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**FOR IMMEDIATE RELEASE**

Virginia Beach Convention and Visitors Bureau  
[www.VisitVirginiaBeach.com](http://www.VisitVirginiaBeach.com)

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## **Virginia Beach has Lots to Love this February**

### **This Month, Dance the Night Away, Get Your Grub On, Take in a Perfect Back Handspring, Race for the Cure and More**

VIRGINIA BEACH, Va. (January 17, 2017) – Visitors know in their heart of hearts that Virginia Beach is a lovely place to spend time soaking up some winter fun or embarking on a romantic getaway for a Valentine’s Day retreat. This month is full of heart-throbbing events that will fill visitors with pure enjoyment to their heart’s content.

#### **MAY WE HAVE THIS DANCE?**

It’s a ‘40s throwback in the Navy hangar at the Military Aviation Museum (Feb. 11) during the [1940’s Valentine’s Hangar Dance](#) is hosting a full swing orchestra that will play favorites all night long and give guests a refresher swing dance lesson, bringing the crowd to their feet. All of the WWI and WWII planes will be displayed, and the stage will be set. Come in costume – zoot suits, pearls and cloche hats to boot – to make the wistful experience a beloved new pastime. Tickets may be purchased from the museum.

#### **RUNNING FOR A CAUSE**

Benefitting the Susan G. Komen Foundation, the [Race for the Cure 5K](#) (Feb. 11) at Mount Trashmore City Park is all about happy runners and walkers raising awareness for finding a cure for breast cancer awareness. All participants will receive a t-shirt and finishing medal.

#### **A FLIPPING GOOD TIME**

Open to all levels, the [Excalibur Cup](#) (Feb. 17-19) is back and ready to floor the crowd. Taking place at the Virginia Beach Convention Center, the gymnastics event will host more than 3,000 competitors, representing more than 25 different states and 10 different countries. Support the teams and enjoy watching the competition heat up!

#### **FLAVOR OF LOVE**

The return of [Virginia Beach Restaurant Week](#) (Feb. 20-26) is the perfect excuse to treat yourself and your special someone to the best local eats, even after Valentine’s Day is over. The week is a collection of our greatest culinary moments concentrated in just seven delicious days. With more than 90 restaurants participating, taste for yourself the way VB does everything from farm-to-table to fresh seafood, and more. Take advantage of the exclusive menus and pricing at participating restaurants before your appetite bites back.

#### **WHALE OF AN ADVENTURE**

It's time to get wild with an unforgettable experience with multiple opportunities to view the world's largest and most beautiful marine animals aboard the [Winter Wildlife Boat Tour](#) aboard the Rudee Flipper (Dec. 26 - Mar. 20) or aboard The Atlantic Explorer at the Virginia Aquarium (Jan. 1 - Mar. 15). Spot Humpback and Fin Whales as they move in a seasonal migration along the Atlantic. Marine life sightings are incredible, and whale sightings are the number one goal; however, they're not guaranteed. You may also see brown pelicans, northern gannets and other sea birds, all of which make a dramatic show while feeding on schools of fish. Begin planning your stay with us this month or for later in the year. To learn more about Virginia Beach, [plan a stay](#) or request a complimentary vacation guide, contact the Virginia Beach Convention & Visitors Bureau by calling 1-800-VA-BEACH or going to [www.VisitVirginiaBeach.com](http://www.VisitVirginiaBeach.com).

**Virginia Beach Convention & Visitors Bureau ([www.visitvirginiabeach.com](http://www.visitvirginiabeach.com))**

*Where the Atlantic Ocean and the Chesapeake Bay meet, Virginia Beach promises visitors a unique chance to "Live the Life." Nature at its finest, just-caught and just-picked local food, and toes-in-the-sand relaxation combine for a soul-satisfying experience. A world-renowned boardwalk, energetic downtown, state-of-the-art Convention Center, abundant parks and waterways, and mild weather give rise to an active lifestyle and flourishing local culture. The Virginia Beach CVB is responsible for promoting year-round leisure, business, meetings and conventions, international and sports travel to Virginia's most populous city. For media information and images, visit [www.VisitVirginiaBeach.com/pressroom](http://www.VisitVirginiaBeach.com/pressroom). Follow Virginia Beach on Twitter at [twitter.com/VisitVaBch](https://twitter.com/VisitVaBch), Instagram at [instagram.com/visitvabeach](https://instagram.com/visitvabeach), Facebook at [www.facebook.com/VisitVaBeach](https://www.facebook.com/VisitVaBeach) and Pinterest at [www.pinterest.com/visitvabeach](https://www.pinterest.com/visitvabeach).*

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