located in Wendell's historic downtown district. It is a craft distilling operation, focused on the production of spirits in the classic categories (vodka, gin, brandy, bourbon, rye whiskey), combined with new innovation. Tours offered every Fri., 5-7:30pm, on the half-hour.

Pinetop Distillery

1053 E. Whitaker Mill Rd., Raleigh 27604;
www.pinetopdistillery.com
Raleigh-based distillery bringing hand-crafted spirits to the Oak City using local craftsmen and ingredients to present the bold taste of the South. Enjoy samples of the famous Carolina Moonshine, as well as small-batch and unique flavors. Tours available on Sat., 4pm and 8pm, or by appointment.

Raleigh Rum Company

1100 Corporation Pkwy., Ste. 132, Raleigh 27610;
www.raleighrumcompany.com
Among the few craft distilleries in N.C., Raleigh Rum Company creates small-batch rums from scratch. Each batch is double-distilled and goes through a round of oak aging in between distillations to help create a smooth and rich flavor. Free tours and tastings offered every Sat. at 2pm.

Seventy Eight °C Spirits

2660 Discovery Dr., Ste. 136, Raleigh 27616;
919.615.0839; www.78cspirits.com
Seventy Eight °C Spirits' mission is to produce delicious spirits that are pleasing to the senses, using only the highest quality ingredients. This micro-distillery offers limoncello, jalapeño limoncello, blood orangecello, pecan pie vodka and red apple vodka. Call or email to schedule a tour and tasting appointment.

Wineries

Adams Vineyards and Winery

3390 John Adams Rd., Willow Spring 27592;
919.567.1010; www.adamsvineyards.com
A family-operated Century Farm with on-property vineyards and winery. Offers a tasting room, events room and gift shop. Award-winning dry, semi-sweet, sweet and fruit wines available for tasting and purchase. Tasting Room Hours: Tues.-Sat., 11am-6pm; Sun., 2-6pm. Reservations not required.

Chatham Hill Winery and Event Venue

8245 Chapel Hill Rd., Cary 27513;
919.380.7135; www.chathamhillwine.com
An urban winery in the heart of downtown Cary. Relax in the tasting room and art gallery with a glass of wine and local cheeses. Sit with friends on the outside patio. Upscale venue for private corporate, personal functions and weddings. Hours: Tues.-Thurs., 11am-5pm; Fri., 11am-10pm; Sat., 11am-6pm; Sun., 1-5pm.

Cloer Family Vineyards

8624 Castleberry Rd., Apex 27523; 919.387.5760;
www.cloerfamilyvineyards.com
A fun place to bring your whole family and enjoy the day strolling through the vineyards or having a picnic lunch with a bottle of wine. Wines currently available for tasting include Veranda, Riesling, Matador, Carlos and Noble. Wine tastings: \$5; tours are free. Hours: Fri., noon-5pm; Sat., 11am-5pm.



Neusiok Wines

5020 Departure Dr., Ste. B, Raleigh 27616; 919.426.4369

A boutique winery that specializes in creating custom wines with the option of a personalized label to fit any occasion. Explore 24 different offerings, from sweet and fruity to dry and bold. Once you have found your bottle of wine, customize your label at no extra cost. By appointment only.

Gardens

Ann and Jim Goodnight Museum Park at North Carolina Museum of Art

2110 Blue Ridge Rd., Raleigh 27607; 919.839.6262;

www.ncartmuseum.org/visit/the_park

The 164-acre Museum Park and its trail system welcome visitors through natural areas and to more than a dozen commissioned works of art. Designed for walking, cycling and jogging, the paved trails connect to the Capital Area Greenway System. Free admission.

Hours: Daily, sunrise-sunset.

JC Raulston Arboretum at North Carolina State University

4415 Beryl Rd., Raleigh 27606; 919.515.3132; www.jcra.ncsu.edu

Internationally recognized as one of the premier collections of trees and shrubs, this stunning garden displays more than 6,000 different types of plants from around the world. Stroll through numerous themed gardens, extensive plant collections and more. Free admission. Hours: Daily, 8am-8pm (except Nov.-March, 8am-5pm).

Joel Lane Museum House Gardens

728 W. Hargett St., Raleigh 27603; 919.833.3431; www.joellane.org

Beautiful Colonial Revival gardens with clipped hedges, espaliered fruit trees, pomegranate trees, a grape arbor, brick walkways and herb garden with medicinal and culinary herbs. Guided tours include the historic home and gardens. Free admission to garden only. Garden Hours: Daily, sunrise-sunset.

Juniper Level Botanic Garden

9241 Sauls Rd., Raleigh 27603; 919.772.4794; www.jlbg.org

Established in 1988, JLBG is a 28-acre research, education and display garden with over 23,000 unique, rare and native plants from around the world. Open to the public eight weekends each year and other times by scheduled appointment only.

Raleigh Municipal Rose Garden

301 Pogue St., Raleigh 27607; 919.821.4579; www.raleighlittletheatre.org/visit-us/rose-garden

An historic garden featuring 1,200 roses of 60 different varieties blooming from late May until autumn. Seasonal flowers include bulbs, annuals, trees and shrubs. An amphitheatre for concerts and theatrical productions is also located in the garden. Free admission.

Hours: Daily, sunrise-sunset.

Historic Sites

Haywood Hall House and Gardens

211 New Bern Pl., Capital District, Raleigh 27601; 919.832.8357; www.haywoodhall.org
John Haywood, the state's first elected treasurer, built this Federal-style frame house in 1799; oldest house on its original site within Raleigh city limits. Museum contains family portraits, original furnishings and a permanent doll collection. Free admission; donations accepted. Hours vary; visit website.

Historic Oak View County Park

4028 Carya Dr., Raleigh 27610; 919.250.1013; www.wakegov.com/parks/oakview

This antebellum farmstead features historic structures including an 1855 house, plank kitchen, tenant house, as well as gardens and trails. Visitors can picnic, meet farm animals and visit the Farm History Center, where kids can play in the "Farmer's Corner." Free admission. Hours: Mon.-Sat., 8:30am-5pm; Sun., 1-5pm.

Historic Oakwood

411 N. Bloodworth St., Raleigh 27604; 919.832.9712; www.historicoakwood.org

An historic neighborhood of lovingly-restored Victorian and early 20th-century homes in a great variety of styles and sizes, many with beautiful gardens. This 30-block area to the east of the 100-700 blocks of Person St. may be enjoyed by driving or walking; self-guided walking tour brochures available at the Raleigh, N.C., Visitor Information Center (off City Plaza, Fayetteville St., downtown Raleigh). Annual Garden Tour and Tea each May and Candlelight Tour each Dec. offer opportunities to enter homes and gardens.

Historic Oakwood Cemetery

701 Oakwood Ave., Raleigh 27601; 919.832.6077;

www.historicoakwoodcemetery.org

Adjacent to Historic Oakwood, the Oakwood Cemetery, with 20,000+ interments, is the resting place of approximately 1,500 Confederate soldiers, five Civil War generals, seven governors and other notables.

Established in 1869, it is an excellent example of Victorian landscaping/mortuary art. Free admission. Hours: Daily, 8am-6pm (except winter, 8am-5pm).

Historic Yates Mill County Park

4620 Lake Wheeler Rd., Raleigh 27603; 919.856.6675;

www.wakegov.com/parks/yatesmill

The 174-acre park features Wake County's last operating, 18th-century, water-powered gristmill and its stone dam and pond. The park features a visitor center with exhibits; the surrounding natural areas include over three miles of hiking trails. Free admission.

Hours: Daily, 8am-sunset; mill open at scheduled times.

Joel Lane Museum House

160 S. Saint Mary's St., Raleigh 27603; 919.833.3431; www.joellane.org

Built in 1769, this landmark is Wake County's oldest home. It became the "Birthplace of N.C.'s Capital" when Joel Lane sold 1,000 acres to the state in 1792 for the new capital. The site includes three historic buildings and a museum store. Tours are provided by costumed docents. Admission and hours vary.

L.L. Polk House

537 N. Blount St., Capital District, Raleigh 27601; 919.285.1537

Described as "gingerbread gothic," this 1890 Victorian was built by Col. L.L. Polk, one of N.C.'s most prominent citizens. He was part-owner/publisher of Raleigh's "The News and Observer," founder/editor of "The Progressive Farmer," legislator, N.C.'s first Department of Agriculture commissioner and a leading founder of N.C. State University. Tours by appointment only.

Mordecai Historic Park

1 Mimosa St., Raleigh 27604; 919.996.4364; www.raleighnc.gov/museums

Located near downtown Raleigh, this site is home to some of N.C.'s most extraordinary treasures, including the Mordecai House and the birthplace of 17th President Andrew Johnson. Tours are offered Tues.-Sun. Historic trolley tours of Raleigh are offered on Sat., March-Dec. Admission and hours vary; call or visit website.

Morrisville History Center

100 Town Hall Dr., Morrisville 27560; 919.463.6200; www.ci.morrisville.nc.us

The History Center tells the story of Morrisville and the Civil War skirmish that occurred here in 1865. Includes exhibits, a touch screen with short video vignettes and a video viewing room. Hours: Mon.-Fri., 8am-5pm, except between Memorial Day and Labor Day when Town Hall closes at noon on Fri.

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North Carolina Executive Mansion

200 N. Blount St., Capital District, Raleigh 27601; 919.807.7950, 866.724.8687; www.nchistoricsites.org/capitol/exec/exectour.htm
This fine, Victorian-style mansion, built from native materials and home to N.C. governors since 1891, was described by F.D.R. as having "the most beautiful governor's residence interior in America." Free admission.
Tour reservations must be made at least two weeks in advance; tour hours are limited and vary seasonally.

North Carolina State Archives

109 E. Jones St., Capital District, Raleigh 27601; 919.807.7280; www.history.ncdcr.gov
The State Archives "preserves and provides access to" original and microfilm records of the colony and state of N.C. from 1663 to the present. This includes state agency/county records, private manuscript collections, maps, photographs and other documentary evidence available for research. Free admission.
Hours: Tues.-Fri., 8am-5:30pm; Sat., 9am-2pm.

North Carolina State Capitol

1 E. Edenton St., Capital District, Raleigh 27601; 919.733.4994; www.nchistoricsites.org/capitol
Completed in 1840, this National Historic Landmark is one of the best-preserved examples of a civic building in Greek Revival-style architecture. It originally housed the governor's office, legislative chambers, state library and state geologist's office. Free admission. Hours: Tues.-Sat., 8am-5pm. Guided tours for 10+ available with advance notice (919.807.7950, 866.724.8687 or nccpvisit.org).

North Carolina State Legislative Building

16 W. Jones St., Capital District, Raleigh 27601; 919.733.4111; www.ncleg.net
Home of the N.C. General Assembly. Provisions are made for easy public access and observation of the legislative process. Free admission. Hours: Mon.-Fri., 8am-5pm; Sat., 9am-5pm; Sun., 1-5pm. Guided tours for 10+ available with advance notice (919.807.7947, 919.807.7949 or nccpvisit.org).

Olivia Raney Local History Library

4016 Carya Dr., Raleigh 27610; 919.250.1196; www.wakegov.com/libraries/locations/orl
The original library opened in 1901 across from the State Capitol. Today, the library's research collection focuses on historical and genealogical materials related to Wake County and N.C. with an extensive Civil War collection and databases that provide additional resources. Free admission. Hours: Mon.-Fri., 10am-6pm; Sat., 10am-2pm.

Raleigh Heritage Trail

Various locations around Raleigh; www.raleighheritagetrail.com
Made up of 12 historic sites, museums and heritage attractions in Raleigh. Take your Heritage Trail Passport to at least six and get it stamped to earn a prize. Admission and hours vary; visit website, or brochures available at the Raleigh, N.C., Visitor Information Center (off City Plaza, Fayetteville St., downtown Raleigh).

Saint Augustine's University Historic Chapel

1315 Oakwood Ave., Raleigh 27610; 919.516.4200; www.st-aug.edu
Henry B. Delany, the first African-American elected bishop in the Episcopal Church in N.C., taught carpentry here, and students constructed the chapel, which is listed with the campus on the National Register of Historic Places. Rt. Rev. J.B. Cheshire, Bishop of the Episcopal Diocese of N.C., consecrated the chapel circa 1897.

Saint Mary's School

900 Hillsborough St., Raleigh 27603; 919.424.4000; www.sms.edu
Saint Mary's celebrates its 175th year of excellence in educating women in 2017. The chapel, a striking neo-gothic structure that dates to 1856, and the school's front campus are listed on the National Register of Historic Places; the campus is also marked on the N.C. Civil War Trails. Free admission.

Museums

CAM Raleigh

409 W. Martin St., Warehouse District, Raleigh 27603; 919.261.5920; www.camraleigh.org
Sparks new thinking by creating ever-changing experiences that explore what's now and nearing in art and design. Enjoy guided tours every Sun. at 2pm. Release your imagination at the Creation Station, or stop by on First Fridays for food trucks, student docents and entertainment! Hours: Wed.-Fri., 11am-6:30pm; Sat.-Sun., noon-5pm.

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5 East Edenton St., Raleigh • 919-807-7900 • ncmuseumofhistory.org

N.C. Department of Natural and Cultural Resources • www.ncdcr.gov

Cary Heritage Museum

119 Ambassador Loop, Cary 27513;
919.460.4963; www.townofcary.org
Housed in a restored 1868 railroad hotel, the Page-Walker Arts and History Center offers visitors insights into the local history in the Cary Heritage Museum. Visit website for a list of current exhibitions and activities. Free admission. Hours: Mon.-Thurs., 10am-9:30pm; Fri., 10am-5pm; Sat., 10am-1pm. Please call to verify access to galleries and museum as they are multipurpose spaces.

City of Raleigh Museum (COR Museum)

220 Fayetteville St., Ste. 100, Fayetteville Street, Raleigh 27601; 919.996.2220;
www.raleighnc.gov/museums
Discover the story of N.C.'s capital city, past, present and future! Housed in the historic Briggs Hardware building, the museum features permanent and rotating exhibits as well as special programs. Gift shop offers a variety of unique souvenirs. Free admission. Hours: Tues.-Sat., 9am-4pm; Sun., 1-4pm.

Gregg Museum of Art & Design (Under Redevelopment until Fall 2017)

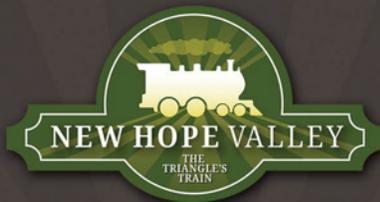
516 Brickhaven Dr., Ste. 200, North Carolina State University, Raleigh 27606; 919.515.3503;
gregg.arts.ncsu.edu
With a permanent collection of 40,000+ objects available for research and enjoyment (including textiles, ceramics, photography and Native American/tribal art) and an ongoing series of exhibitions and programs, this is one of the Southeast's cultural treasures. Email or call ahead to arrange a visit during redevelopment.

Marbles Kids Museum

201 E. Hargett St., Moore Square, Raleigh 27601; 919.834.4040;
www.marbleskidsmuseum.org
Marbles Kids Museum and IMAX Theatre offers dozens of playful exhibits, innovative daily programs, IMAX documentary and feature movies and special events year-round. At Marbles, kids learn through hands-on, minds-on play. The museum is designed for children 10-and-under. Admission and hours vary; call or visit website.

North Carolina Museum of Art

2110 Blue Ridge Rd., Raleigh 27607;
919.839.NCMA; www.ncartmuseum.org
One of the premier visual arts museum campuses in the South, connecting art, nature and people. Featuring free permanent collection galleries, including more than 30 Rodin sculptures and a center for special exhibitions, plus a 164-acre Museum Park. Free admission (fee for some exhibitions and programs). Hours vary; call or visit website.



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www.TriangleTrain.com

North Carolina Museum of History

5 E. Edenton St., Capital District, Raleigh 27601; 919.807.7900; www.ncmuseumofhistory.org
Explore more than 14,000 years of N.C. history, from the earliest inhabitants through the 20th century. The exhibit "The Story of N.C." features fascinating artifacts, multimedia presentations and interactives for all ages. Free admission. Book group tours at nccapvisit.org. Hours: Mon.-Sat., 9am-5pm; Sun., noon-5pm.

North Carolina Museum of Natural Sciences

11 W. Jones St., Capital District, Raleigh 27601; 919.707.9800, 877.462.8724; www.naturalsciences.org
The Southeast's largest natural science museum offers seven floors of immersive exhibits plus live animals, 3D movies, a three-story multimedia theater, working research labs and hands-on investigate labs. Free admission. Hours: Mon.-Sat., 9am-5pm; Sun., noon-5pm.

North Carolina Railroad Museum & New Hope Valley Railway

3900 Bonsal Rd., New Hill 27562; 919.362.5416; www.triangletrain.com
Located 30 minutes from Raleigh, visitors can enjoy a one-hour ride behind a real locomotive. Learn about railroad history at the N.C. Railroad Museum, watch the G-Scale garden railroad and visit the gift shop. Trains operate April-Dec. Visit the website for ride days, departure times and ticket prices.

North Carolina Sports Hall of Fame

5 E. Edenton St., Capital District, Raleigh 27601; 919.807.7900; www.ncshof.org
Located in the N.C. Museum of History, the N.C. Sports Hall of Fame exhibit spans more than 3,000 square feet and showcases memorabilia donated by many of the hall's 300 inductees. Learn about these legends and the impact of sports in the state. Free admission. Hours: Mon.-Sat., 9am-5pm; Sun., noon-5pm.

The Fuquay-Varina Museums Complex

131 S. Fuquay Ave., Fuquay-Varina 27526; 919.552.5562; www.fuquay-varina-museums.org
Explore the history of this quaint town, which has its origins in the mineral Fuquay Springs. The museum complex consists of four museums: the First Fuquay Post Office, "Squire" Ballentine Schoolhouse, a log cabin playhouse and the Centennial Museum. Free admission. Group tours by reservation. Hours: Mon., 10am-1pm; Wed., 1-4pm.

Wake Forest Historical Museum

414 N. Main St., Wake Forest 27587; 919.556.2911; www.wakeforestmuseum.org
Exhibits showcase early history of Wake Forest University including sports, medicine, law, women, literary and local history; 15-minute films available. Historic 1820 Calvin Jones House is restored and open for tours. Free admission. Hours: Tues.-Fri., 9am-noon and 1:30-4:30pm; Sun., 2-5pm; other times by appointment.

Music/Performance/Sports Venues

Apex Nature Park

2600 Evans Rd., Apex 27502; 919.249.3402; www.apexnc.org/naturepark
Apex Nature Park offers amenities such as an amphitheatre, disc golf course, multi-use trails, a dog park, multi-age playground, picnic shelter with restrooms, lighted tennis courts and soccer/multi-use fields. Free evening movies and concerts each summer season. Park Hours: Daily, 7am-10pm (except Nov.-March, 7am-8pm).

Carter-Finley Stadium (North Carolina State University Football)

4600 Trinity Rd., Raleigh 27695; 919.865.1510; www.gopack.com
Home of N.C. State football and host to N.C. High School Athletic Association state championship games; 117,000-square-foot Vaughn Towers on the west side includes 51 luxury suites and 955 club seats. Fans from all over the region tailgate in the ample parking lots and cheer on the Wolfpack.

Cary Arts Center

101 Dry Ave., Cary 27511; 919.469.4069; www.townofcary.org
This vibrant home for the visual and performing arts features classrooms, studios, rehearsal, performance and exhibition spaces, the Marvelous Music Series and Applause! Cary Youth Theatre, plus activities of Cary's cultural organizations. Box Office Hours: Mon., 4-8pm, and show days, one hour prior.

Coastal Credit Union Music Park at Walnut Creek

3801 Rock Quarry Rd., Raleigh 27610; 919.831.6400; www.livenation.com
Raleigh's premier open-air music venue showcases award-winning artists in an outdoor setting. Coastal Credit Union Music Park at Walnut Creek is the place to see the biggest concert superstars in the world as they tour the Southeast. Visit website for concert tickets, more venue details and event information. Box Office Hours: Mon.-Fri., 10am-4pm.

Duke Energy Center for the Performing Arts

2 E. South St., Fayetteville Street, Raleigh 27601; 919.996.8700; www.dukeenergycenterraleigh.com
From the intimate Kennedy Theatre, where innovative theatrical productions take place, to the grandeur of performances in Memorial Auditorium, Raleigh's artists captivate and entertain audiences from both near and far year-round in Duke Energy Center's four unique venues. Box Office Hours: Mon.-Fri., 9am-5:30pm.

Five County Stadium (Carolina Mudcats Single-A Professional Baseball)

1501 N.C. Hwy. 39, Zebulon 27597; 919.269.2287; www.gomudcats.com
Five County Stadium is home of the Carolina Mudcats, a minor league baseball team based in Zebulon. The team, which plays in the Carolina League, is the Class A Advanced affiliate of the Milwaukee Brewers. While at a game, enjoy Cattails Restaurant, a fine dining restaurant located above the stands.

Garner Performing Arts Center

742 W. Garner Rd., Garner 27529; 919.661.4602; www.garnerperformingartscenter.com
The renovated auditorium includes 471 comfortable, theater-style seats, offering affordable entertainment for all audiences. The performing arts center is home to Broadway Voices, Downtown Sounds, the Towne Players of Garner and It's Showtime! series. Box Office Hours: Mon.-Fri., 1:30-5pm.

Halle Cultural Arts Center

237 N. Salem St., Apex 27502; 919.249.1120; www.thehalle.org
The Halle Cultural Arts Center hosts a number of premier performances, visual art exhibitions and movies. Children's and adult drama, voice and art classes are also offered. Exquisitely revitalized in 2008, this architectural jewel is the perfect setting for your next reception, wedding, meeting or performance.

Holly Springs Cultural Center

300 W. Ballentine St., Holly Springs 27540; 919.567.4000; www.hollyspringsnc.us
This complex has become the center for arts and special events in southwestern Wake County. It includes a Performing Arts Theatre (an intimate performance space seating 184), a conference center, Springs Outdoor Stage (with lawn seating for 300 at outdoor performances and festivals) and a grand lobby.

Note: Listings for attractions located within downtown Raleigh's entertainment districts contain references to the district name with their addresses, e.g., Fayetteville Street district, Warehouse District.



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**Joseph M. Bryan Jr. Theater
in the Museum Park**

2110 Blue Ridge Rd., North Carolina Museum of Art, Raleigh 27607; 919.839.6262; www.ncartmuseum.org

This unique performing arts and film venue hosts an outdoor summer series featuring a range of musical performances, family entertainment, blockbuster movies and classic films. Picnics welcome; food and beverages available for purchase. Box Office Hours: Tues.-Thurs., 10am-5pm; Fri., 10am-9pm; Sat.-Sun., 10am-5pm.

Koka Booth Amphitheatre

8003 Regency Pkwy., Cary 27518; 919.462.2025; www.boothamphitheatre.com
From its setting in a pine forest beside a tranquil lake, this unique performing arts facility blends technology with nature. As the summer home of the N.C. Symphony plus other, national touring acts, movies and colorful festivals, it showcases its slogan: entertainment, naturally. Box Office Hours: Mon.-Fri., 10am-6pm.

North Carolina State Fairgrounds

1025 Blue Ridge Rd., Raleigh 27607; 919.821.7400; www.ncstatefair.org
Eight facilities plus two facilities/grounds which house the state's largest indoor/outdoor flea market. The grounds also offer 350 full-service RV access sites, and amenities include free parking and convenient access from I-40, I-440 and I-540. Events are staged at the fairgrounds year-round; call or visit website.

North Main Athletic Complex (Holly Springs Salamanders Collegiate Summer Baseball)

1151 N. Main St., Holly Springs 27540; 919.557.9600; www.hollyspringsnc.us, www.salamandersbaseball.com
The 1,800-seat stadium opened to baseball fans in 2015, with the Coastal Plain League's Holly Springs Salamanders taking to the field as the league's first expansion team in five years. The Salamanders play 25+ home games each summer, and the complex also hosts concerts, festivals and other spectator sports events.

PNC Arena (NHL's Carolina Hurricanes and North Carolina State University Men's Basketball)

1400 Edwards Mill Rd., Raleigh 27607; 919.861.2300; www.thepncarena.com, www.carolinahurricanes.com, www.gopack.com
The 19,700-seat venue has hosted an array of major sports, concert tours and large-scale events, including NCAA Basketball tournaments, Stanley Cup Finals, the NHL All-Star Game and more. With 700,000 square feet of space, it welcomes more than 1.5 million guests and plays host to 150+ events on an annual basis.

Red Hat Amphitheater

500 S. McDowell St., Fayetteville Street, Raleigh 27601; 919.996.8800; www.redhatamphitheater.com
Red Hat Amphitheater has become a beacon for live entertainment in the Southeast. Just steps from the fun and energy of downtown Raleigh's bars, clubs, galleries and restaurants, this 6,000-seat venue blends the state-of-the-art with the simply convenient. Events run from April through Oct. Box Office Hours: Show days, from 2pm.

Sertoma Amphitheatre

801 High House Rd., Cary 27513; 919.469.4061; www.townofcary.org
Sertoma Amphitheatre is one of Cary's best-kept secrets, nestled away inside Bond Park. This intimate venue is a perfect setting for spring, summer and fall concerts. Come early for a seat, or pack your own portable chair. Concerts are free.

The Cary Theater

122 E. Chatham St., Cary 27511; 919.462.2051; www.thecarytheater.com
The Cary Theater's marquee lights up downtown Cary, providing a unique setting for art-house cinema and unique live performances that enhance the cultural arts experience in downtown. This 175-seat theater offers independent and classic art-house films, music and live performances! Box Office Hours: Tues.-Fri., 11am-6pm; Sat., 10am-1pm.

Triangle Table Tennis

2900 Perimeter Park Dr., Ste. 200, Morrisville 27560; 919.388.0272; www.triangletabletennis.com
Triangle Table Tennis is a 30,000-square-foot center providing players of all levels with recreation, training and competition. It has 35+ tables, sport flooring, lighting, robots, fitness equipment, pro shop and locker rooms. It offers lessons, camps, leagues, tournaments, special events and open play. Daily hours vary; call or visit website.



Brian Magee

The Cary Theater

USA Baseball National Training Complex

7445 Green Hope School Rd., Cary 27519; 919.387.5844; www.townofcary.org, www.usabaseball.com
Home of amateur baseball's national governing body, the complex includes four baseball fields maintained at MLB standards. It hosts premier events annually, including international exhibitions, USA Baseball's National High School Invitational and National Team Identification Series, as well as NCAA championship events.

Wake Forest Renaissance Centre

405 S. Brooks St., Wake Forest 27587; 919.435.9458; www.wakeforestrencen.org
Located in the heart of Wake Forest's Renaissance District, providing the perfect venue for a variety of events and activities, including exhibits, concerts, plays, recitals, small conventions and conferences—with a special emphasis on the arts. Box Office Hours: Mon.-Fri., 8am-5pm.

WakeMed Soccer Park (North Carolina Football Club Professional Soccer)

101 Soccer Park Dr., Cary 27511; 919.859.KICK; www.townofcary.org, www.northcarolinafc.com
The 150-acre park consists of a 10,000-seat stadium and seven additional soccer fields. North Carolina FC, members of the NASL professional soccer league, started their inaugural season here in April 2007. In addition, a world-class cross country course encircles the park. The facility is operated by the Town of Cary.

Science Centers

Nature Research Center

11 W. Jones St., N.C. Museum of Natural Sciences, Capital District, Raleigh 27601; 919.707.9800, 877.462.8724; www.naturalsciences.org
With state-of-the-art laboratories, research opportunities, interactive exhibits and live presentations given by top scientists, the NRC makes science a tangible and enjoyable experience and helps visitors understand the practical applications of science in their daily lives. Free admission. Daily hours vary; call or visit website.



North Carolina State University Centennial Campus

1005 Capability Dr., Raleigh 27606; 919.515.7036; centennial.ncsu.edu
Centennial Campus is a 1,314-acre research park and campus located five minutes from downtown Raleigh. Owned and operated by N.C. State, the campus is home to more than 75 industry, governmental and nonprofit partners plus academic programs, including engineering, textiles, veterinary medicine, business and others.

North Carolina State University Solar House/ N.C. Clean Energy Technology Center

1201 Gorman St., North Carolina State University, Raleigh 27606; 919.515.3263, 800.336.2786; nccleantech.ncsu.edu/resource-center-2/solar-house
The N.C. State Solar House serves as a resource for industry, citizens and students by demonstrating renewable energy possibilities, clean transportation technologies and energy-efficient design principles. It is a part of the education activities of the N.C. Clean Energy Technology Center. Tours by appointment only.

Research Triangle Park

12 Davis Dr., Research Triangle Park Headquarters, Research Triangle Park 27709; 919.549.8181; www.rtp.org
Founded in 1959 by N.C. leaders in academia, business and government, RTP is the largest research park in the U.S. Covering 7,000 acres, it is home to more than 200 research and technology companies that employ more than 47,000 knowledge workers. RTP Headquarters in Durham is a 25-minute drive from downtown Raleigh.

SHOPPING

Shopping Malls

Cary Towne Center

1105 Walnut St., Cary 27511; 919.467.0145; www.shopcarytownecentermall.com
Home to three department stores—Belk, Dillard's and JCPenney, as well as Dave & Buster's—and to great stores like Hollister, The Limited, Jos. A. Bank, Bath & Body Works, Crazy 8, American Eagle and Kirkland's. Overall the mall has 130+ fabulous stores and eateries. Hours: Mon.-Sat., 10am-9pm; Sun., noon-6pm.

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Crabtree Valley Mall

4325 Glenwood Ave., Raleigh 27612;
919.787.8993, 800.963.7467;
www.shopcrabtree.com

Crabtree Valley Mall is Raleigh's premier mall with a unique mix of 220 stores and restaurants including Madewell, Athleta, The Cheesecake Factory, Crabtree Beer Garden, Kanki, Lego, H&M, Lush, Michael Kors, Apple, Forever 21, Think Geek, Altar'd State and The Disney Store. Hours: Mon.-Sat., 10am-9pm; Sun., noon-7pm.

Triangle Town Center & Commons

5959 Triangle Town Blvd., Raleigh 27616;
919.792.2020; www.triangletowncenter.com
Experience one of N.C.'s most spectacular shopping, dining and entertainment destinations. Shop one of the state's few Saks Fifth Avenue stores, plus Dillard's, Belk, Macy's, Sears and more than 175 additional shops/restaurants. Visit the play area and interactive fountain, or dine at Creekside Cafés or Triangle Town Commons. Hours: Mon.-Sat., 10am-9pm; Sun., noon-6pm.

Major Shopping Areas

Beaver Creek Commons/Crossings

S.E. Corner of U.S. Hwy. 64 and N.C. Hwy. 55, Apex 27502

These two shopping centers comprise a major shopping area anchored by A.C. Moore, Dick's Sporting Goods, Lowe's, SuperTarget and T.J. Maxx and joined by Regal Beaver Creek Stadium 12, plus more stores and restaurants.

Brier Creek Commons

8000 Brier Creek Pkwy., Raleigh 27617;
919.821.2700;

www.shopbriercreekcommons.com
Brier Creek Commons is an open-air lifestyle center, combining sought-after national retailers with unique specialty shops, entertainment and restaurants. Major tenants include Barnes & Noble, BJ's Wholesale Club, Dick's Sporting Goods, HomeGoods, Michael's, PetSmart, Ross Dress for Less, Regal Brier Creek Stadium 14, Target and T.J. Maxx.

Cameron Village

2108 Clark Ave., Raleigh 27605; 919.821.1350;
www.shopcameronvillage.com
A Raleigh tradition. More than 100 unique and distinctive shops, cafés, restaurants and services. Stroll six city blocks and explore one-of-a-kind shops, specialty stores and national favorites. Dine indoors or out at the many cafés and restaurants. Cameron Village, where great style is always in fashion.

Crossroads Plaza

213 Crossroads Blvd., Cary 27518;
919.233.8087; www.shopcrossroadsplaza.com
You'll find more than what you came for, with 60+ exciting stores, services and restaurants, including HomeGoods, Old Navy, Stein Mart, Best Buy, Michaels, Marshalls, A.C. Moore, DSW, Bed Bath & Beyond, Petco, Dick's Sporting Goods, ULTA and Toys "R" Us.

North Hills

4300 Six Forks Rd., Raleigh 27609;
919.833.5263; www.visitnorthhills.com
Discover an eclectic mix of 130+ local shops, restaurants, world-class bars, spas and premier hotels. With stadium-style cinemas, the Triangle Region's first upscale bowling lounge, a Farmers' Market, outdoor concerts and year-round events, Raleigh's Midtown awaits you. Most stores open Mon.-Sat., 10am-6pm; Sun., noon-6pm.

Park West Village

Cary Pkwy. and N.C. Hwy. 54, Morrisville 27560; 919.336.8276; www.parkwestvillage.net
Park West Village is a 100-acre mixed-use development that includes a town center district, a community center with sought-after major retail anchors like Target and Gander Mountain, upscale casual restaurants and Stone Theatres Park West 14 cinemas.

White Oak Crossing

120 Shenstone Blvd., I-40 Exit 306, Garner 27529; www.shopwhiteoakcrossing.com
White Oak Crossing is a major shopping area anchored by Best Buy, BJ's Wholesale Club, Dick's Sporting Goods, Kohl's, Michael's, Ross Dress for Less, Target and T.J. Maxx and joined by Regal White Oak Stadium 14, additional stores and restaurants.

Other Shopping

Arboretum at Weston

2025 Renaissance Park Pl., I-40 Exit 287, Cary 27513; 919.677.3845;
www.thearboretumatweston.com

City Market

215 Wolfe St., Moore Square, Raleigh 27601;
984.232.8661; www.historicitymarket.com

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DECO Raleigh

19 W. Hargett St., Stes. 100 and 108, Fayetteville Street, Raleigh 27601; 919.828.5484; www.decoraleigh.com
DECO Raleigh is a lively, colorful, customer-centered gift shop and gallery in downtown Raleigh. The shop is walkable, unique, eclectic, smart and interactive. Their focus is on offering great products to downtown workers, residents and visitors. Hours: Mon.-Sat., 11am-7pm; Sun., 11am-5pm.

Holly Springs Towne Center

N.C. Hwy. 55 and New Hill Rd., Holly Springs 27540; 888.577.5600; www.shophollyspringstc.com

Raleigh Flea Market

1025 Blue Ridge Rd., Raleigh 27607; 919.899.FLEA; www.raleighfleamarket.net

Seaboard Station

18 Seaboard Ave., Capital District, Raleigh 27604; www.seaboardstationshops.com

Shops of Baileywick

9650 Strickland Rd., Ste. 167, Raleigh 27615; www.theshopsofbaileywick.com

State Farmers Market, Raleigh

1201 Agriculture St., Raleigh 27603; 919.733.7417; www.ncagr.gov/markets/facilities/markets/raleigh

The Cotton Company

306 S. White St., Wake Forest 27587; 919.570.0087; www.thecottoncompany.net

The Factory

1839 S. Main St., Ste. 400, Wake Forest 27587; 919.453.1839; www.eatshopplay.com

Museum Stores

Casey Jones' Attic Store

5121 Daisey St., North Carolina Railroad Museum, New Hill 27562; 919.362.5416; www.triangletrain.com

City of Raleigh Museum (COR Museum) Store

220 Fayetteville St., Ste. 100, Fayetteville Street, Raleigh 27601; 919.996.2220; www.raleighnc.gov/museums

Marbles Corner Store

201 E. Hargett St., Moore Square, Raleigh 27601; 919.857.1120; www.marbleskidsmuseum.org/museumstore

North Carolina Museum of Art Museum Store

2110 Blue Ridge Rd., Raleigh 27607; 919.664.6784; www.ncartmuseum.org/store

North Carolina Museum of History Museum Shop

5 E. Edenton St., Capital District, Raleigh 27601; 919.807.7835; www.ncmuseumofhistoryshop.com

North Carolina Museum of Natural Sciences Museum Store & Nature Art Gallery

11 W. Jones St., Capital District, Raleigh 27601; 919.707.9854, 877.462.8724; www.naturalsciences.org/museum-store

SPORTS AND OUTDOORS

College Sports

Holly Springs Salamanders (Coastal Plain League Collegiate Summer Baseball)

1151 N. Main St., North Main Athletic Complex, Holly Springs 27540; 919.249.7322; www.salamandersbaseball.com

Meredith College

3800 Hillsborough St., Raleigh 27607; 919.760.8600, 800.MEREDITH; www.goavengingangels.com

North Carolina State University

2500 Warren Carroll Dr., Raleigh 27695; 919.515.2101; www.gopack.com

Saint Augustine's University

1315 Oakwood Ave., Raleigh 27610; 919.516.4000, 800.948.1126; www.saintaugfalcons.com

Shaw University

118 E. South St., East Raleigh/Prince Hall/South Park, Raleigh 27601; 919.546.8200, 800.214.6683; www.shawbears.com

Wake Technical Community College

9101 Fayetteville Rd., Raleigh 27603; 919.866.5000; www.waketechsports.com

William Peace University

15 E. Peace St., Capital District, Raleigh 27604; 919.508.2000; www.gopeacepacers.com

Professional Sports

Carolina Hurricanes (NHL Hockey)

1400 Edwards Mill Rd., PNC Arena, Raleigh 27607; 919.467.PUCK; www.carolinahurricanes.com

Carolina Mudcats (Carolina League, Single-A Baseball)

1501 N.C. Hwy. 39, Five County Stadium, Zebulon 27597; 919.269.2287; www.carolinamudcats.com

Cary Invasion (TRBL Minor League Basketball)

101 Wilkinson Ave., Herbert C. Young Community Center, Cary 27513; 919.467.1454; www.thecaryinvasion.com

North Carolina Courage (NWSL Professional Soccer)

101 Soccer Park Dr., WakeMed Soccer Park, Cary 27511; 919.459.8144; www.nccourage.com

North Carolina Football Club (NASL Professional Soccer)

101 Soccer Park Dr., WakeMed Soccer Park, Cary 27511; 919.459.8144; www.northcarolinafc.com

Raleigh Flyers (AUDL Professional Ultimate)

1401 Edwards Mill Rd., Cardinal Gibbons High School, Raleigh 27607; www.raleigh-flyers.com

Raleigh Revolt (TRBL Minor League Basketball)

3000 Rock Quarry Rd., Word of God Christian Academy, Raleigh 27610; www.raleighrevolt.com

Raleigh Rugby Football Club

7417 Poole Rd., Raleigh 27610; www.raleighrugby.org

Wake County Speedway

2109 Simpkins Rd., Raleigh 27603; 919.578.7858; www.wcspeedway.com

State Parks in Raleigh

Falls Lake State Recreation Area

13304 Creedmoor Rd., Wake Forest 27587; 919.676.1027, 877.722.6762; www.ncparks.gov/falls-lake-state-recreation-area
One of the largest recreational facilities in the state, offering a wide variety of activities. Camping, hiking, mountain biking, fishing, boating/marina and swimming are available, as well as picnic areas and playgrounds. Hours vary seasonally; call or visit website for more information or camping reservations.

William B. Umstead State Park

8801 Glenwood Ave., Raleigh 27617; 919.571.4170, 877.722.6762; www.ncparks.gov/william-b-umstead-state-park
Stroll nature trails or walk along 22 miles of hiking trails meandering through forest. Also offered are camping, picnicking, canoe rentals, fishing, visitor center nature study and 13 miles of horseback-riding and mountain-biking trails. Free admission; fee for boat and facility rental. Hours: Daily, 8am-sunset approximately; call or visit website.

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MUNICIPAL PARKS

City of Raleigh Parks, Recreation and Cultural Resources Department

222 W. Hargett St., Fayetteville Street, Raleigh 27601; 919.996.3285; parks.raleighnc.gov
Raleigh Parks, Recreation and Cultural Resources has more than 9,700 acres of parkland and almost 1,300 acres of water, offering recreational activities year-round. A greenway system spans over 100 miles, providing trails that connect many of the city's 222 parks. Call or visit website.

Durant Nature Park

8305 Camp Durant Rd., Raleigh 27614; 919.870.2871

This 237-acre nature park offers five miles of trails, a playground, picnic areas, nature activities and rental facilities. Program and rental information available by calling the park office. Free admission. Hours: Daily, 7am-sunset.

Lake Johnson Park

4601 Avent Ferry Rd., Raleigh 27606; 919.233.2121

More than 300 acres of land surrounding the lake of 150+ acres; offers boating, fishing, picnic shelters, concessions, greenway trails and a vast array of recreation opportunities for the family. Free admission; fee for boat launch and facility rental. Hours: Daily, sunrise-sunset (except Oct.-April, closed Mon.).

Lake Wheeler Park

6404 Lake Wheeler Rd., Raleigh 27603; 919.662.5704

150 acres of parkland and a 650-acre lake offers fishing, sailing, canoeing, rowing and kayaking. Waterfront Program Center offers programs and concessions. Picnic facilities and sand volleyball also available. Free admission; fee for boat launch and facility rental. Hours: Daily, sunrise-sunset (except Oct.-April, closed Mon.).

Millbrook Exchange Tennis Center

1905 Spring Forest Rd., Raleigh 27615; 919.872.4128

Tennis center includes 23 hard-surface courts with lights on each, available until 10:30pm. Center offers back boards, a ball machine, conference room, locker rooms, observation deck and pro shop. Free admission; courts may be reserved. Hours: Mon.-Fri., 8:30am-9:30pm; Sat.-Sun., 8:30am-6pm (hours may vary Dec.-Feb.).

Pullen Aquatic Center

410 Ashe Ave., Raleigh 27606; 919.996.6197
Olympic-sized swimming pool is housed in a two-story complex with a classroom, dressing room, vending area and spectator seating. Center also features a warm-water therapy pool that gradually deepens from floor level to four feet to accommodate wheelchairs, non-swimmers and children. Hours vary; call or visit website.

Pullen Park

520 Ashe Ave., Raleigh 27606; 919.996.6468
Includes a 1911 Gustave A. Dentsel menagerie carousel, C.P. Huntington train ride, boat rentals, tennis courts, community center, picnic shelters, playground, outdoor café, Theatre In The Park and TVLand "Andy and Opie" statue! Free admission; small fee for amusement rides. Hours vary; call or visit website.

Shelley Lake

1400 W. Millbrook Rd., Raleigh 27614; 919.996.2329

This 53-acre lake and park provides two miles of paved greenway trails with exercise workout stations. Visitors may enjoy fishing, canoeing, sailing, row-boating, pedal boating, biking, hiking and picnicking. Free admission; fee for boat rentals. Hours: Daily, sunrise-sunset.

Walnut Creek Wetland Center

950 Peterson St., Raleigh 27610; 919.996.2760
Unique location within a short distance of downtown Raleigh but, because it is a portion of the Walnut Creek floodplain, it provides ample habitat for a variety of plants and animals. Offers nature programs, wildlife viewing, an expansive deck and easy access to greenway trails. Free admission. Hours: Tues.-Sat., 10am-dusk; Sun., 1pm-dusk.

Town of Cary Parks, Recreation and Cultural Resources Department

316 N. Academy St., Cary 27513; 919.469.4061; www.townofcary.org

Offers an array of recreation, sports, nature and cultural programs. With 30+ parks, 80+ miles of greenways, WakeMed Soccer Park, Cary Tennis Park, USA Baseball National Training Complex, Koka Booth Amphitheatre, Cary Arts Center and more, there is something for everyone in this Gold Medal Community. Call or visit website.

Cary Tennis Park

2727 Louis Stephens Dr., Cary 27519; 919.462.2061

The Cary Tennis Park, with 29 lighted courts, four QuickStart courts, scenic landscaping and a clubhouse, is one of the largest public tennis facilities in the Southeast. Renovations are expected to be complete in Summer 2017, including installation of covered courts. Hours: Daily, 8am-10pm (except winter, 8:30am-9pm).

Fred G. Bond Metro Park and Boathouse

801 High House Rd., Cary 27513; 919.462.3970
One of the largest municipal parks in Wake County, this 310-acre facility has picnic shelters, athletic fields, hiking trails, playground, 300-seat amphitheatre and challenge course. The boathouse serves as a central point for rentals and concessions. Free admission; fee for boat rental. Hours vary; call or visit website.

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Hemlock Bluffs Nature Preserve/ Stevens Nature Center

2616 Kildaire Farm Rd., Cary 27518;
919.387.5980

140-acre preserve along Swift Creek with unique vegetation, including Eastern Hemlocks. Three-mile trail highlights the natural features. Programs are conducted at the Stevens Nature Center. Free admission (fee for some programs). Preserve Hours: Daily, 9am-sunset. Center Hours: Mon.-Sat., 9am-5pm; Sun., 1-5pm.

North Cary Park

1100 Norwell Blvd., Cary 27513; 919.460.4964

With a variety of recreation opportunities including sand volleyball, soccer, walking trails and picnic shelter. The park is highlighted by two, eight-foot climbing boulders. Experts enjoy traversing the two challenge elements, while beginners can learn grips and footing. Free admission. Hours: Daily, sunrise-sunset.

Sk8-Cary

2040 N.W. Maynard Rd., Cary 27513;
919.380.2970

Action sports venue is open to the public year-round for all ages and skill levels, with valid waiver and required safety gear. Skateboards, inline and quad skates, non-folding scooters and bicycles are permitted. This skate park is staffed, includes a pro-shop and lighted course. Hours vary; call or visit website.

Thomas Brooks Park

9008 Green Level Church Rd., Cary 27519;
919.387.5844

The 224-acre, multiuse park consists of a four-field, lighted softball complex, two batting cages, two lighted basketball courts, two soccer fields, playground, two picnic shelters and half-mile walking trail. Also includes the USA Baseball National Training Complex, with four baseball fields maintained at MLB standards. Free admission. Hours: Daily, sunrise-sunset.

Wake County Parks, Recreation and Open Space

337 S. Salisbury St., Fayetteville Street, Raleigh 27601; 919.856.6170; www.wakegov.com/parks
Acquires and maintains parks and natural areas that promote outdoor recreation, environmental and cultural education and natural resource stewardship. WCPROS delivers a wide range of programs and recreational opportunities across its nine parks and preserves. For additional information, call or visit website.

Blue Jay Point County Park

3200 Pleasant Union Church Rd., Raleigh 27614;
919.870.4330

This 236-acre park offers many opportunities to learn about and enjoy the natural world. Park attractions include environmental education, hiking trails, shoreline fishing, picnic areas, playgrounds, open play areas and a Go Ape treetop adventure course. Free admission. Hours: Daily, 8am-sunset.

Crowder District Park

4709 Ten Ten Rd., Apex 27539; 919.662.2850

Offers visitors opportunities to enjoy nature, walk, picnic, play or participate in an environmental education program. Includes a 2.7-acre pond with a boardwalk and observation decks (no fishing), three picnic shelters, three playgrounds, 0.8-mile, paved, accessible trail, amphitheater, educational gardens, play field and sand volleyball. Free admission. Hours: Daily, 8am-sunset.

Harris Lake County Park

2112 County Park Dr., New Hill 27562;
919.387.4342

Located 20 minutes south of Raleigh, Harris Lake County Park provides excellent fishing opportunities, hiking trails, disc golf course, mountain bike trails, environmental education programs, self-guided tours, picnic area and a playground. Picnic shelters for rent. Free admission. Hours: Daily, 8am-sunset.

Lake Crabtree County Park

1400 Aviation Pkwy., Morrisville 27560;
919.460.3390

On the shores of a 520-acre lake, the park offers hiking, cycling and nature trails, seasonal boat rentals, two playgrounds, play fields, picnic facilities and environmental education programs. The park also offers fishing by boat and from a fishing pier and platform for the physically challenged. Free admission. Hours: Daily, 8am-sunset.

Other Municipal Parks Departments

Apex Parks, Recreation & Cultural Resources

53 Hunter St., Apex 27502; 919.249.3402;
www.apexnc.org

Fuquay-Varina Parks, Recreation, and Cultural Resources

820 S. Main St., Fuquay-Varina 27526;
919.552.1430; www.fvparks.org

Garner Parks, Recreation and Cultural Resources Department

209 E. Garner Rd., Garner 27529;
919.773.4442; www.garnernc.gov

Holly Springs Parks and Recreation Department

128 S. Main St., Holly Springs 27540;
919.552.6221; www.hollyspringsnc.us

Knightdale Parks & Recreation Department

950 Steeple Square Ct., Knightdale 27545;
919.217.2230; www.knightdalenc.gov

Morrisville Parks, Recreation & Cultural Resources

240 Town Hall Dr., Morrisville 27560;
919.463.7110; www.ci.morrisville.nc.us

Rolesville Parks and Recreation Department

514 Southtown Cir., Rolesville 27571;
919.554.6582; www.rolesvillenc.gov

Wake Forest Parks, Recreation & Cultural Resources Department

301 S. Brooks St., Wake Forest 27587;
919.435.9560; www.wakeforestnc.gov

Wendell Parks & Recreation Department

601 W. Third St., Wendell 27591; 919.366.2266;
www.townofwendell.com

Zebulon Parks & Recreation Department

1003 N. Arendell Ave., Zebulon 27597;
919.823.1815; www.townofzebulon.org

Public and Semi-Private Golf Courses

401 Par Golf

5715 Fayetteville Rd., Raleigh 27603;
919.772.5261; www.401pargolf.com

Brevofield Golf Links

13601 Camp Kanata Rd., Wake Forest 27587;
919.562.1900; www.brevofieldgolf.com

Eagle Ridge Golf Club

565 Competition Rd., Raleigh 27603;
919.661.6300; www.rgac.com/er-golf.html

Heddingham Golf Club

4801 Harbour Towne Dr., Raleigh 27604;
919.250.3030; www.rgac.com/hh-golf.html

Heritage Golf Club

1250 Heritage Club Ave., Wake Forest 27587;
919.453.2020; www.playheritagegolf.com

Knights Play Golf Center

2512 Ten Ten Rd., Apex 27502; 919.303.4653;
www.knightsplay.com

Lochmere Golf Club

2511 Kildaire Farm Rd., Cary 27511;
919.851.0611; www.lochmere.com

Lonnie Poole Golf Course at North Carolina State University

1509 Main Campus Dr., Raleigh 27606;
919.833.3338;
www.lonniepoolegolfcourse.com

Paschal Golf Club

555 Stadium Dr., Wake Forest 27587;
919.556.5861; www.paschalgolfclub.com

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MarblesKidsMuseum.org

Marbles Kids Museum, a 501(c)(3) nonprofit organization.

Pine Hollow Golf Club

3300 Garner Rd., Clayton 27520; 919.553.4554;
www.pinehollowgolf.com

Raleigh Golf Association

1527 Tryon Rd., Raleigh 27603; 919.772.9987;
www.rgagolf.net

River Ridge Golf Club

3224 Auburn-Knightdale Rd., Raleigh 27610;
919.661.8374; www.golfriverridge.com

Saint Augustine's University Golf Course at Meadowbrook

8025 Country Club Dr., Garner 27529;
919.516.5010; meadowbrook.st-aug.edu

Wendell Country Club

180 Jake May Dr., Wendell 27591;
919.365.7337; www.wendellcountryclub.com

Wildwood Green Golf Club

3000 Ballybunion Way, Raleigh 27613;
919.846.8376; www.wildwoodgreen.com

Wil-Mar Golf Club

2300 Old Milburnie Rd., Raleigh 27604;
919.266.1800; www.wil-margolf.com

Zebulon Country Club

2424 Pearces Rd., Zebulon 27597;
919.269.8311; www.zebuloncountryclub.org

Other Recreation

CineBowl & Grille

1140 Parkside Main St., Cary 27519;
919.459.7117; cary.cinebowlandgrille.com

Daniel Dhers Action Sports Complex

171 Tradition Trl., Ste. 207, Holly Springs 27540;
919.557.8088; www.ddasc.com

Founded by BMX pro rider Daniel Dhers, this is the largest family-oriented, year-round, BMX, mountain biking and skateboarding training facility in the world, with more than 37,000 sq. ft. of indoor and outdoor riding terrain including a large viewing deck for all guests to watch their favorite riders.

DefyGravity

5604 Departure Dr., Ste. 100, Raleigh 27616;
919.948.6700; www.defygravity.us/raleigh

Fantasy Lake Scuba Park

3601 Quarry Rd., Wake Forest 27587;
919.556.1803; www.fantasyscubapark.com

Go Ape

3200 Pleasant Union Church Rd., Raleigh 27614; 800.971.8271; www.goape.com/zip-line/blue-jay-point-raleigh-nc

Grand Slam USA

4500 Western Blvd., Ste. 100, Raleigh 27606;
919.233.7522; www.grandslamusa.biz

JellyBeans Super Skate Center-Cary

1120 Buck Jones Rd., Cary 27606; 919.467.5283;
www.skatejellybeans.com
10701 Common Oaks Dr., Raleigh 27614;
919.562.2326; www.skate2jellybeans.com

Kings North Hills

141 Park at North Hills St., Ste. 120, Raleigh 27609; 919.600.5700;
www.kingsbowlamerica.com/raleigh

Launching Pad Trampoline Park

6421 Hilburn Dr., Raleigh 27613; 919.390.6700;
www.launchingpadraleigh.com

Polar Ice House Cary

1410 Buck Jones Rd., Cary 27606;
919.460.2756; www.icehousecary.com
103 New Rand Rd., Garner 27529;
919.861.7465; www.icehousegarner.com
1839 S. Main St., Ste. 200, Wake Forest 27587;
919.453.1500; www.icehousewakeforest.com

Raleigh IcePlex

2601 N. Raleigh Blvd., Raleigh 27604;
919.878.9002; www.iceplex.com

Rush Hour Karting

5335 Raynor Rd., Garner 27529; 919.662.9101;
www.rushhourkarting.com
Hone your racing skills at speeds of nearly 40 mph in a state-of-the-art, adult, indoor go-kart track. Try to beat your own best time, or challenge others in the fast, competitive racing sessions to see who earns the right to be called "champion." Walk-ins welcome, from families and friends to large organization outings.

Sky Zone Indoor Trampoline Park

2101 Westinghouse Blvd., Raleigh 27604;
919.948.4450; www.skyzone.com/raleigh

Triangle Aquatic Center

275 Convention Dr., Cary 27511; 919.459.4045;
www.triangleaquatics.org

Triangle Rock Club

102 Pheasant Wood Ct., Morrisville 27560;
919.463.ROCK
6022 Duraleigh Rd., Raleigh 27612;
919.803.5534; www.trianglerockclub.com
TRC's Morrisville and North Raleigh indoor climbing and fitness facilities offer lead and top-rope climbing, expansive bouldering, fitness areas and equipment, fitness classes, yoga and Pilates. Whether you're brand-new to climbing or already a pro, each facility offers something for everyone. Hours: Mon.-Thurs., 5:30am-11pm; Fri., 5:30am-10pm; Sat., 9am-10pm; Sun., 9am-6pm.

XL Sports World

1016 Investment Blvd., Apex 27502;
919.387.2955; www.xlapex.com



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Tours

Beltline Brew Tours

Around Raleigh; 919.285.1228;
www.beltlinebrewtours.com

These private tours average three to four hours, traveling between breweries across the Triangle region. On the tours, customers learn about each brewery and its processes as they enjoy samples of award-winning craft brews. Call or visit website for themes and times.

Capital City Tours, LLC

6900 Six Forks Rd., Ste. 103, Raleigh 27615;
919.232.2557; www.capitalcitytours.net

On sightseeing tours, walking tours, with step-on guides and custom group tours for family reunions, explore the rich African-American history of the Raleigh area. Experience a unique journey back in time with knowledgeable storytellers. Tours run every Sat. and Sun. at 10am and 1:30pm.

Historic Raleigh Trolley Tours

1 Mimosa St., Raleigh 27604; 919.996.4364;
www.raleighnc.gov/museums

Enjoy a narrated tour of downtown aboard the Raleigh Trolley. The trolley departs from Mordecai Historic Park on Sat. (Mar.-Dec.) at 11am, noon, 1pm and 2pm. The trolley stops at Bicentennial Plaza, Joel Lane Museum House, Fayetteville St. and City Market. Cost: \$10, adults; \$4, youth; free, children six and under.

Historic Tours of Raleigh

2013 St. Mary's St., Raleigh 27608;
919.755.1612

Provides personal guides for walking tours and step-on guides for buses in Raleigh and beyond. Theme tours include: Civil War in Raleigh, Victorian homes, colleges and churches, love stories and scandals and more. Tours by appointment only.

Jordan Lake Guided Pontoon Boat Tours

58 Sunwood Ln., Moncure 27559;
919.741.3800; jordanlake.homestead.com

Sit back and enjoy a guided tour of beautiful Jordan Lake on a large, 14-passenger pontoon. Captain Dave will tell you history and stories as you navigate the water where you'll see bald eagles, herons, finches and other wildlife abound, so bring a camera! Tours daily; visit website to book online.

Raleigh Brews Cruise

9650 Strickland Rd., Ste. 103-199, Raleigh 27615; 919.986.2929;
www.brewscruise.com/raleigh

Raleigh Brews Cruise provides knowledge-based tours of local craft breweries, showcasing the brewing process, different beer styles and what makes each brewery unique. Tours visit up to three breweries, with the opportunity to sample at each location. Standard or custom itineraries are available.

Taste Carolina Gourmet Food Tours

Around Raleigh; 919.237.2254;
www.tastecarolina.com

Guided walking tours visit five or more restaurants serving innovative food sourced locally from farm-to-table. Downtown Raleigh's history and architecture will fascinate, and its restaurants will delight! Tours are offered Sat., all year round, and throughout the week for private and corporate groups. Call or visit website.

Tobacco Road Tours

300 Fayetteville St., Unit 1918, Fayetteville Street, Raleigh 27602; 919.371.2653;
www.tobaccoroadtours.com

The Triangle's only full-service tour operator offering professionally-guided, motorized and walking tours. Tours include: sightseeing bus, ghost walks and pub crawls, comedy bus, history and food and drink tours. Step-on guide, private, team building, family reunion and event planning services. Call or visit website.

Triangle Boat Tours

908 Brittle Way, Apex 27502; 919.585.1488;
www.triangleboatours.com

Offering guided boat tours on Jordan Lake for private groups. Sunset cruises, eco-tours and special events—seven days a week from sunrise to sunset. All ages welcome aboard the luxurious, 24-foot pontoon boat with seating for up to 12 guests and with plenty of shade. Tours run March-Nov. Book in advance.

Triangle Food Tour

500 Fayetteville St., Fayetteville Street, Raleigh 27601; 919.319.5674;
www.trianglefoodtour.com

A guided culinary journey of sight and taste that spans all five downtown districts to sample a cross-section of Raleigh's unique local restaurant venues, blended together with some forgotten historical tidbits that leave you full of new insights on the downtown culinary landscape. It's fun, informative and delicious.

Triangle Glides

323 Blake St., Moore Square, Raleigh 27601;
919.828.1988; www.triangleglides.com

Explore the heart of the capital city on a guided Segway tour. Hear about local history and glide up to historic landmarks while your expert guide provides live narration. Choose from five different tour routes in downtown Raleigh. Also available are themed walking tours (groups only) that take in local sites on foot.

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Other Attractions and Events

Cipher Escape

250 Dominion Dr., Ste. 101, Morrisville 27560;
919.378.9362; www.cipherescape.com

Cipher Escape is a Live Escape Game that uses live themed rooms which contain puzzles, riddles and mystery to test your knowledge in order to find a final escape code within a 60-minute time limit. A uniquely inventive and interactive experience that is fun and exciting for all. Book all activities online.

City Plaza

400 Fayetteville St., Fayetteville Street, Raleigh 27601; 919.832.1231; www.yourhere.com

City Plaza, located in the heart of center city, features four glass retail pavilions, complimentary Wi-Fi, interactive fountain, 50-foot programmable light towers and three sculptures from N.C.-based artists. It's where celebrations and civic pride can be demonstrated year-round. Find the Visitor Information Center just off City Plaza, in the connector between the Raleigh Marriott City Center and Raleigh Convention Center.

Legends of Harley Drag Racing Museum

1126 S. Saunders St., Raleigh 27603;
919.832.2261, 800.39.HARLEY;
www.rayprice.com

The only museum of its kind, located on the second floor of one of the largest Harley dealerships in the U.S. The expanded showroom is home of the late drag racing champion Ray Price. Free admission. Hours: Mon.-Tues., 8am-6pm; Thurs.-Fri., 8am-6pm; Sat., 8am-4pm.

LGBT Center of Raleigh

324 S. Harrington St., Warehouse District, Raleigh 27603; 919.832.4484;
www.lgbtcenterofraleigh.com

Empowers the LGBT community to help themselves and others through education and socialization. Offers a variety of programs, services and social opportunities such as First Friday Art Walk, Youth, SAGE Raleigh, Raleigh Allies and Trans* Initiative. Hours: Mon.-Fri., noon-8pm; Sat.-Sun., noon-6pm.

North Carolina State Fair (Oct.)

1025 Blue Ridge Rd., Raleigh 27607;
919.821.7400; www.ncstatefair.org

Averaging almost one million attendees, the N.C. State Fair is the state's largest annual event. The 11-day fair features livestock, agricultural, arts and cultural exhibits, an amusement midway and nightly Homegrown Music Fest. Held each year during mid-Oct. Advance tickets available online.

Raleigh Convention Center

500 S. Salisbury St., Fayetteville Street, Raleigh 27601; 919.996.8500; www.raleighconvention.com
Sun-drenched and LEED Silver-certified, the Raleigh Convention Center boasts stimulating architecture and robust connectivity (including a level of free Wi-Fi service). Whether attending an exhibition, festival or conference, you'll be surrounded by museum-level art plus technological capabilities, and the Cree Shimmer Wall.

tic toc escapes

2006 Fairview Rd., Raleigh 27608; 984.789.9978; www.tictocesapes.com
Real-life, interactive, escape room games where players enter a themed, immersive environment and work together to follow clues, solve puzzles and find the key to escape before time runs out... tic toc. Book all activities online.

Trolley Pub

323 W. Davie St., Warehouse District, Raleigh 27601; 919.300.7111; raleigh.trolleypub.com
Trolley Pub is a 14-person, pedal-powered, eco-friendly, pub-crawling trolley like Raleigh has never seen before. Hop on board as you pedal your way to Raleigh's best destinations. Bring your own beer or wine; tours last two hours. Call or visit website.

Wells Fargo IMAX Theatre at Marbles

201 E. Hargett St., Moore Square, Raleigh 27601; 919.882.4629; www.imaxraleigh.org
Specifically designed to deliver the world's most immersive movie experience, Marbles IMAX Theatre boasts N.C.'s biggest 3D screen. From inspiring educational documentaries to Hollywood's biggest features, the theatre makes you feel as if you are in the movie. IMAX rates and show times vary; call or visit website.



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