



Apex HDHP/Basic MEC Plan - FAQ

Q: Is this an insurance plan?

A: No, the HDHP is not an insurance product, but a self-funded plan sponsored by the Small Association Leadership Alliance in which its members are eligible to participate

Q: What number do I call for member services?

A: For member services and question on benefits, claims, ID cards etc.: 866-826-5317

Q: The HDHP, is it comprehensive or catastrophic coverage such as a HDHP would be in the Marketplace?

A: No, there are only three items that count towards the deductible, those services include Primary Care visits, Urgent Care visits and Lab services. However, it does provide the framework to make it eligible for a Health Savings Account (HSA)

Q: Does the plan include an HSA account?

A: No, but it does provide the framework. With enrollment in the HDHP/Basic MEC you are eligible to open an HSA Account at a financial institution of your choice. The maximum contributions are as follows:

2018: Individual \$3,450 / Family \$6,900

2019: Individual \$3,500 / Family \$7,000

For those age 55 and over, an additional \$1,000 can be contributed

Q: Does the plan cover Preventive Care Services?

A: Yes, the plan provides 100% benefits, no, copays, no deductibles for the following Preventive Care services. [Click here for a complete list.](#)

- 21 Preventive Care services for Adults
- 28 Preventive Care services for Women
- 31 Preventive Care services for children

Q: Is there a network of doctors or physicians:

A: Yes, the plans access one of the largest physician networks in the country Preferred Health Care Services (PHCS) with over 900,000 physicians nationwide. There are no out-of-network benefits.

Q: What if I need catastrophic coverage?

A: The HDHP/Basic MEC plan can be paired with Sedera Health – Medical Cost Sharing to provide a complete, comprehensive and affordable healthcare solution for you and your family. By pairing the HDHP/Basic MEC plan with Sedera Health, members may save up to 50% of what they could purchase a plan for on the Marketplace.



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Q: Is this an insurance plan?

A: No, the Advantage Plan is not an insurance product, but a self-funded plan sponsored by the Small Association Leadership Alliance (SALA) in which its members are eligible to participate

Q: Will I receive an ID Card?

A: Yes, An ID card and welcome kit will be sent to you home address. This usually takes a few days after your requested effective date.

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Q: I need an affordable, yet comprehensive plan for my family, one that will address my day-to- day health care needs, will the Advantage Plan help me?

A: Yes, it will address the bulk of your day-to-day health care by frequency. The most common health care needs are for Preventive Care, Primary Care, Specialists, Urgent Care, Laboratory, Imaging and Prescription Drugs. By frequency this accounts for almost 90% of health care service provided and the Advantage Plan provides benefits with small copayments and 100% coverage for those services.

Q: It covers prescriptions, can you tell me a little more?

A: The Advantage Plan provides a 6 tier prescription drug benefit with an emphasis on Generic Medications. **A Tier 1, Low Cost Generic is only a \$1 Copay.** Tier 2 Generics, 10% coinsurance. Our Pharmacy Benefit Manager, WelldyneRx has a substantial discount off of the retail level, often 50% or more. As an example, if a Generic medication was \$60, retail cost, WelldyneRx often has a discount of 50% or more. So the \$60 Prescription could be reduced to \$30 and your coinsurance that Generic medication would be \$3.00. There are also benefits for Brand and Non-Preferred Brand medications as well as limited coverage for Specialty Drugs.

Q: Is there an annual or monthly max on prescriptions?

A: Please see the benefit grid. There are no monthly or annual maximum on Tiers 1 through 4. Tiers 5 and 6 are limited to a maximum amount per prescription

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