



### LEGEND

PARKING LOT

ROADSIDE PARKING

PORTAGING

ACCESS POINT

**DISCLAIMER:** DISTANCES AND TIMES BETWEEN BRIDGES AND POINTS ARE REFERENCE ONLY AND SHOULD NOT BE CONSIDERED 100% CORRECT. TIMES ARE BASED ON AN AVERAGE SPEED OF 5KM/HR. FLOW RATES CAN ALTER TIMES AND SAFETY. RECOMMENDED FLOW RATES ARE A GUIDE ONLY, AND ONE SHOULD ALWAYS PADDLE WITHIN THEIR OWN SKILL AND CAPABILITIES. LOW FLOW CAN MEAN LOTS OF PORTAGING, WHILE HIGH FLOW RATES CAN CREATE FAST WATER AND POTENTIALLY DANGEROUS SITUATIONS. MMP, ONTARIO'S SOUTHWEST, AND TRPRP ARE PROVIDING THIS ROUTE AS INFORMATION ONLY AND NOT AS ADVICE. PADDLERS ASSUME ALL RISK AND RESPONSIBILITY WHILE ON THE WATER.

**CHECK LIVE FLOW RATES AT:**  
[HTTP://BIT.DO/THAMESFLOWRATES](http://bit.do/thamesflowrates)  
**GAUGE: INGERSOLL - SOUTH BRANCH**

**RECOMMENDED FLOW RATE**  
**3-18 CU/M/SEC**  
**NOVICE - 7 CU/M/SEC**  
**CU/M/SEC - CUBIC METRES PER SECOND**

**INGERSOLL TO PUTNAM RD. BRIDGE**  
**10.7 KM - 2.25 HR**

1	Pemberton Rd. Bridge (Ingersoll)	TO	County Rd 10 Bridge (@ George Johnson Blvd)	2.5 km	0.5 hours
2	County Rd 10 Bridge (@ George Johnson Blvd)	TO	25 Line Bridge	3.7 km	0.75 hours
3	25 Line Bridge	TO	4 Putnam Rd. Bridge (Line 30)	4.5 km	1 hour